



Children's Education Society (Regd.)

# The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka;  
Approved by Pharmacy Council of India, New Delhi)

**Capacity Building and Skill Enhancement Initiatives taken by the Institution including circular, brochure, report, photos and certificate for Academic Year 2023-2024.**

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*P. Padma*  
PRINCIPAL  
The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra,  
Bengaluru - 560 068



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## Capacity Building and Skill Enhancement Initiatives taken by the Institution during the year 2023-24

Skill enhancement initiatives		
	No. of program	No. of students participated
Soft skill program	7	317
Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)	7	490
Language and communication skills	5	192
ICT skills/Awareness of trends in technology	6	235
<b>Total</b>	<b>24</b>	<b>1234</b>



- Soft skill program
- Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
- Language and communication skills
- ICT skills/Awareness of trends in technology



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Soft Skills		
S No	Event	Number of Participants
		67
1	Designing Resumes: Overview	75
2	The Importance of Discipline and Professionalism in Pharmacy	40
3	Interview Facing Skills	29
4	Usage of Animals in research work	25
5	Overview of Literature Survey and Writing a Research Paper	
6	Empirical Learning on Handling and Sampling Using Research Animal Techniques	50
7	ADR Monitoring	31
Life Skills		
S No	Event	Number of Participants
1	The Importance of Discipline and Professionalism in Pharmacy	75
2	Best Professional Practices to be adopted for Inter-Disciplinary Research	47
3	Awareness Session on Stress Management	44
4	Life Skills Program: Health And Fitness	50
5	Stress And Its Management I	113
6	Stress And Its Management II	49
7	International Yoga Day	112
Language and Communication Skills		
S No	Event	Number of Participants
1	English Language Skills For students from rural Background	67
2	English language class for enhancing language skill	30
3	Kannada language class for enhancing language skill	30
4	Improving Communication Skills to Face Interviews	40
5	Art of Oral Project Presentation Skills	25
ICT		
S No	Event	Number of Participants
1	Orientation Program on Ex Pharm Series	23
2	The Design of Experiment (DOE) Orientation Program	14
3	Introduction To Rx-Edu and Its Application in Clinical Pharmacy Practice	45
4	Applications of Ms Office	91
5	In-Silico Docking Studies and Their Application	53
6	Orientation Programme on Autodoc Vina Software	9
<b>TOTAL</b>		<b>1234</b>

*P. Pradip*  
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy  
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DATE: 20/10/2023

**CIRCULAR**

All the students of The Oxford College of Pharmacy are hereby informed that a session on "Designing Resumes: Overview" for the Academic Year 2023-24 will be conducted on 27/10/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

*P. Padma*  
PRINCIPAL

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The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068

Cc

1. Office
2. All Departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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## The Oxford College of Pharmacy

Bengaluru

Organize

Soft Skill Program  
on

# "Designing Resumes: Overview"

11:00 am to 12.00 pm

27.10.2023

Venue: 503, 5th Floor, TOCP



Key note Speaker

Mr. Sairam JR B.Tech

Sr. Software Consulting Engineer

Cisco Systems, India

Chief Patron

Dr. S.N.V.L.Narasimha Raju

Chairman

The Oxford Educational Institutions

Convenor

Dr. Padmaa M Paarakh

Principal

The Oxford College of Pharmacy

Organizing Secretary

Mrs. Ammapalli Sravanthi Gupta

Assistant Professor

The Oxford College of Pharmacy

Organized by Department of Pharmacology, TOCP

Brochure



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068

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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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### PREAMBLE

Resume writing plays a critical role in any organization. It's a means of communicating important information to stakeholders, such as management, clients, and colleagues. The importance of clear communication in the workplace can't be overstated. Effective resume writing ensures that information is conveyed in a clear, concise, and organized manner. This helps decision-makers make informed choices.

### CONTENT OF THE SESSION

On 27/10/2023, The Oxford College of Pharmacy organized a session on Designing Resumes: Overview. The objective of this session was to inspire students to prepare good Resume that would help them to secure a credible position in a reputed organization. The event was based on how to prepare a resume, various types of resume and its importance with respect to job interviews. For this event the speaker was Mr. Sairam J R. The event started with the welcome note by Mrs. A Sravanthi Gupta. The session started with knowledge and information on how to go about building a solid resume for landing that dream employment call. The resource person also entertained the various queries which came from the participants regarding how to prepare a suitable resume for various job openings.

The program was attended by 85 students from B. Pharm and M. Pharm, along with staff. Mrs. A.Sravanthi, the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.



Speaker addressing the students



Interaction with the Students



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### LIST OF PARTICIPANTS

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	KRUTHIC REVANTH	Kruthic
2.	KRUTHIKA S.G	Kruthika
3.	MADHU SHREE R	Madhu
4.	MANOHAR K	Manohar
5.	MANOJ KUMAR	Manoj
6.	MANSI BEN MAHESH	Mansi
7.	MEGHANA.S	Meghana S
8.	MEGHANA.S.NADGIR	Meghana
9.	MITHUN.N	Mithun
10.	MONIKA.S.REDDY	Monika
11.	MONIKA.N	Monika
12.	NASIBA NK	Nasiba
13.	NIDHISHREE S	Nidhi
14.	NIKSHEP	Nikshep
15.	P.JEEVITHA	Jeevitha
16.	PALLAVI S	Pallavi
17.	PREETHU.K	Preethu K
18.	RAKSHITHA S	Rakshitha
19.	SADAF FAROOQ	Sadaf
20.	SAHANA H.S	Sahana
21.	SAMARPITA NATH	Samarpita
22.	SANDRA S S	Sandra
23.	SANJANA	Sanjana
24.	SAPNA	Sapna
25.	SAVITHA S	Savitha
26.	SAYAK KULEY	Sayak
27.	SHAIK HUMAYUN	Shaik
28.	SHAMITHA JAIN S A	Shamitha
29.	SHOMOJIT DAS	Shomjit
30.	SHRAVYA	Shravya
31.	SINCHANA URS	Sinchana
32.	SNEHA R V	Sneha R V
33.	SNEHA BINU	Sneha
34.	SONAM CHOEDON	Sonam
35.	SWATHI JANA	Swathi
36.	TEJASHWINI N	Tejashwini N
37.	THARUN K	Tharun
38.	THYAGARAJ. S	Thyagaraj
39.	TRISHA.L	Trisha
40.	VARSHITHA A	Varshitha A
41.	VIDYA SHREE R	Vidya
42.	VINOD KUMAR	Vinod Kumar





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43.	YASHASWINI M U	<i>Yashaswini</i>
44.	HARDEEK	<i>Hardeek</i>
45.	PRAVEEN A	<i>Praaveen A</i>
46.	PUNEET S	<i>Puneet</i>
47.	RAKESH KP	<i>Rakesh KP</i>
48.	SHYLESH	<i>Shylesh</i>
49.	VINOD KUMAR	<i>Vinod</i>
50.	YASHASWINI M U	<i>Yashaswini</i>
51.	HARDEEK	<i