

THE OXFORD COLLEGE OF PHARMACY

NSS Committee, IQAC, Bangalore

Session on

“MENSTRUAL HEALTH”

18/09/2021

SESSION – REPORT

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

PATRON

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MS. NAGALAKSHMI
ASSISTANT PROFESSOR
THE OXFORD COLLEGE OF PHARMACY

ResourcePerson:

Ms. Roshnee
Bhowmick CSR executive

Date: 18/09/2021

Time: 11:00 am

PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on “Menstrual health of female and hygiene for zero profit” for the students. There were totally 60 participants who included faculties and students.

A special virtual session on Menstrual health of female and hygiene for zero profit was organized by NSS Cell, The Oxford College of Pharmacy on 18/09/2021. Research Associate, Vidya R of Global Hunt Foundation, Bangalore and Ms. Roshnee Bhowmick CSR executive conducted a virtual session for the girl students. The virtual session was conducted through MS Teams. She had conducted 90+ talks on Menstrual health of female and hygiene for zero profit. The talk was addressed to female students of The Oxford College of Pharmacy. The entire program was coordinated by Assistant professor Ms R. Nagalakshmi.

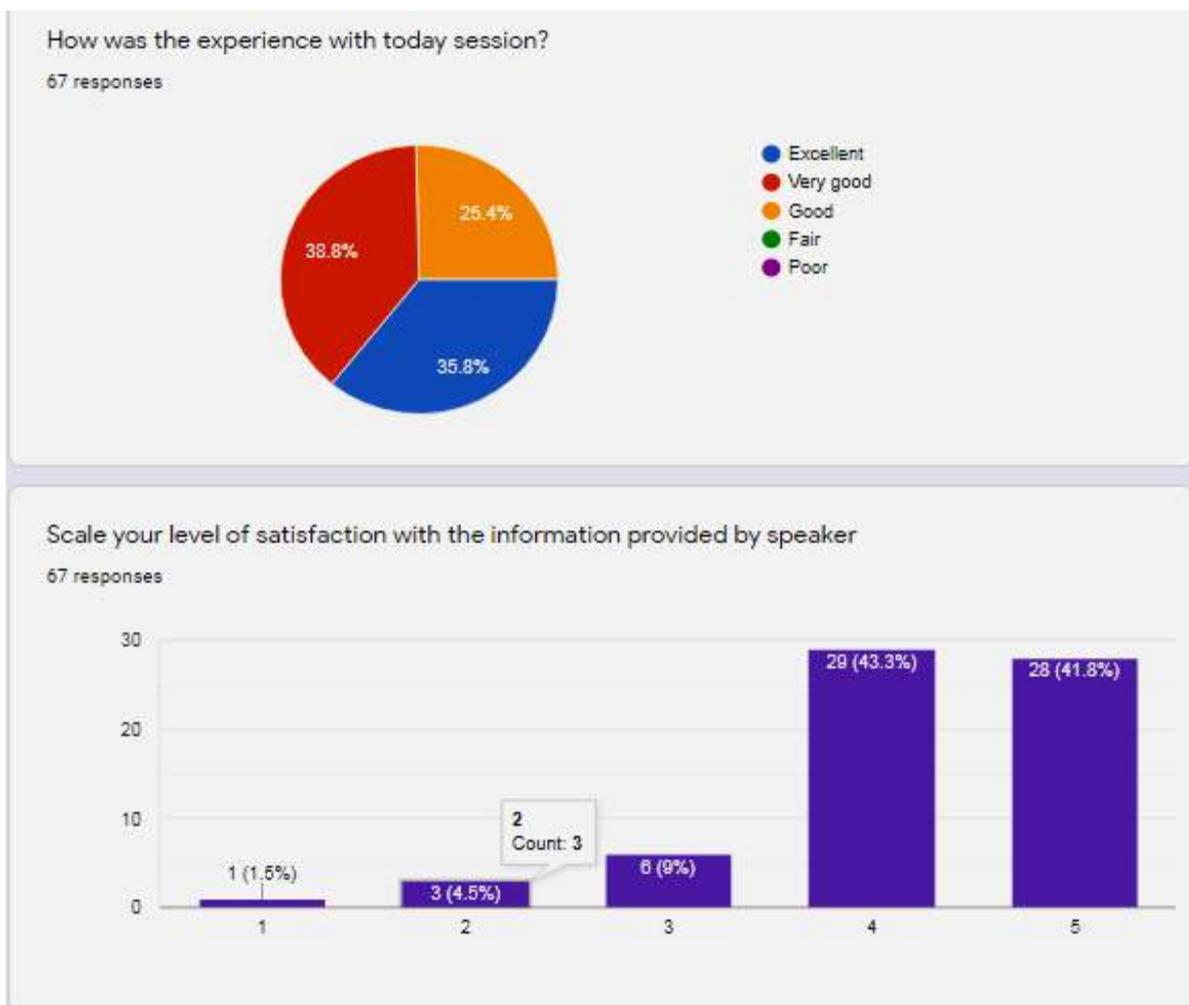
Ms. Nagalakshmi R, gave a warm welcome to members of Global Hunt Foundation and the speaker Ms. Roshnee Bhowmick. Global Hunt Foundation has a number of branches across the globe and is a not-for-profit organization, registered under The Indian Companies Act 1956. A session on Menstrual Health and Hygiene Training was conducted by their corporate client Unicharm India. Unicharm India has conducted menstrual hygiene training for girls in various schools/colleges across India, under the CSR initiatives of the company. Unicharm India is a leading Japanese firm in India, existing in the market with the names of Sofy and Mamypoko pants.

The session was very informative for the girls which gave them a comprehensive understanding on the what, why and how of menstruation. It consisted of the meaning of menstruation, developing biological understanding, related social taboos and awareness regarding hygiene practices to be maintained during menstruation. At the end of the session all the queries of the students were satisfied by Ms. Roshnee Bhowmick.

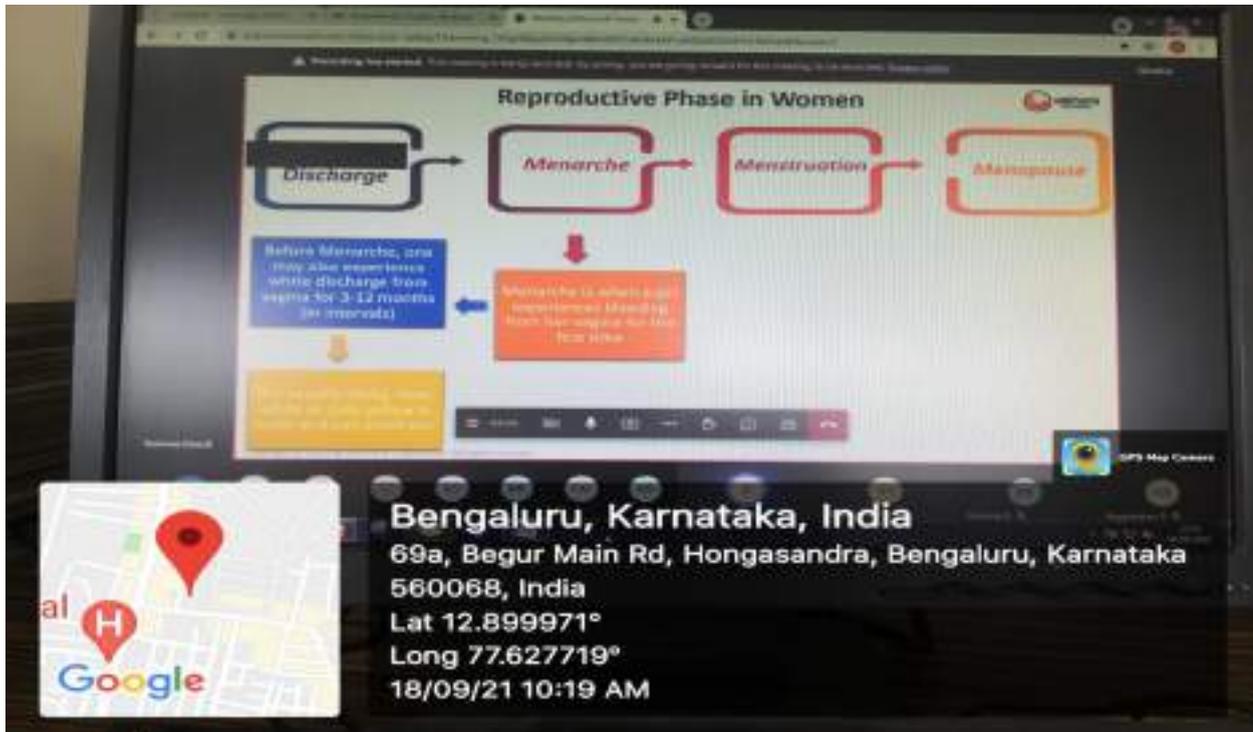
Ms Roshnie Bowmick had been connected by MS Teams and she created awareness among all the ladies present in the gathering. The students assembled ten minutes prior to the talk and maintained social distance as per the Covid-19 guidelines. Speaker spoke about some

crucial aspects related to menstruation and to maintain hygiene during menstrual cycle. She gave information regarding different stages of period's right from Menarche to Meno Pause. The talk was very effective, as it gave more importance to how to tackle with Menstrual cycle, What are different sanitary napkins available and also gave insights about how to use them.

At the end, the feedback was collected from the students about the talk and program ended in 1 hour. Students were delighted when speaker said Menstruation is not a Taboo any more. The entire session was interactive one and technical support team had done the great job in making Virtual Talk a successful one.



This programme is arranged to share the knowledge on the topic “MENSTRUAL HEALTH AND HYGIENE” by Ms. Roshnee Bhowmick. The overall organization and deliverance of the webinar was helpful and satisfied the participants.



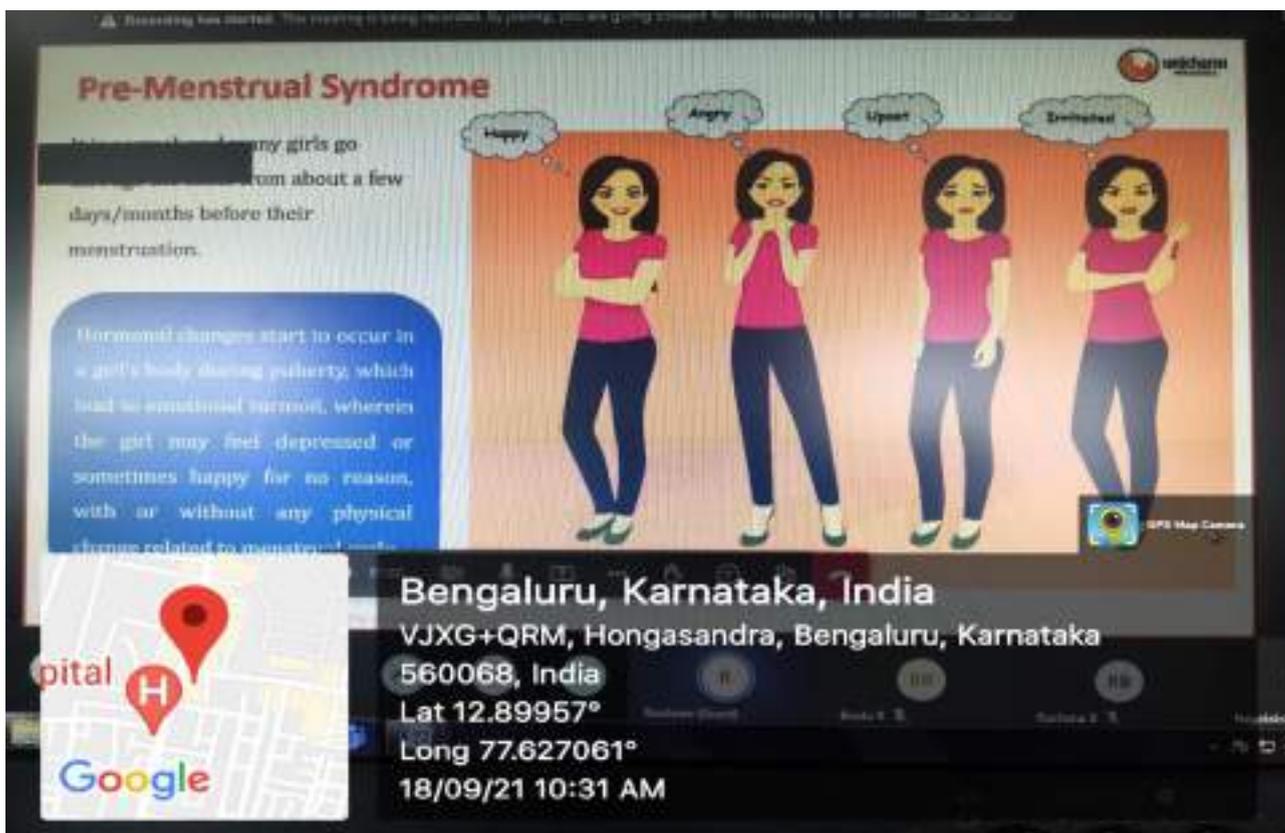
Reproductive Phase in Women

Discharge → Menarche → Menstruation → Menopause

Before Menarche, girls may also experience white discharge from vagina for 3-12 months (at intervals)

Menarche is when girls experience bleeding from the vagina for the first time

Bengaluru, Karnataka, India
69a, Begur Main Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899971°
Long 77.627719°
18/09/21 10:19 AM



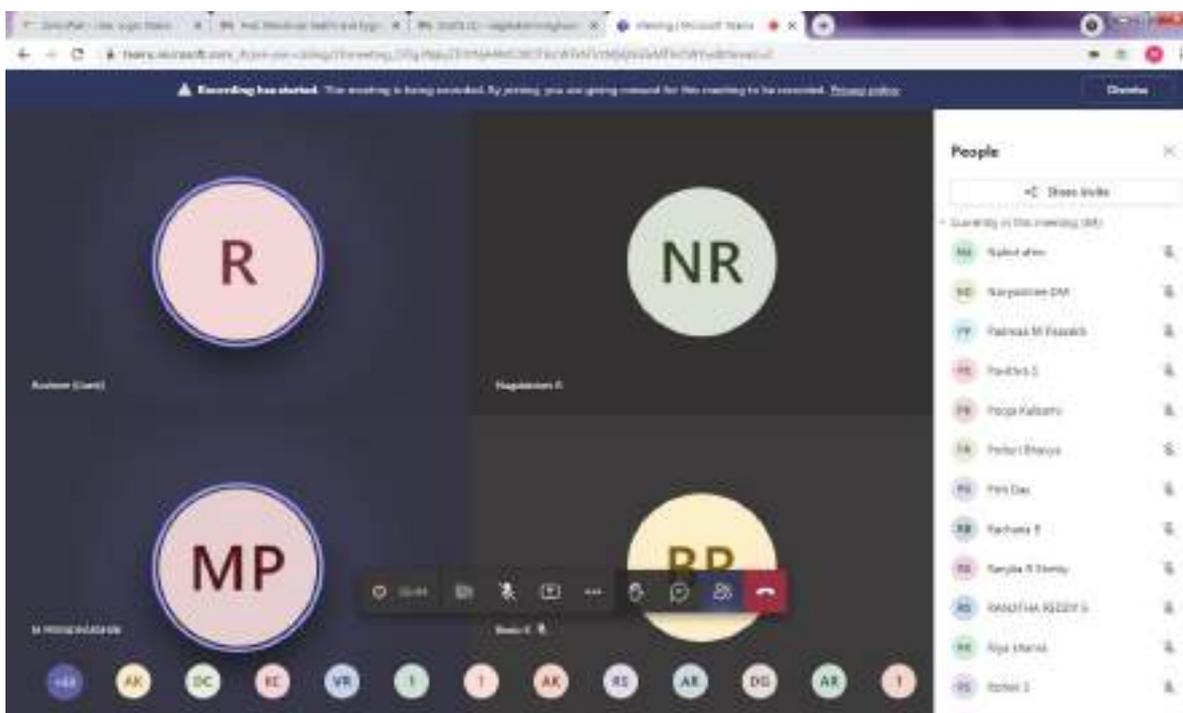
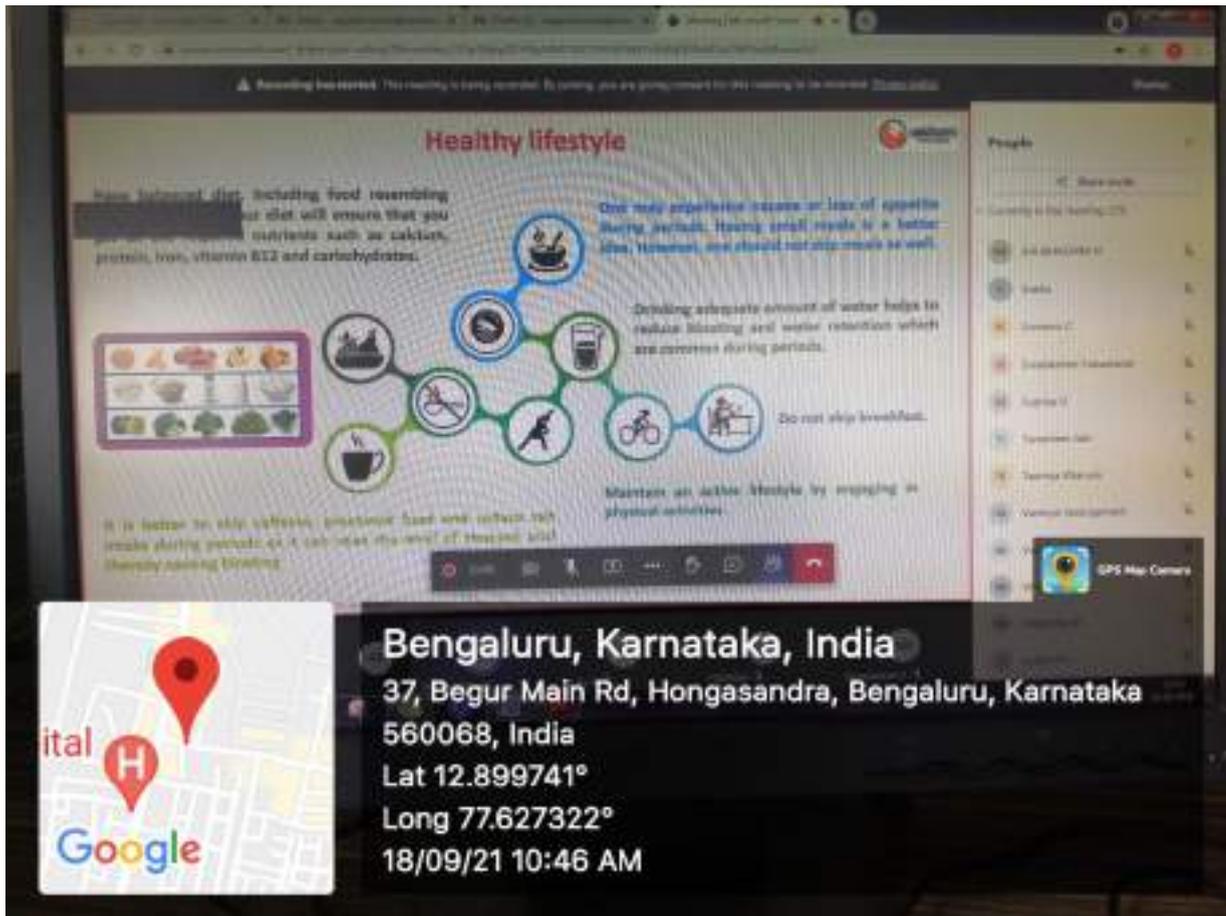
Pre-Menstrual Syndrome

Some girls go through mood swings from about a few days/months before their menstruation.

Hormonal changes start to occur in a girl's body during puberty, which lead to emotional turmoil, wherein the girl may feel depressed or sometimes happy for no reason, with or without any physical change related to menstruation.

Happy, Angry, Upset, Irritated

Bengaluru, Karnataka, India
VJXG+QRM, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.89957°
Long 77.627061°
18/09/21 10:31 AM



(Ms. Roshnee Bhowmick interacting with the faculties and students)

Feedback Form

Feed back for Menstrual health and hygiene session, The Oxford College of Pharmacy, Bangalore.

Form description

Email *

Valid email

This form is collecting emails. [Change settings](#)

Name of the participant :

Short answer text

Designation *

- Student
- Faculty
- Other

Qualification *

Short answer text

How was the experience with today session? *

- Excellent
- Very good
- Good
- Fair
- Poor

Scale your level of satisfaction with the information provided by speaker *

- 1 2 3 4 5
-

Comments if any

Long answer text

Sample Feedback Responses obtained through Microsoft teams from the participants.

#	Timestamp	Email Address	Name of the participant	Designation	Qualification	How was the experience	Scale your level of satisfaction	Comments if any
1	9/19/2021 11:08:25	chaitra209@gmail.com	Chaitra Srinivas	Student	PharmD	Very good	5	It was an informative session!
4	9/19/2021 11:08:37	mounikereddyga@gmail.com	Mounika D B	Student	B pharmacy	Excellent	5	
4	9/19/2021 11:08:43	bashirabbas@gmail.com	Bashira R	Student	Student	Very good	4	
4	9/19/2021 11:08:50	ajaymay24@gmail.com	Ajaykar	Student	B.pharm	Excellent	5	
4	9/19/2021 11:08:52	rishikagupta3107@gmail.com	RISHIKA GUPTA	Student	2nd pharm d	Excellent	5	
7	9/19/2021 11:08:55	rajdeepkour119@gmail.com	Rajdeep kour	Student	B pharm	Good	4	
4	9/19/2021 11:09:06	oscar1867955053@gmail.com	Prithi Das	Student	B pharm	Excellent	5	
4	9/19/2021 11:09:06	raiksharishika2454@gmail.com	Raksha S	Student	Pharm D 4th year	Very good	4	
10	9/19/2021 11:10:10	bechoosulho@gmail.com	Bhaskar Datta	Student	B.Pharm - Vth semester	Very good	4	
10	9/19/2021 11:10:27	poturinisayashivadas@gmail.com	Poturi Shiva	Student	B pharmacy	Very good	4	
12	9/19/2021 11:10:50	deepavenkatesh19@gmail.com	Deepa V	Student	B pharm	Very good	4	
10	9/19/2021 11:11:24	naseer2prya@gmail.com	Priyadarshini - M	Student	4th pharm. D	Very good	4	Good session.
10	9/19/2021 11:11:25	javithaprasath1010@gmail.com	Javitha	Student	B Pharmacy 1st year	Excellent	4	
10	9/19/2021 11:11:50	shantikajani2@gmail.com	Shantikajani S A	Student	B pharm	Very good	4	
10	9/19/2021 11:12:54	rudrambharadhyaj4811@gmail.com	Rudrambharadhyaj M	Student	Pharm D	Very good	5	
10	9/19/2021 11:15:58	ahalya.ravi4484@gmail.com	Ahalya R	Student	1st year M.pharm Pharm	Very good	4	No
10	9/19/2021 11:13:20	vaneyasharangaiah123@gmail.com	Vaneya S Sarangaiah	Student	Studying B Pharm	Excellent	5	
10	9/19/2021 11:13:25	arjunvijay2050@gmail.com	M.Arjun Banu	Student	B pharmacy	Excellent	5	Nil
10	9/19/2021 11:13:28	akshai.pram@gmail.com	Aaksh G	Student	B Pharmacy	Very good	5	Good
21	9/19/2021 11:14:27	ahmaja1941690@gmail.com	Ahmaja Shetty	Student	B Pharm	Good	4	
10	9/19/2021 11:14:45	poorjukam817@gmail.com	Pooja Kulkarni	Student	B pharm	Good	4	
10	9/19/2021 11:15:20	kalunkaashika25@gmail.com	Shruti Kalunka	Student	B pharmacy	Good	3	
10	9/19/2021 11:15:45	monisha235235@gmail.com	Monisha M	Student	B pharm	Excellent	5	
10	9/19/2021 11:17:00	umeshaliq120@gmail.com	Umair Ishaliq	Student	B pharm 3rd year	Excellent	5	Excellent webinar such webinar sh
10	9/19/2021 11:18:55	ryakhanra12@gmail.com	Riya Khanra	Student	B Pharm	Good	3	
10	9/19/2021 11:19:20	aminuljabbar205421@gmail.com	Jalwal Ashraf Khan	Student	3rd year Bpharm	Good	2	
10	9/19/2021 11:19:57	ryasameed44@gmail.com	Touqeer Ahmad	Student	B pharm 3rd year	Good	4	
10	9/19/2021 11:21:33	mond.saeed3445@gmail.com	Mond Saleem	Student	B Pharm 3rd year	Excellent	4	
10	9/19/2021 11:25:05	bisuljindu4755@gmail.com	Bisnu R	Student	B pharmacy	Very good	5	
10	9/19/2021 11:25:06	shahnoorveer12@gmail.com	Jahana Parveen	Student	BPharm	Excellent	5	
10	9/19/2021 11:27:44	mythilprajothi2@gmail.com	Mythil Prayitha C	Student	B pharm 1st year	Good	2	No
10	9/19/2021 11:28:50	negalakshmiquruman@gmail.com	Negalakshmi R	Faculty	Assistant Professor	Excellent	5	
10	9/19/2021 11:29:25	manjica2@gmail.com	Mani Das	Student	B pharmacy	Very good	4	
10	9/19/2021 11:29:40	kushika9@gmail.com	Kushika S D	Student	1st yr bpharm	Very good	4	
10	9/19/2021 11:29:55	savitagar11@gmail.com	Savitri T	Faculty	Assistant Professor	Excellent	4	Nil
10	9/19/2021 11:33:32	poornima44@gmail.com	Poorna P	Student	B pharm	Excellent	4	
10	9/19/2021 11:33:42	chaitra400@gmail.com	Chaitra M	Student	B pharm	Excellent	4	
10	9/19/2021 11:52:04	shantini2000@gmail.com	Shantini Duraisandyan	Student	B Pharm	Good	3	
10	9/19/2021 11:52:36	juviedebonu@gmail.com	Dr. Juvieda Bonu	Faculty	Doctor of Pharmacy	Excellent	5	
10	9/19/2021 11:58:43	divyashree2018@gmail.com	Divyashree T	Student	B pharm	Good	5	Nil
10	9/19/2021 11:58:10	sudhakarmani20@gmail.com	Manya D	Student	B Pharmacy	Good	4	No

The objective of the webinar was achieved. The overall session discussion benefitted the faculties and students.

----- END OF REPORT -----



**THE OXFORD COLLEGE OF PHARMACY, IQAC, BENGALURU
DEPARTMENT OF PHARMACOGNOSY**

Workshop demo

on

“Advanced Profession Oriented Career Guidance”

7thSeptember 2021

Session - report

Workshop Co-ordinator

Mrs T Sravani

Assistant Professor

Department of Pharmacognosy

Convener

Dr Padmaa M Paarakh

Principal

The Oxford College of Pharmacy

Resource Person

Mr. Dinesh

Manager

Assay Clinical Research, UK

Global Operations

Date: 7thSeptember 2021

Time: 10.00 AM -11.00AM

PREAMBLE

A workshop demo on the topic “**Advanced Profession Oriented Career Guidance**” was organised by the Department of Pharmacognosy, IQAC, The Oxford College of Pharmacy, Bengaluru.

The workshop started with an inaugural address by **Dr. Padmaa M Paarakh, Principal**, The Oxford College of Pharmacy. Dr. Padmaa extended her warm welcome to the participants and resource person, **Mr. Dinesh**. Around 50 students from final year attended the workshop. Ms Sravani T, Assistant Professor, Department of Pharmacognosy, The Oxford College of Pharmacy introduced the resource person of the day **Mr. Dinesh, Manager, Assay Clinical Research, UK, global Operations**.

Mr. Dinesh thanked all the participants and started the session. He started to explain about Assay academy which trains the students who are looking for a Career oriented workshop or training. He briefly discussed the course details, fee structure and the benefits to the participants after completion of the course. He explained about the core factors of Assay academy which it emphasis on like,

- Opportunities
- Recognition
- Access and analyse
- Network
- Growth
- Evolve

He later on added that they will provide a career guidance to all the graduates with their industrial experience, knowledge about more than 20+ departments within pharmaceutical sector like

- Sponsor
- R and D
- Regulatory affairs
- Contract Research Organisation
- Business development
- Medical writing
- Clinical operations
- Ethics Committee
- Clinical trial management
- CDM
- Biostatistics
- Quality Assurance
- Pharmacovigilance
- Formulation and development

- Manufacturing and Production
- Marketing and Hospital Pharmacist

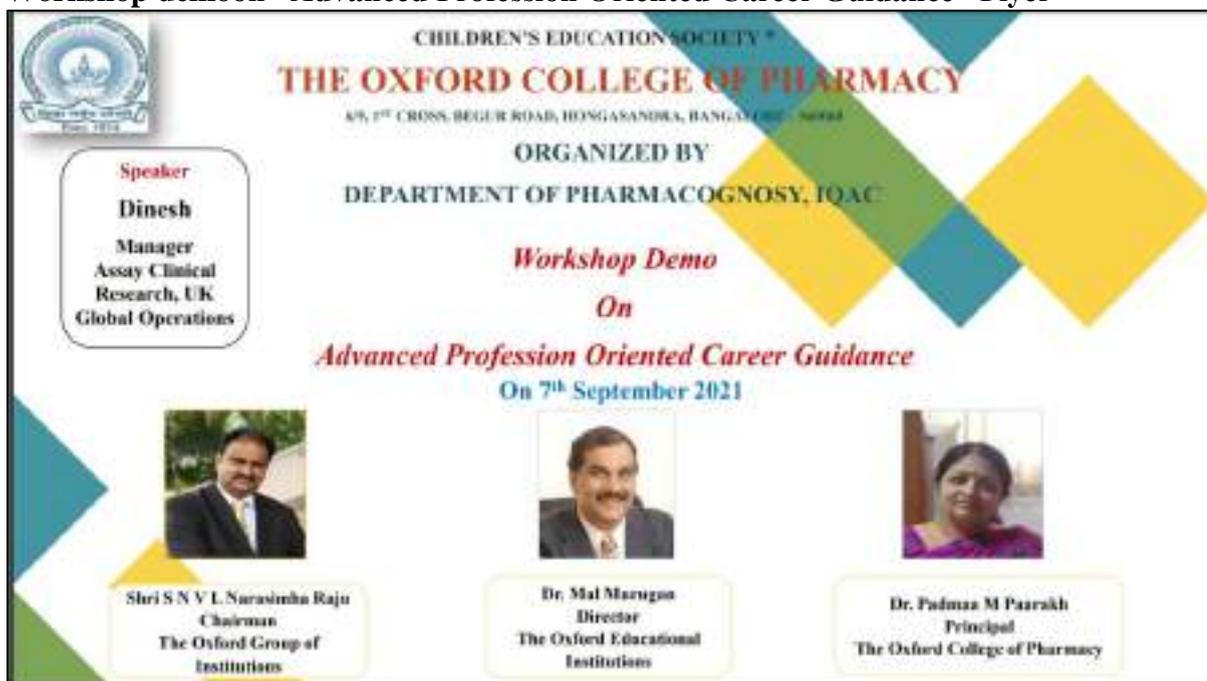
Mr. Dinesh added that the main of the Assay academy is to provide Workshop training, Study materials, Certification, Interview exposure and Internships which will give a strategical industry-oriented development and training with industrial concepts. He finally assured that the academy provides various benefits which can help the students know about the multiple options available in the pharmaceutical sector, knowledge to crack interviews that will help to choose career based on their skills and knowledge.

Later, there was an Q and A session with the students where Mr. Dinesh responded to the queries raised by the students. This was followed by a vote of thanks from Dr.Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Finally, the workshop was ended with a vote of thanks by Ms.Sravani T who thanked Mr. Dinesh on behalf of The Oxford Group of Institutions for sharing valuable information regarding the various options available to students industrially which can help to shape their career in future.

Ms.Sravani also thanked Dr.Padmaa M Paarakh, Principal, The Oxford College of Pharmacy, for the support she has extended in successfully organizing the workshop.

Workshop demoon “Advanced Profession Oriented Career Guidance” Flyer



CHILDREN'S EDUCATION SOCIETY *
THE OXFORD COLLEGE OF PHARMACY
4th, 1st CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560044

ORGANIZED BY
DEPARTMENT OF PHARMACOGNOSY, IQAC

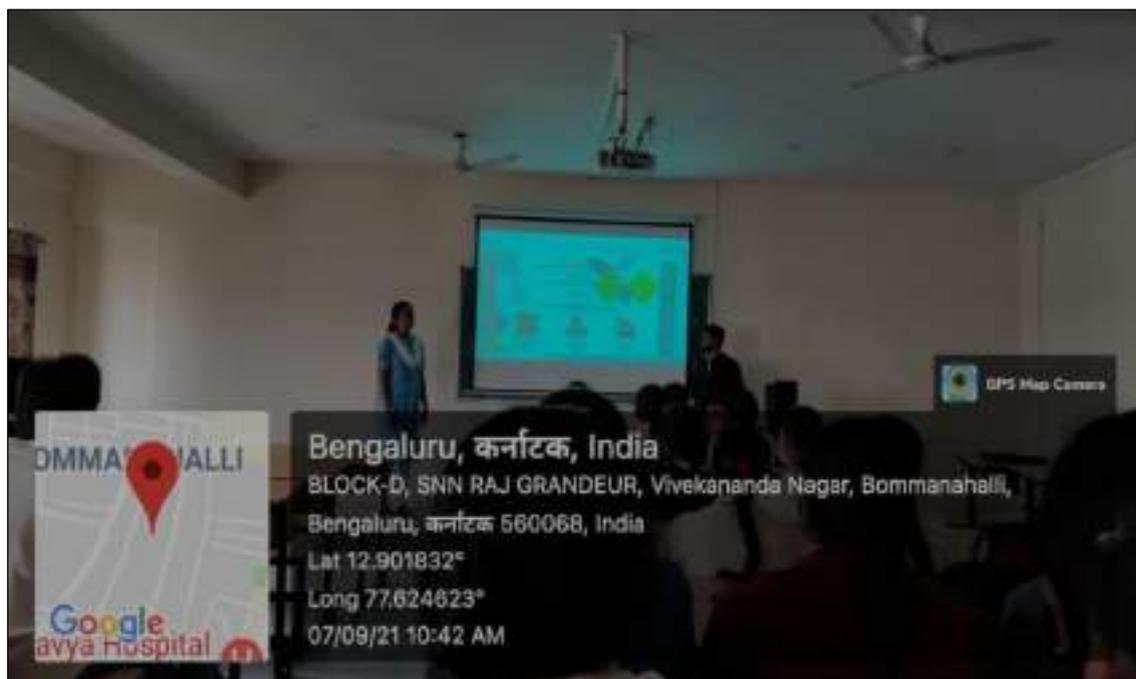
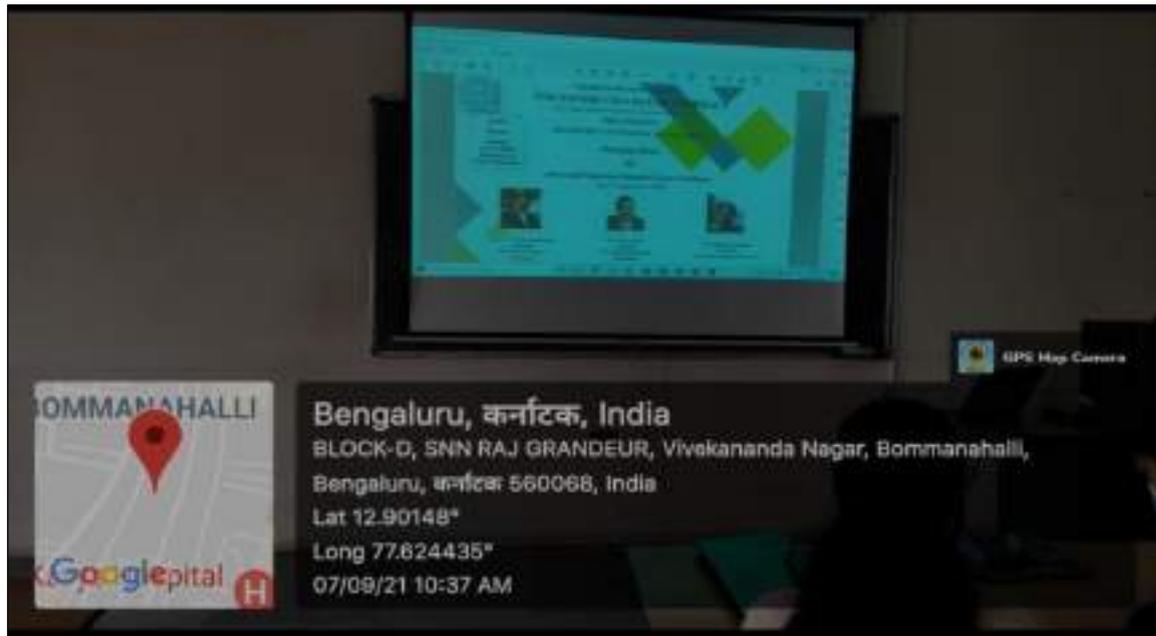
Workshop Demo
On
Advanced Profession Oriented Career Guidance
On 7th September 2021

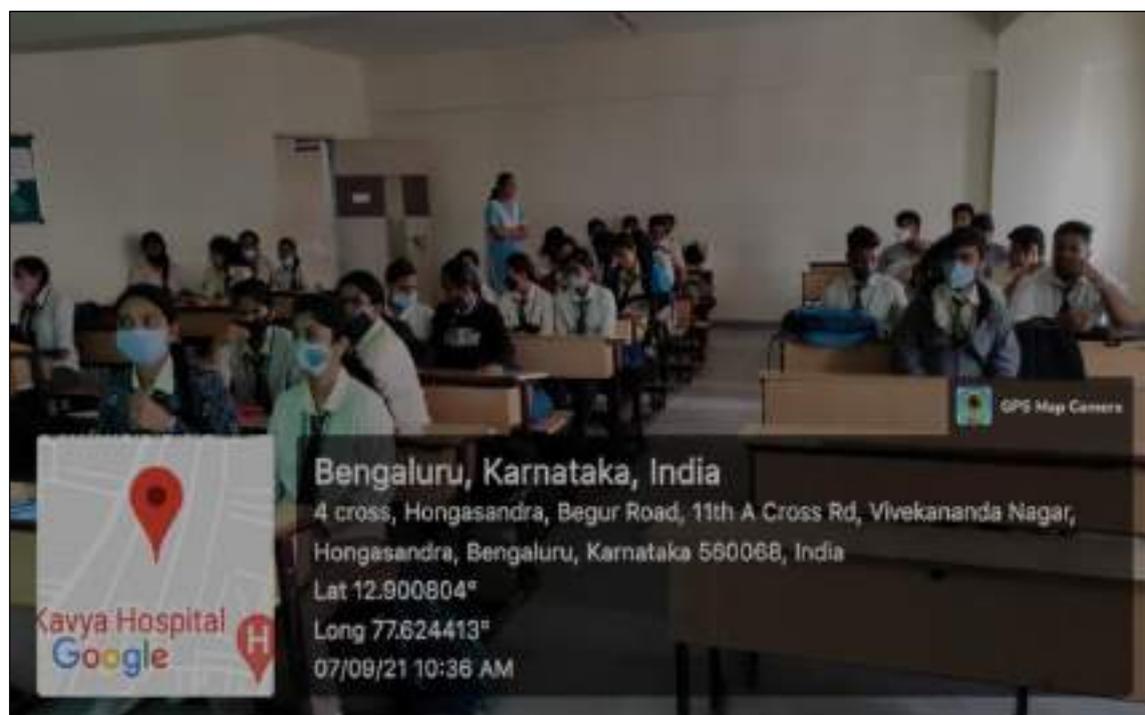
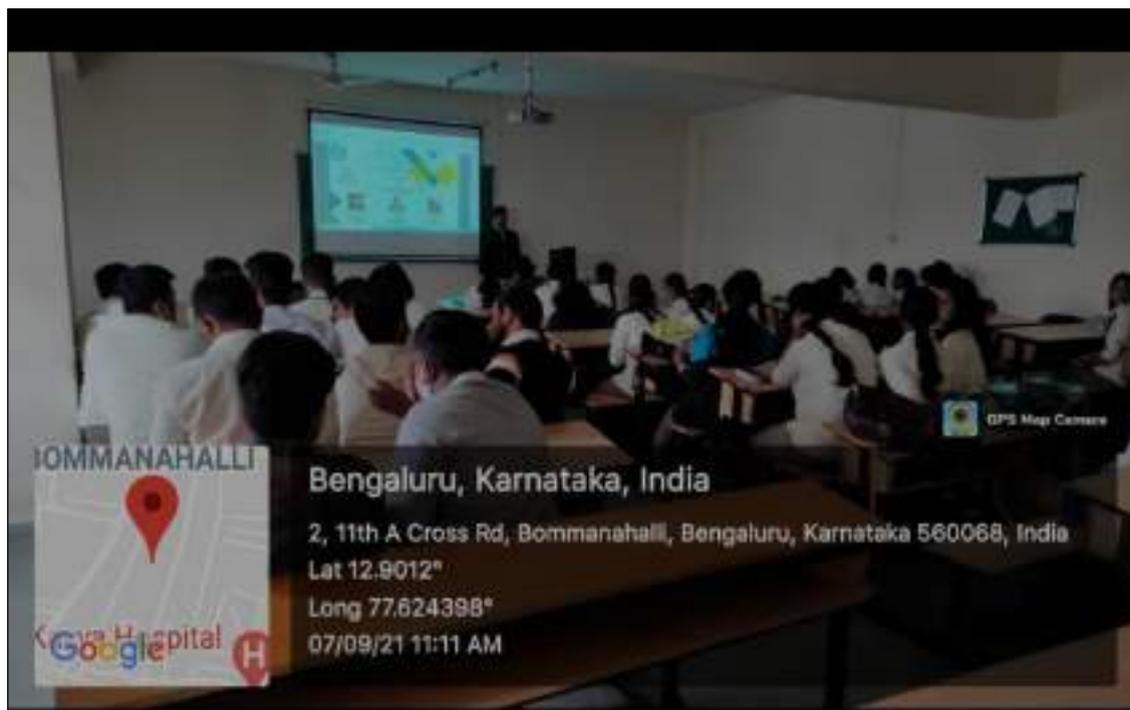
Speaker
Dinesh
Manager
Assay Clinical
Research, UK
Global Operations


Shri S N V L Narasimha Raju
Chairman
The Oxford Group of
Institutions


Dr. Mal Maragan
Director
The Oxford Educational
Institutions


Dr. Padmaa M Paarakh
Principal
The Oxford College of Pharmacy





Mr. Dinesh interacting with the students during the workshop





THE OXFORD COLLEGE OF PHARMACY

NSS Committee, IQAC, Bangalore

Session on “SAHAJA YOGA DAY”

22ND January 2022

SESSION – REPORT

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

COMMITTEE MEMBERS

DR. JYOTI SHRIVASTAVA
MS. NAGALAKSHMI

Resource Person: **MR. PRASANTHAN**
SAHAJA YOGA TRAINER
ASSOCIATE ARCHITECT, BANGALORE.

DATE: 22ND January 2022, SATURDAY

TIME: 10:30 AM - 11:30 AM

PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on “SAHAJA YOGA DAY OF 2022” for the students and teaching faculties. As online session became a part of the process, the event was organized using Microsoft teams as the platform. There were 201 registrations for this event, which included the faculty, students from The Oxford College of Pharmacy. MR. PRASANTHAN, Sahaja yoga trainer, Associate architect, Bangalore delivered lecture on “Sahaja yoga and meditation technique”.

The content delivered in the webinar is as follows:

MR. PRASANTHAN thanked Mataji Nirmala Devi for rediscovering sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body.

The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts.



CHILDREN'S EDUCATION SOCIETY ®

THE OXFORD COLLEGE OF PHARMACY

1st Main Rd, Heggasandra, Bengaluru, Karnataka 560048



CORDIALLY INVITE YOU ON OBSERVANCE OF

"SAHAJA YOGA"

ON 22ND JANUARY 2022 AT 10:30 AM.



GUEST SPEAKER

MR. PRASANTRAN
SAHAJA YOGA TRAINER
ASSOCIATE ARCHITECT
BANGALORE.

[Click here to register](#)

[Please join us in with this link](#)

[Feedback link](#)

PATRON

SRI. S.S.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

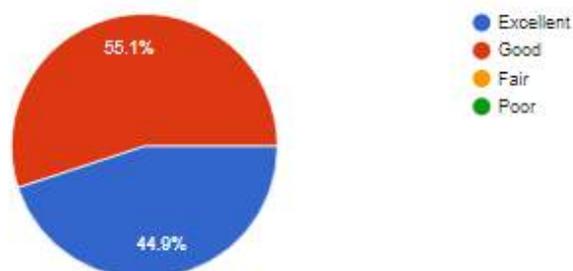
DR. M.PADMAAPARAKH,
PRINCIPAL,
THE OXFORD COLLEGE OF PHARMACY

EXTENSION COMMITTEE MEMBERS

DR. JYOTI SHRIVASTAVA
MS. NAGALAKSHMI R
THE OXFORD COLLEGE OF PHARMACY

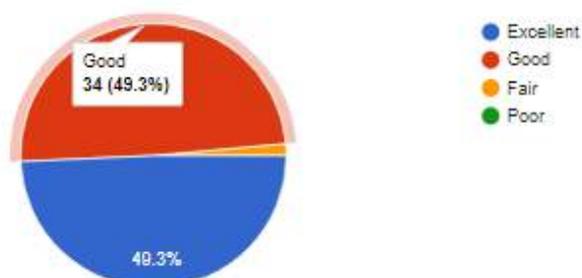
How was the experience with this webinar?

69 responses

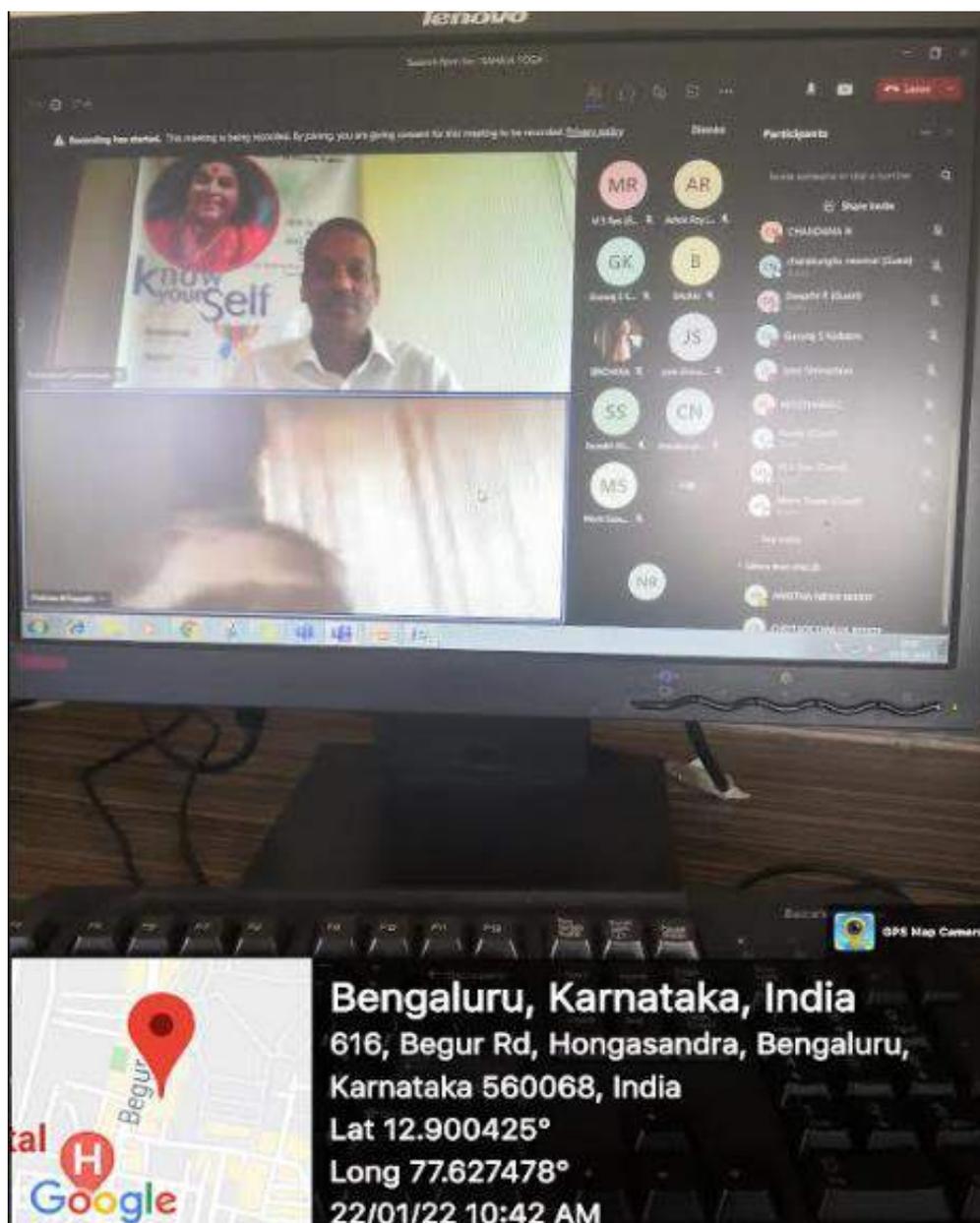


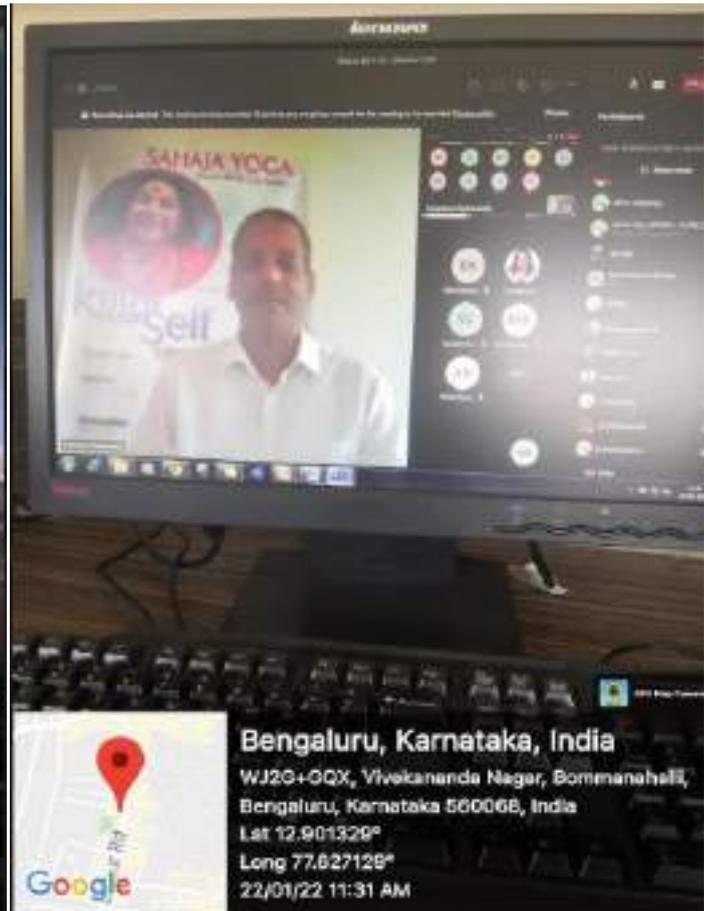
Scale your level of satisfaction with the information provided by speaker

69 responses



This programme is arranged to share the knowledge on the topic “Sahaja yoga and meditation technique” by Mr. Prasanthan. The overall organization and deliverance of the webinar was helpful and satisfied the participants.





(Mr. Prasanthan interacting with the faculties and students)

Feedback Form

Feedbackform: <https://forms.gle/FBvHDGjcff7YABp47>

Feed back for Session on "SAHAJA YOGA"

Form description:

Email *

Valid email address:

This form is collecting email addresses. [Change settings](#)

Name *

Short answer text

Student/Faculty *

Short answer text

Name of the Institution / Organization and City *

Short answer text

How was the experience with this webinar? *

Excellent

Good

Fair

Poor

Scale your level of satisfaction with the information provided by speaker *

Excellent

Good

Fair

Poor

Any suggestions? *

Long answer text

Sample Feedback Responses obtained through Microsoft teams from the participants.

Timestamp	Email address	Name	Student/Faculty	Name of the Institution / How was the experience	Scale your level of satisfaction	Any suggestions
22/01/2022 11:46:04	yakshitha1111@gmail.co	Yakshitha V	Student	The Oxford College of PH Good	Good	No
22/01/2022 11:46:21	ranjithkumar2659@gmail	Ranjith Kumar R	Student	The Oxford College of ph Excellent	Excellent	Nil
22/01/2022 11:46:37	babushabosi@gmail.co	Babusha R	Student	The Oxford College Of PH Good	Good	No
22/01/2022 11:46:39	monishasodya13@gmail	Monisha S	Student	The oxford college of ph Good	Good	No
22/01/2022 11:47:22	venetyasataramamath123	Venetya S Sataramamath	Student	The Oxford College of PH Good	Excellent	Overall it was a good web
22/01/2022 11:47:24	naheeshgouda81905@	Naheesh Gouda SN	Student	Hongasandra, Bengaluru Excellent	Excellent	Good
22/01/2022 11:47:41	kovyspar889@gmail.co	Kovya M	Student	The oxford college of ph Good	Good	No
22/01/2022 11:48:09	abhinabhahaj09@gmail	Abhinav J	Student	The Oxford College of ph Good	Good	Nothing
22/01/2022 11:48:09	litha1321@gmail.com	Litha Chandrasekar	Student	The Oxford college of ph Excellent	Excellent	Good
22/01/2022 11:49:11	rahasaayanjali@gmail.c	Suvanali Mahra	Student	The Oxford college of ph Good	Good	No
22/01/2022 11:49:58	rupashroodya90@gmail	Rupesh Reddy H R	Student	Oxford college of pharma Good	Good	Good
22/01/2022 11:50:24	ansarolrahma100@rakas	Ansal Krishna C	Student	The Oxford College of PH Good	Good	No
22/01/2022 11:51:16	punushothan12099@gr	Punushothan M	Student	The Oxford college of ph Good	Good	Nothing
22/01/2022 11:52:04	surinderk18@gmail.co	Surinder Kaur	Faculty	The Oxford college of ph Excellent	Excellent	Good work keep it up
22/01/2022 11:52:40	chandana758@gmail.co	Chandana KB	Student	The oxford college of ph Good	Good	Very nice
22/01/2022 11:52:49	keedra448017117@gma	Keedra R	Student	The oxford College of ph Good	Excellent	No
22/01/2022 11:57:09	binzudinh0694@gmail	Binzud K	Student	Bangalore rajajur Good	Good	No
22/01/2022 12:01:39	babushabho@gmail.co	Bhaskar Soha	Student	The Oxford College of PH Good	Fair	-
22/01/2022 12:02:21	mudasi047@gmail.com	Mudasi pasha	Student	The Oxford college of ph Excellent	Excellent	None
22/01/2022 12:09:03	mbalraj49@gmail.com	M.BALRAJ	STUDENT	THE OXFORD COLLEGE Excellent	Excellent	No
22/01/2022 12:11:12	arshamohan84@gmail.c	ARSHA MOHAN K	Student	The Oxford College of PH Good	Good	No
22/01/2022 12:12:50	umetha.lot.20@gmail.c	Umesh Khatik	Student	The Oxford college of ph Excellent	Excellent	Such sessions should be
22/01/2022 12:17:17	fehassaheen@gmail.com	Sahar TA	Student	The oxford college of ph Excellent	Excellent	No
22/01/2022 12:21:04	monikabhaikiranofficial	Monika	Student	The Oxford college of ph Good	Good	Nil
22/01/2022 12:22:55	anithanidhi.reddy23@gr	Anitha Nidhi Reddy	Student	Bangalore Good	Excellent	No
22/01/2022 12:28:22	keethanpok21@gmail.c	Keethana CH	Faculty	The Oxford College of PH Excellent	Excellent	Nil
22/01/2022 12:33:57	suhmithasuhmitha094	Suhmitha N	Student	The Oxford of Pharmacy Good	Good	Good
22/01/2022 12:34:47	ranjithashetty2000@gmail	RANJITA RAMESH SHE	Student	The Oxford College of PH Good	Good	No
22/01/2022 12:44:23	nohadaseem09450@gm	Mohd Saleem	Student	The Oxford College of PH Good	Good	It was nice
22/01/2022 12:45:33	adarshok490@gmail.co	Adarsh s	Student	The oxford college of ph Good	Good	No
22/01/2022 12:46:23	rahikagupta3157@gmail	Rahika gupta	Student	The oxford college of ph Excellent	Excellent	Good
22/01/2022 12:47:12	Preethu.k2002@gmail.c	PREETHU K	Student	The oxford college of ph Excellent	Excellent	It was good
22/01/2022 12:50:52	prathibhav01@gmail.co	Prathiba v	Student	The Oxford college of ph Excellent	Excellent	Need few more sessions
22/01/2022 12:57:31	sudhysg4590@gmail.co	Sudhys G	Student	The Oxford college of ph Good	Good	No

The objective of the webinar was achieved. The overall session discussion benefitted the faculties and students.

----- END OF REPORT -----

THE OXFORD COLLEGE OF PHARMACY

DEPARTMENT OF PHARMACEUTICS

Webinar

on

“QMS IN PHARMACEUTICALS”

23 January, 2022

Session – Report

Webinar Co-ordinators

Dr. Gururaj S Kulkarni
HOD and Professor, Dept. of Pharmaceutics

Ms. Keerthana C K
Asst. Professor, Department of Pharmaceutics

Convenor

Dr. Padmaa M Paarakh
Principal
The Oxford College of Pharmacy

Resource Person:

Mr. Jayprakash Nagaja
M.Pharm (Pharmaceutics)

Date: 23rd January 2022, Sunday

Time: 11 AM to 1 PM

PREAMBLE

The Department of Pharmaceutics, The Oxford College of Pharmacy under IQAC conducted the webinar on “QMS in Pharmaceutics” for the students, scholars and teaching faculties. There were totally around 70 participants, from various other institutions which included faculties, research scholars, undergraduates and post graduates.

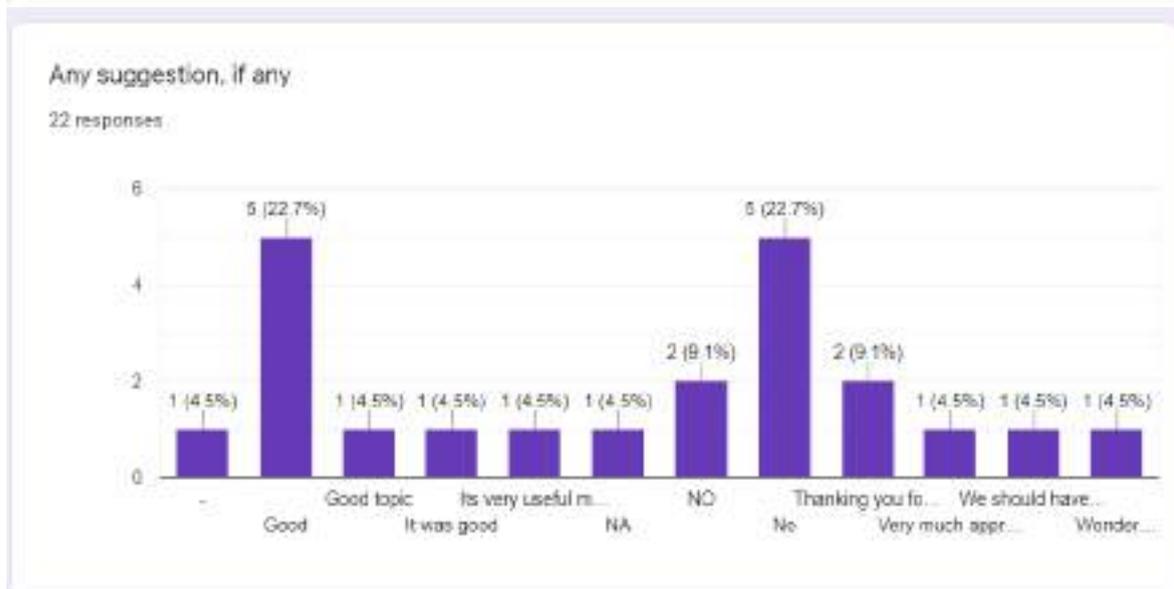
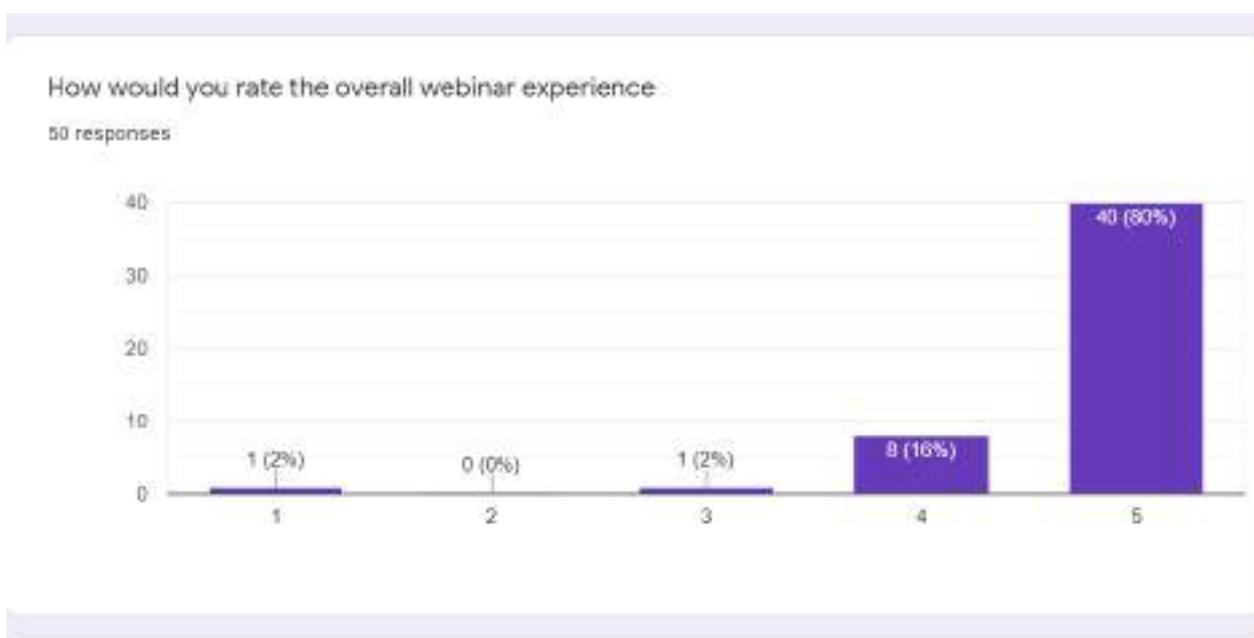
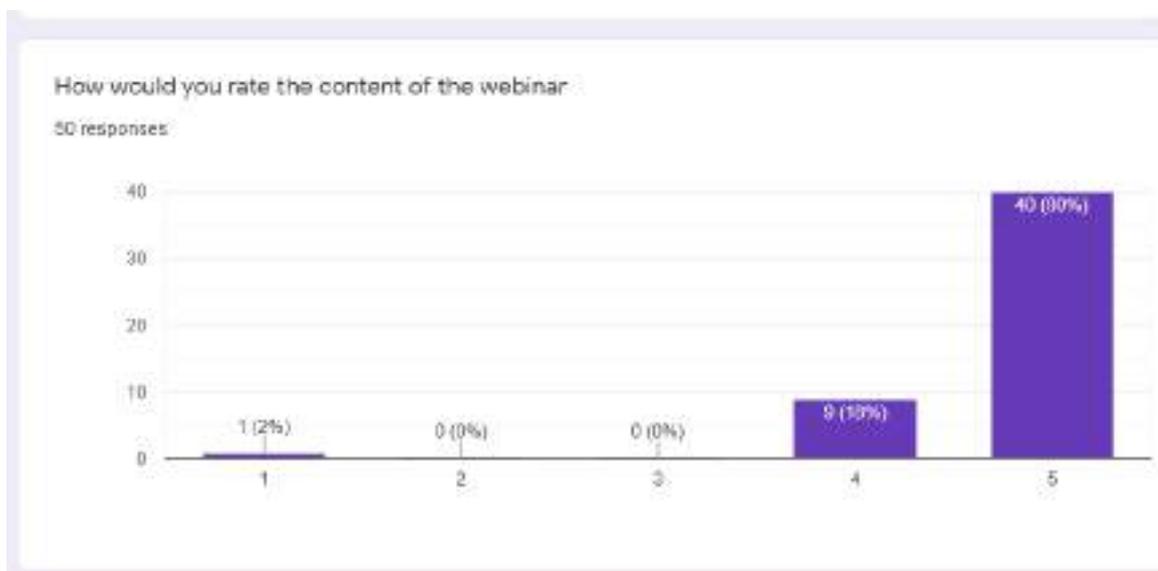
Mr. Jayprakash Nagaja M.Pharm (Pharmaceutics), delivered the lecture.

The content delivered in the webinar is as follows:

The speaker of the session Mr. Jayprakash Nagaja presented the keynote address on “QMS in Pharmaceutics”. He briefed the participants with the basic concept of QMS and its various elements and explained the importance of QMS in Pharmaceutical Industry. He also explained the detailed guidance for implementing a QMS. He also explained about Qualification, Validation, CGMP, and various other quality assurance factors in pharmaceuticals. He emphasized on the importance of documentation control and how to take corrective and preventive measurements and also the benefits of QMS like Increase Efficiency, Reducing human errors, Lowering Costs, Improve customer satisfaction, Reduces training time of new employees, Improving processes, products, and systems, Compliance with Industry best standards, Improve internal communication.

The feedback about the session was collected from all the participants to improve the sessions that will be conducted in the mere future. The sample details collected from the participants is as follows:

THE FEEDBACK OF THE SESSION



Poster of The Webinar- “QMS in Pharmaceuticals”



CHILDREN'S EDUCATION SOCIETY (REG.)
THE OXFORD COLLEGE OF PHARMACY
#6/9, 1st Cross, Hongsandra, Bangalore, Karnataka

INVITES YOU FOR A WEBINAR ON
QMS IN PHARMACEUTICALS

JOIN US VIRTUALLY ON MICROSOFT TEAMS

DATE : 23-1-2022, SUNDAY

TIME 11 AM

Click here to register

RESOURCE PERSON



Mr. Jayprakash Nogaja
M.Pharm
(Pharmaceutics)

ORGANIZED BY: DEPARTMENT OF PHARMACEUTICS, IQAC

Chief Patron:
Sri SNVL Narasimha Raju
Chairman
The Oxford Educational Institutions



Convener:
Dr. Padma M Paarakh
Principal
The Oxford College of Pharmacy.



Organizing Secretary:
Dr. Gururaj S Kulkarni
HOD and Professor, Dept. of Pharmaceutics

The webinar was arranged in the motive of sharing the knowledge and experience of **Mr. Jayprakash Nogaja** who has about 10 years of experience in pharmaceutical research field. The overall organization and deliverance of the webinar was helpful and satisfied the participants.

Webex on QMS in Pharmaceuticals

01:32:54 Request control

You're recording You are recording this meeting. Be sure to let everyone know that they are being recorded. [Privacy policy](#) Dismiss

Qualification

URS: User requirement specification
FAT: Factory acceptance test (Not compulsory)

Procurement: Equipment, instrument, software purchased.

IQ: Evaluates Means of Accommodating New Equipment and Testing its MOC, Mechanical specification. Check is it matching with DQ or sent something different.

OQ: Verify that the equipment is achieving those operational requirements. So, review those parameters and challenge them. Again, make sure your equipment actually runs the way it's supposed to run.

PQ: Challenge the equipment, much like in the OQ phase, but now under load i.e actual working condition



Pharmaceuticals
In



Jayprakash (Guest)

GK +47

Geetanjali S.K.

Participants

Type a name

Share invite

In this meeting (6)

- KEERTHANA C K (Guest)
- AJMEN BASHEER
- AMREEN TAJ
- ANUSHREE R
- Aravindh Padil (Guest) Meeting guest
- Arvind b Sarath (Guest) Meeting guest
- ANATI KAR

Jayprakash (Guest)

Webex on QMS in Pharmaceuticals

01:36:20 Request control

You're recording You are recording this meeting. Be sure to let everyone know that they are being recorded. [Privacy policy](#) Dismiss

Validation

A documented evidence that provides a high degree of assurance that a specific process will consistently produce a product meeting its predetermined specifications.

Clarification:

Equipment/operation Validation = Qualification
System and software Validation : Computers, software, PLC, HMI, IPC Qualification
Cleaning Validation : To validate cleaning procedure.
Process validation = To validate procedure.



Pharmaceuticals
In



Jayprakash (Guest)

GK +45

Geetanjali S.K.

Jayprakash (Guest)

(Mr.Jayprakash Nogaja interacting with the faculties and students)

In order to help us continue to make our programs better, feedback link was provided to the attendees
Feedback form Link: <https://forms.gle/8iKFWhtgsGmFiFvRA>

Sample Feedback Responses obtained through Google form from the participants.

A	B	C	D	E	F	G	H	I	J
Time/Date	Name	Designation	Name of the Institution/Organization	How would you rate the content of the webinar	How would you rate the presentation skills throughout the webinar	How would you rate the overall webinar experience	How would you rate the overall webinar experience [Feedback]	Any suggestions, if any	
2022/01/18 12:10:00	Vikram	Assistant Professor	The Oxford College of Pharmacy	5	5	5			
2022/01/18 12:10:00	Saurav S Bhatia	Professor/ACD	The Oxford College of Pharmacy	5	5	5			
2022/01/18 12:10:00	Sweetthana C K	ASST PROFESSOR	The Oxford college of pharmacy	5	5	5			
2022/01/18 12:10:00	Sweetthana C K	Assistant Professor	The Oxford college of pharmacy	5	5	5			
2022/01/18 12:10:00	Sweetthana C K	Assistant Professor	The Oxford College of Pharmacy Bangalore	5	5	5			
2022/01/23 11:00:00	Uma Prabha	Faculty	Bangalore	5	5	5		Good	
2022/01/23 11:00:00	Uma Prabha	Faculty	The Oxford college of Pharmacy, Bangalore	5	5	5		Good	
2022/01/23 12:00:00	Rohini Gupta	Student	The Oxford college of pharmacy	5	5	5		Good	
2022/01/23 12:00:00	Chandra Kiran A Phani D H RAO	Pharm D H RAO	Bangalore	5	5	5			
2022/01/23 12:00:00	Madhu Gowda	Student	Hongasandra, Bangalore,	5	5	5			
2022/01/23 12:00:00	Rachitha Reddy	Student	Banglore	4	4	4		NA	
2022/01/23 12:00:00	Amreen Taj S	Alpharma	The Oxford college of pharmacy	4	5	5			
2022/01/23 12:00:00	Madhu Gowda	Student	Hongasandra, Bangalore,	5	5	5			
2022/01/23 12:00:00	Nagalakshmi B	Assistant Professor	The Oxford College of Pharmacy, Bangalore	5	5	5			
2022/01/23 12:00:00	Rohini Gupta	Student	The Oxford college of pharmacy	5	5	5		Good	
2022/01/23 12:00:00	Anya Lakshmi	Student	The Oxford college of pharmacy	5	5	5			
2022/01/23 12:00:00	Angshu Pratibha A J	Student	The Oxford college of pharmacy	5	4	4			
2022/01/23 12:00:00	Shruti	Pharm D 1ST year	The Oxford college of pharmacy	4	4	5			
2022/01/23 12:00:00	Shwetha Maneeb	Student	The Oxford college of pharmacy, Bangalore	4	5	5			
2022/01/23 12:00:00	ANUSUKA	STUDENT	THE OXFORD COLLEGE OF PHARMACY	5	5	4		NO	
2022/01/23 12:00:00	Muktha Chandrasekhar	Student	The Oxford college of pharmacy Bangalore	5	5	5			
2022/01/23 12:00:00	Ramaneesh Jain	Student	The Oxford college of pharmacy	4	4	4			
2022/01/23 12:00:00	ANASUYA PATIL	Association Profesi	Bangalore	5	5	5		Wonderful presentation on DMS	
2022/01/23 12:00:00	Shreya Patil	Student	The Oxford college of pharmacy	5	5	5			
2022/01/23 12:00:00	Neelha T P	Student	The Oxford college of pharmacy	4	4	4		No	
2022/01/23 12:00:00	Shwetha	Student	The Oxford College of Pharmacy Bangalore	5	5	5		ITS very useful webinar	
2022/01/23 12:00:00	ANUSUKA	Student	The Oxford college of pharmacy	5	5	5			
2022/01/23 12:00:00	Anurag Jain	Student	The Oxford college of pharmacy, Bangalore	5	5	5		Good	

2022/01/23 12:00:00	ANUSUKA K SUMAR	ASST. PROFESSOR	The Oxford college of Pharmacy, Bangl	5	4	4			
2022/01/23 12:00:00	Aryan Kar	Student	The Oxford College of Pharmacy	5	4	4			
2022/01/23 12:00:00	Saanya D	Student	The Oxford college of pharmacy	5	4	4		No	
2022/01/23 12:00:00	Chavvurali Mishra	Student	The Oxford college of pharmacy	4	4	4		No	
2022/01/23 12:00:00	Tarunya Kharam	Student	The Oxford college of pharmacy, Bangl	5	5	5			
2022/01/23 12:00:00	CHANDRANA N	Student	The Oxford college of pharmacy, Bangl	4	4	4		No	
2022/01/23 12:00:00	Anita Manjitha Sh	Student	The Oxford College of Pharmacy Bangalore	5	4	4		We should have weekly webinars like this so we can improve our knowledge and communication skills.	
2022/01/23 12:00:00	ANUSUKA	STUDENT	THE OXFORD COLLEGE OF PHARMACY	5	5	5		NO	
2022/01/23 12:00:00	Shruti	Student	The Oxford college of pharmacy, Bangl	5	4	4		Thanking you for your valuable information	
2022/01/23 12:00:00	ANUSUKA	Student	The Oxford college of Pharmacy, Bangl	4	4	4			
2022/01/23 12:00:00	ANUSUKA	Student	The Oxford college of pharmacy, Bangl	5	4	4		Thanking you for your valuable information	
2022/01/23 12:00:00	Srinidhi Kar	Associate professor	The Oxford college of pharmacy Bangalore	5	5	5		Good topic	
2022/01/23 12:00:00	ANUSUKA	Student	The Oxford college of pharmacy	5	5	5		it was good	
2022/01/23 12:00:00	ANUSUKA	STUDENT	The Oxford College of Pharmacy	5	4	4			
2022/01/23 12:00:00	Anushree B	Student	The Oxford College of pharmacy	5	4	4			
2022/01/23 12:00:00	Madhava Prasad	Principal	The Oxford College of Pharmacy	5	5	5			
2022/01/23 12:00:00	ANUSUKA	Asst Professor	The Oxford college of pharmacy	5	5	5			
2022/01/23 12:00:00	Anvita Bhatia	Assistant professor	The Oxford college of pharmacy	5	5	5			
2022/01/23 12:00:00	ANUSUKA	Associate Professor	The Oxford college of Pharmacy Bangalore	5	5	5		No	
2022/01/23 12:00:00	ANUSUKA	Professor	Bangalore	5	4	4			
2022/01/23 12:00:00	Anvita Bhatia	Associate professor	Hier Madhavara Sanjayi Rangpuru insti	5	4	4		Very much appreciated the contents, continue such types of webinar in the future if	

The objective of the webinar was achieved. The overall session was beneficial to all the participants attended. This webinar would definitely help the participants to implement the knowledge gained during webinar in their research work for fruitful results.

-----END OF REPORT-----

THE OXFORD COLLEGE OF PHARMACY

Pharmacy Practice Department, Bangalore

“IMPORTANCE OF PROFESSION READY TRAINING”

29th of JANUARY 2022

REPORT

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

COMMITTEE MEMBERS

Mrs. MERIN SUSSAN ABRAHAM
Dr. SRIPRIYA C
Dr. JUVERIA BANU
THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

Dr. G PARTHASARATHY

Professor & Head of the Department of Pharmacy Practice.

Date: 29 JAN 2022

Time: 10:00 AM

PREAMBLE

The Oxford College of Pharmacy, department of pharmacy practice, Bangalore Organized a FREE WEBINAR on "IMPORTANCE OF PROFESSION READY TRAINING" in Clinical Research & Pharmacovigilance on 29th JAN 2022. There were totally 165 participants attended the webinar and the certificate for delegates generated through online

The event was organized by the department of pharmacy practice headed by Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy and the webinar was started by the Introduction of Importance of professional training & Readiness for successful industrial placement

The speaker was Mr. Vishal Choudhari, head of operations, CLINI INDIA. Delivered the importance of session. This session will help candidates to be prepared and take a step ahead for their career.

ABOUT THE SESSION

It gives immense pleasure to introduce Clini India. an ISO 9001: 2015 CERTIFIED CLINICAL RESEARCH TRAINING INSTITUTE. They are a progressive and premier clinical research training and placement institute that has rapidly gained a good reputation and continued throughout with excellence through its innovative approach in clinical research training & placement. Clini India successfully completed 11 years in the market with winning multiple awards in training and placement. Excellence in training brings all top recruiters under one roof which involves IT healthcare, Contract Research Organization, Site management organization, Pharmaceutical companies, Biotech companies, Super speciality hospitals, etc. Clini India has its active campuses in Pune, Mumbai, Bangalore & Hyderabad.

Visit- www.cliniindia.com

- understand about the industry expectation from a fresher
- How you have to prepare and be ready
- What are the secrets to achieve a higher package in a reputed organization
- How online training will be and what it covers?
- What are the advantages of it?
- How actually placement happens?



THE
Oxford
COLLEGE OF PHARMACY

ORGANIZING WEBINAR
in association with **CLINI INDIA**



*"Importance of Professional Training & Readiness
for Successful Industrial Placement"*

Date: 29 Jan 2022, 10 AM

What will you learn?

- It will make you understand about the industry expectation from a fresher
- How you have to prepare and be ready- What are the secrets to achieve a higher package in a reputed organization- How online training will be and what it covers?
- What are the advantages of it?
- How actually placement happens?

SPEAKER



Mr. Vishal Chaudhary
Head of Operations
CLINI INDIA

Sri, SNVL Narasimha Raju
Chairman / Chief Patron

Dr. Padmaa M. Paarakh
Principal/ Convener

Dr. G. Parthasarathy
Professor and HoD
Organizing Secretary



WEBINAR on "IMPORTANCE OF PROFESSION READY TR...
Please install the Teams to view...
-click-google.com

WEBINAR on "IMPORTANCE OF PROFESSION READY TRAINING AND PLACEMENT PROGRAM" on the most booming industry, Clinical Research, Pharmacovigilance, and associated domains

Organized by **The Oxford college of Pharmacy** in association with **CLINI INDIA**

Date & Timing -b
29th January 2022 (Saturday)
at 10.00 a.m.
(Kindly join 10 min early)

Registration link -
<https://forms.gle/TveAYCDa9G27qC8G7>

Joining link -
<https://bit.ly/3ueZnbs>

- If you are joining a session by

THE OXFORD COLLEGE OF PHARMACY

DEPARTMENT OF PHARMACEUTICS

Webinar on

DIGITALIZATION OF PHARMA INDUSTRIES:

CHALLENGES & OPPORTUNITIES

4th February, 2022

Session – Report

Organizing Secretary

Dr. Gururaj S Kulkarni

HOD and Professor, Dept. of P^harmaceutics

The Oxford College of Pharmacy

Conveners

Dr. Padmaa M Paarakh

Principal

The Oxford College of Pharmacy

Resource Person:

Dr. Rajkumar Aland

Date: 4th February 2022, Friday

Time: 11 AM to 12 PM

PREAMBLE

The Department of Pharmaceutics conducted the webinar on “DIGITALIZATION OF PHARMA INDUSTRIES: CHALLENGES & OPPORTUNITIES” for the students, scholars and teaching faculties. There were totally around 129 participants, from various other institutions which included faculties, research scholars, undergraduates and post graduates.

Dr. Rajkumar Al and delivered the lecture.

The content delivered in the webinar is as follows:

The impact and use of digital platforms in the field of pharmacy was discussed in this session.

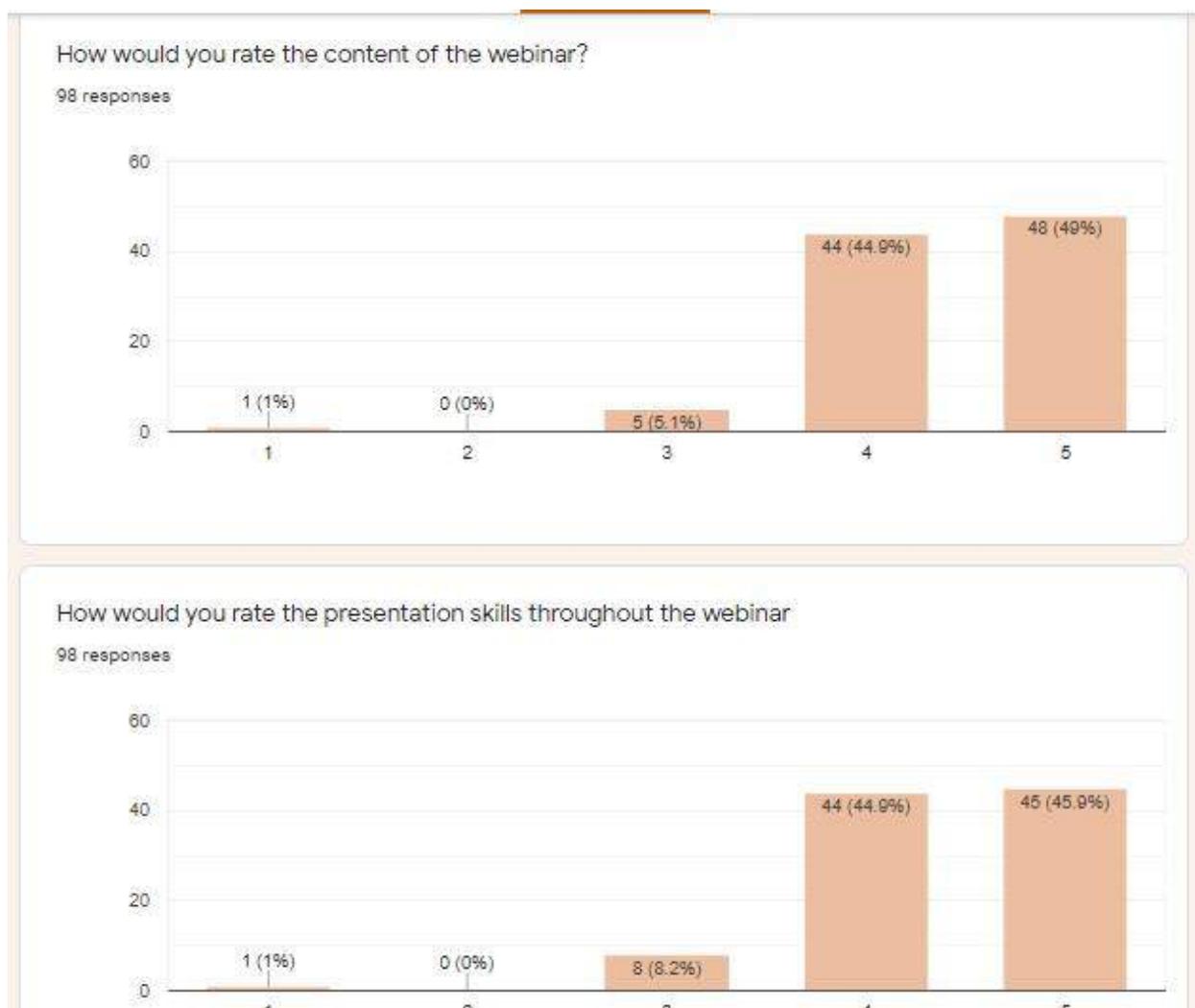
The Speaker of the Session Dr.Rajkumar Aland presented the keynote address on “DIGITALIZATION OF PHARMA INDUSTRIES:CHALLENGES & OPPORTUNITIES”.

Digitization allows companies to fully integrate their supply chains and improve operational processes, making them more adaptive and responsive. ... Given the rapid pace of change in technology, pharma companies need to make digitization of their operations and supply chain a priority, starting today. Digitalization of any manufacture industry is a key step in any progress of the production process. The process of digitalization includes both increased use of robotics, automatization solutions and computerization, thereby allowing to reduce costs, to improve efficiency and productivity, and to be flexible to changes.

Digitalization in PI can bring several advantages like reduced production costs, improved quality reduced capacity restrictions. While the use of a digital platform can improve processes in a variety of ways, including data collection, real-time sharing of trial results, and the capacity to track various aspects of productions.

Also the feedback about the session was collected from all the participants to improve the sessions that will be conducted in the mere future. The sample details collected from the participants is as follows:

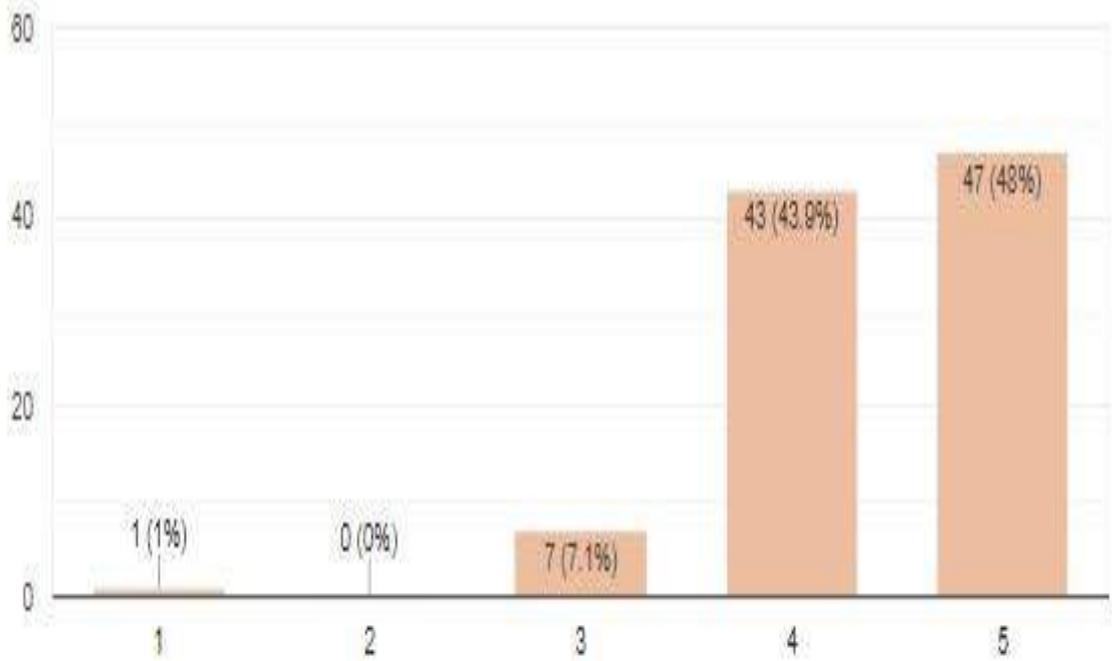
PLEASE ADD HERE GRAPH SHEET OF FEEDBACK



How would you rate the overall webinar experience



98 responses





CHILDREN'S EDUCATION SOCIETY (R)

THE OXFORD COLLEGE OF PHARMACY

DEPARTMENT OF PHARMACEUTICS

About Us

The Oxford College of Pharmacy, one of the flagships of Oxford Group of Institutions, managed by Children's Education Society (Regd.), was established in the year of 1992. Our institution has a well-qualified and dedicated staff, well-developed infrastructural facilities, committed management. We all work as a team towards a common vision to produce next-generation pharmacists. The Oxford College of Pharmacy is modeled to provide a scholarly environment to the students with strong industrial links. The Oxford College of Pharmacy has always aimed at developing students into good citizens who are not only good human beings but also capable of contributing to the improvement of the pharmacy profession in particular and society in general. In pursuit of this goal, students of The Oxford College of Pharmacy are provided with a strong foundation that lays equal emphasis on sound education, inculcation of a positive mental attitude and the skills to succeed in the career. We are the one who believes in "Don't be afraid to give up the good to go for the great" (John D. Rockefeller)

About Department

Pharmaceutics is a multidisciplinary field concerned with the creation, manufacture, and characterization of dosage forms/Novel drug delivery systems, as well as the disposition and activity of pharmaceuticals in the body. Students are educated in everything from basic ideas to the most recent breakthroughs in pharmaceutics and pharmaceutical technology.

The department strives to promote a strong multidisciplinary, team-based approach to development of formulation and drug delivery, which encompasses a wide range of activities in the field of drug formulation and delivery. Faculty and students in the department work together to develop novel formulations through support of institution, research grants by AICTE, RGUHS, and other research funding agencies. We also approach to pharma industries for industrial projects, and other means. The Department of Pharmaceutics performs research and formulation development with the goal of enhancing patient care by maximizing therapeutic efficacy while reducing drug toxicity.

Department of Pharmaceutics

The Oxford College of Pharmacy, Bangalore
(Approved by PCI, Govt of Karnataka, Affiliated to RGUHS, & Accredited by NAAC B+).

Organizing a Webinar Under IQAC

On

"DIGITALIZATION OF PHARMA-INDUSTRIES: CHALLENGES & OPPORTUNITIES"

By



Dr. Rajkumar Aland

On

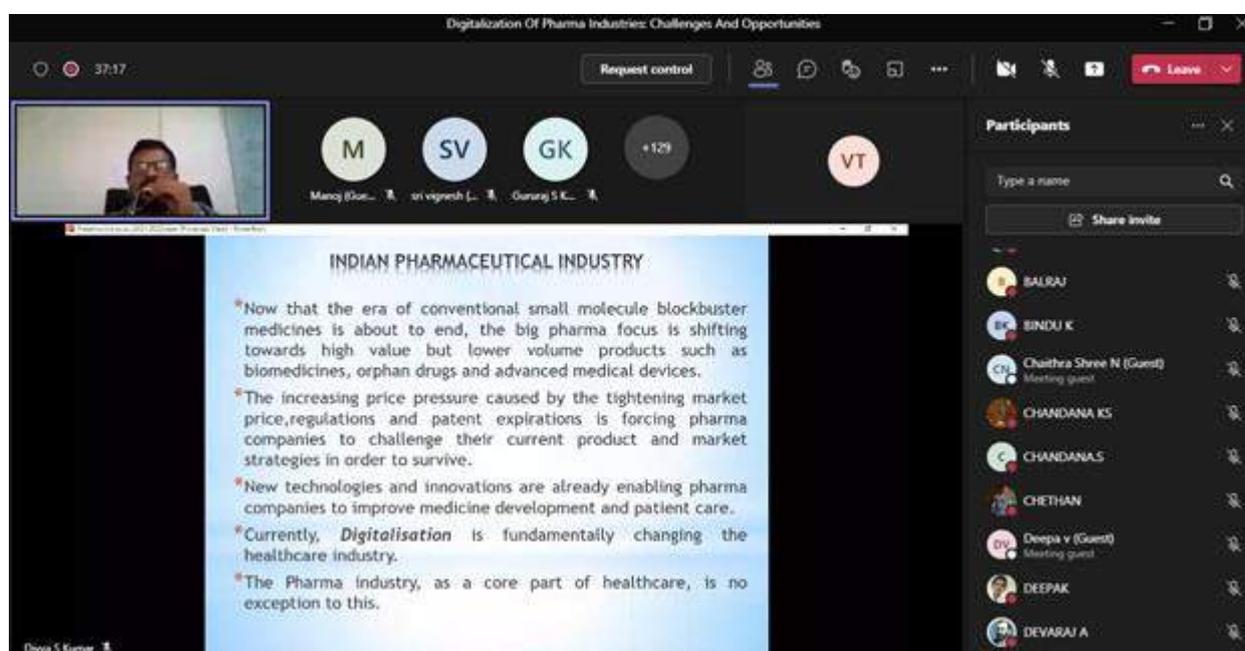
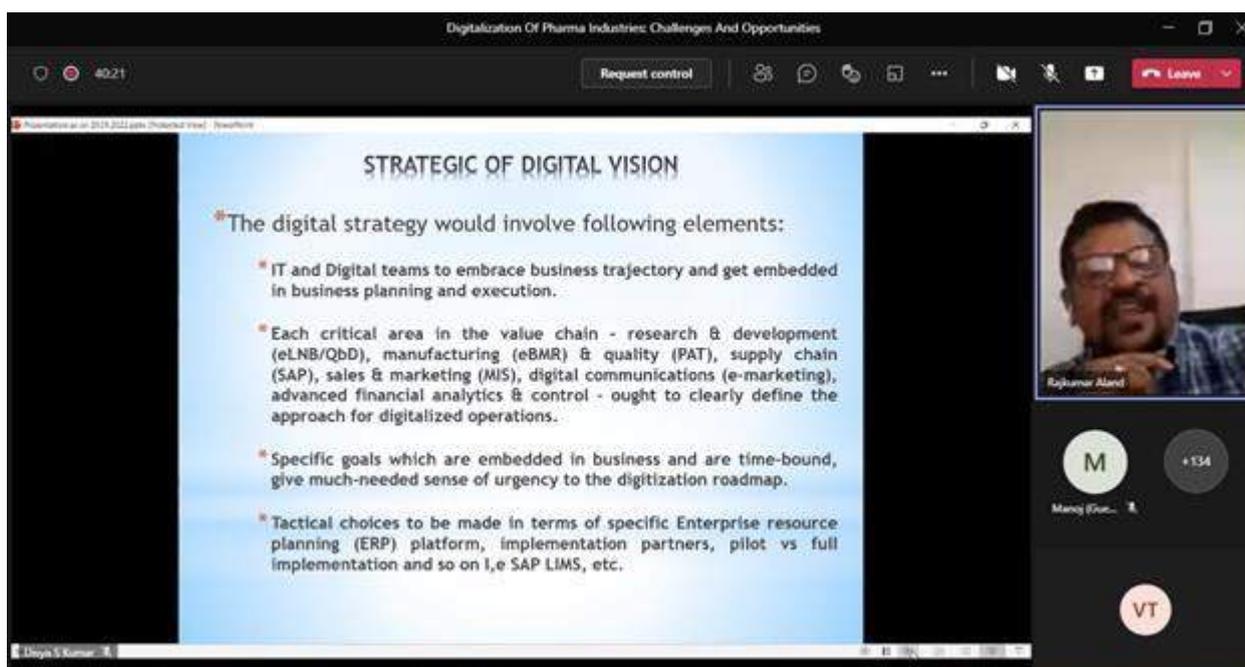


04-02-2022

@

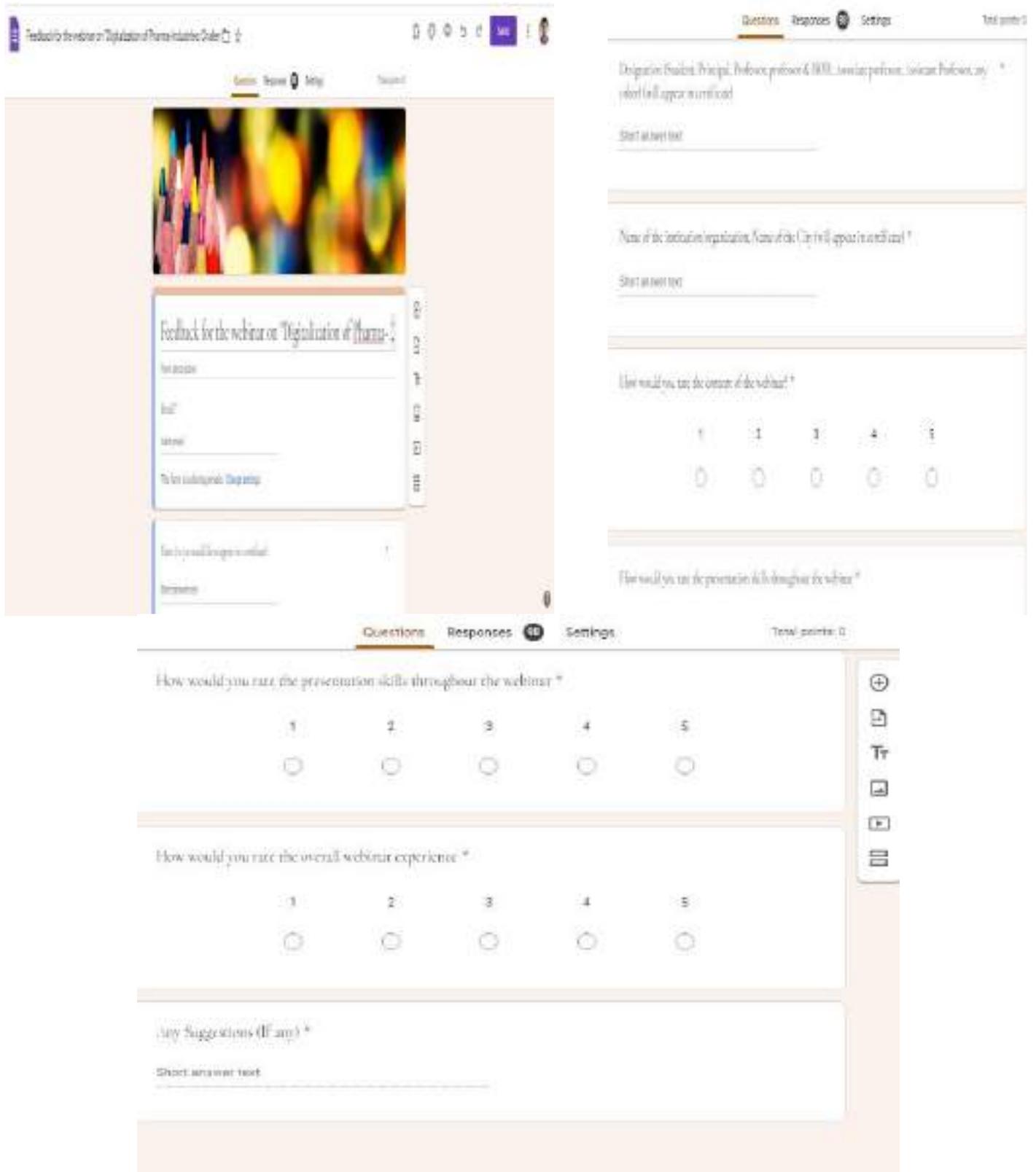
11 AM.

This programme is arranged in the motive of sharing the knowledge and practical experience of Dr. Rajkumar Aland, who has a long years of experience in pharmaceutical research field and in the industry. The overall organization and deliverance of the webinar was helpful and satisfied the participants.



(Dr. Rajkumar Aland interacting with the faculties and students)

FeedbackForm



The image shows a Google Forms interface for a feedback form. The form is titled "Feedback for the webinar on Digitalization of Pharmacy". It contains several questions:

- Question 1:** "Designation (President, Principal, Professor, professor & DRB, Senior pharmacist, Assistant Professor, any other) (will appear in certificate) *". It is a short answer text question.
- Question 2:** "Name of the institution/organization, Name of the City (will appear in certificate) *". It is a short answer text question.
- Question 3:** "How would you rate the content of the webinar? *". It is a multiple choice question with five options: 1, 2, 3, 4, and 5.
- Question 4:** "How would you rate the presentation skills throughout the webinar? *". It is a multiple choice question with five options: 1, 2, 3, 4, and 5.
- Question 5:** "How would you rate the overall webinar experience? *". It is a multiple choice question with five options: 1, 2, 3, 4, and 5.
- Question 6:** "Any Suggestions (If any) *". It is a short answer text question.

The interface also shows navigation tabs for "Questions", "Responses", and "Settings", and a "Total points: 0" indicator.

*Feedback form: *<https://forms.gle/VtSq7aTovBPHsdBo6>

Sample Feedback Responses obtained through Google form from the participants.

Feedback for the webinar on "Digitalization of Pharma Industries: Challenges & Opportunities" (Responses)

Timestamp	Email Address	Name (As you would like to go)	Designation/Student	Principal Name of the institution/organization	Name of the firm you rate the	How would you rate the	How would you rate the	How would you rate the	Any Suggestions
24/02/22 11:25:48	hikarochoudhary@gmail.com	Dr Vikram T	Assistant professor	The Oxford College of Pharmacy		5	5	5	5 Nil
24/02/22 11:55:28	kushanraj04@gmail.com	KUSHAN RAJ P	student	THE OXFORD COLLEGE OF PHARMACY		4	4	4	4 no
24/02/22 11:55:35	yashika1111@gmail.com	Yashika V	Student	The Oxford college of pharmacy		3	3	3	3 Nil
24/02/22 11:55:42	babuaksh026@gmail.com	Rakesh Babu S.H	Student	The Oxford College of Pharmacy Bangalore		5	5	5	5 Nothing
24/02/22 11:55:48	Hikita1321@gmail.com	Hikita Chandrabhalat	Student	The Oxford college of pharmacy Bangalore		5	5	5	5 Useful
24/02/22 11:55:48	parashram12118@gmail.com	Parashram M	Student	The Oxford college of pharmacy, bangalore		5	4	5	5 None
24/02/22 11:55:49	preraj001951@gmail.com	Preraj Raj T	Student	The Oxford college of pharmacy		4	4	4	4 Nothing
24/02/22 11:55:53	divyansh158@gmail.com	Divyansh T	Student	The Oxford college of pharmacy		5	5	5	5 Nothing
24/02/22 11:55:55	monshreddis13@gmail.com	Monika S	Student	The Oxford college of pharmacy		4	4	4	-
24/02/22 11:55:57	vedantakhatke@gmail.com	Monika S.C	Student	The Oxford College of Pharmacy		4	4	4	-
24/02/22 11:55:58	yograj110@gmail.com	Yograj R	Student	The Oxford college of pharmacy		5	5	5	5 Nil
24/02/22 11:55:58	yashika1675@gmail.com	Yashika N	Student	The Oxford college of pharmacy		4	2	4	4 Nil
24/02/22 11:56:08	divya akumar 1984@gmail.com	DIVYA S KUMAR	Asst Professor	The Oxford College of Pharmacy Bangalore		4	4	4	4 Nil
24/02/22 11:56:11	madhukrishna@gmail.com	Monika Indian	Student	The Oxford college of pharmacy Bangalore		4	5	5	5 Nil
24/02/22 11:56:18	shrayanee032@gmail.com	Shraya shree N	Student	The Oxford college of pharmacy		4	4	4	4 Nothing
24/02/22 11:56:12	vedraj148@gmail.com	Monika Singh	Student	The Oxford college of pharmacy		4	4	4	4 Good
24/02/22 11:56:12	abhishek049@gmail.com	Abhishek J	Student	The Oxford College of pharmacy		4	4	4	4 Nothing
24/02/22 11:56:13	vaseegaranarayanan123@gmail.com	Valeria S Sivasubashini	Student	The Oxford College of Pharmacy		4	5	5	5 Nil
24/02/22 11:56:17	mbsar045@gmail.com	M SARAJ	STUDENT	THE OXFORD COLLEGE OF PHARMACY		5	5	5	5 Nil
24/02/22 11:56:27	ankitaapta3197@gmail.com	Ankita Gupta	Student	The Oxford college of pharmacy		5	5	5	5 Good
24/02/22 11:56:28	rudambikaasacty49481@gmail.com	Rudambika M	Student	The Oxford college of pharmacy Bangalore		5	5	5	5 Nothing
24/02/22 11:56:32	harshithapillai@gmail.com	Karishk K Hegde	Student	The Oxford College of Pharmacy		4	4	4	4 Nothing
24/02/22 11:56:37	arunavardhan123@gmail.com	ARUNAVARDHAN	STUDENT	The Oxford college of pharmacy		5	5	5	5

The objective of the webinar was achieved. The overall session discussion benefitted the faculties and research scholars. Digitalization in the pharmaceutical industry, when implemented right, can improve product and process quality. Most pharmaceutical organizations are hesitant to implement digital manufacturing techniques because they were concerned that their systems, data, and people were not ready. However, many firms have realized that waiting is not an option and have begun experimenting with digitization. While the use of a digital platform can improve processes in a variety of ways, including data collection, real-time sharing of trial results, and the capacity to track various aspects of production.



THE OXFORD COLLEGE OF PHARMACY

Cultural Committee, IQAC, Bangalore

“International Yoga Day 2022”

21st of June 2022

REPORT

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

COMMITTEE MEMBERS

MS. NAGALAXMI R
MRS. DIVYA S KUMAR
THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. A.Sravanthi
Assistant Professor, Department of Pharmacology.

Date: 21st June 2022

Time: 10:00 AM



PREAMBLE

The Oxford College of Pharmacy, Cultural Committee, IQAC, Bangalore celebrated “International Yoga Day” on 21st June 2022. There are totally 50 participants of students of different classes.

Mrs. A.Sravanthi, Assistant Professor, department of Pharmacology organized the event on the occasion of “International Yoga Day.”

The content for Poster Competition:

“International day 2022” celebration was organized by The Oxford College of Pharmacy, Bangalore by an live event on theme “Yoga for Humanity”. The program was arranged on 21st June 2022. There are totally 50 participants of students of different classes.

This event was arranged on 21st June 2022 in Room No.402 (Health Center) of (The Oxford College of Pharmacy, Bangalore) in between 10:00 to 11:00AM. All Participants actively participated in these events by encouragement of Mrs.A.Sravanthi.

Convener, Dr. Padmaa M Paarakh, Principal of The Oxford College Of Pharmacy started the event with addressing the students. She congratulated all the participants for taking part in competition.

Dr. Noopur Shrivastava, Associate Professor, Department of Pharmacology was given importance of celebrating International Yoga day .Every year, **International Yoga Day** is observed on June 21st in a bid to raise awareness about unique method of meditation that helps you establish peace within. This year, the theme of the day is ‘Yoga for Humanity’ with an aim “ to bring awareness among the students and staff members on how you achieve balance, relieve stress and improve health.

At last, Mrs. A.Sravanthi thanked to every participants who actively participated in this event and encouraged to take part in such events.





Cultural Committee, IQAC, Bangalore

“National Sports Day Celebration 2022”

29th of August 2022

REPORT

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

COMMITTEE MEMBERS

MS. NAGALAXMI R
MRS.DIVYA S KUMAR
THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

Dr. G VENKATA KARTHIK KUMAR REDDY
Assistant Professor, Department of Pharmacology.

Date: 29th of August 2022

Time: 03:00 PM



PREAMBLE

The Oxford College of Pharmacy, Cultural Committee, IQAC, Bangalore celebrated “National Sports Day” on 29th August 2022. There were totally 50 students of different classes.

Dr. G Venkata Karthik Kumar Reddy, Assistant Professor, Department of Pharmacology organized the Seminar on the occasion of “National Sports Day”.

The content of the session :

“National Sports Day 2022” celebration was organized by The Oxford College of Pharmacy, Bangalore by organizing seminar on theme “Ignite your inner athlete by coming together”. The program was arranged on 29th August 2022. There were totally 50 students of different classes.

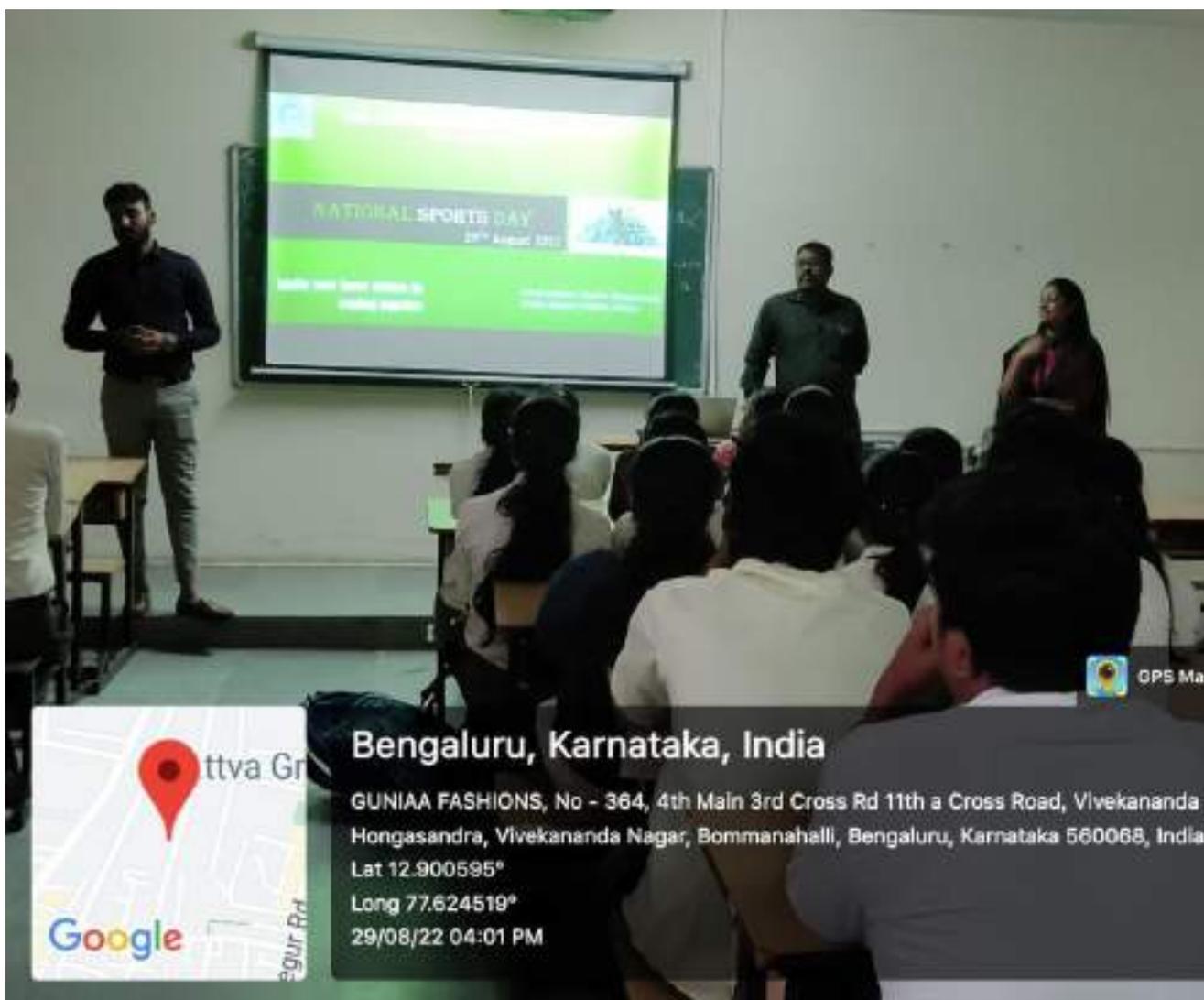
This Seminar was arranged on 29th August 2022 in Room No.506 of (The Oxford College of Pharmacy, Bangalore) in between 3:00 to 4:00PM. All Participants actively attended in this seminar by encouragement of Dr. G Venkata Karthik Kumar Reddy. Convener, Dr. Padmaa M Paarakh, Principal of The Oxford College Of Pharmacy started the seminar with addressing the students. She congratulated all the participants for taking part in seminar.

Dr. Noopur Srivatsava , Associate Professor, Department of Pharmacology and Dr. Parthasarathy G , Professor and HOD , Department of Pharmacy Practice was given importance of celebrating National Sports Day 2022. National Sports Day is observed on 29 August every year to commemorate the birthday of Indian hockey legend Major Dhyan Chand and Sports are important for the physical and mental well-being of humans.

This year, the theme of the day is “Ignite your inner athlete by coming together ” Building your inner athlete is a process that takes self-awareness. Always keep in mind the time and energy you put into your workouts. Have a vision of what you want to physically change.our emotional strength is at the core of your inner athlete’s health. Taking care of yourself emotionally increases endorphins and makes the difficult possible.

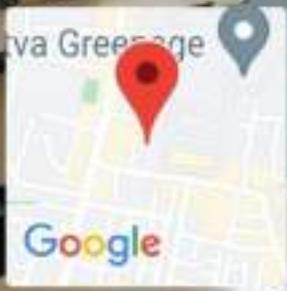
Being in control of your feelings and behaviors and facing the competition is part of the inner athlete’s obstacles. Staying motivated for your future sporting events reminds you that you’ve got what it takes. Feeling happy, energetic, and fearless opens opportunities to new challenges.

At last, Dr. G Venkata Karthik Kumar Reddy, thanked to every participants who actively participated in this event and encouraged to take part in such seminars.





 GPS Map Camera



Bengaluru, Karnataka, India

No 6/9, Ground Floor, 1st Cross, Begur Rd, Hongasandra, Hongasandra,
Bengaluru, Karnataka 560068, India

Lat 12.900172°

Long 77.627771°

29/08/22 03:58 PM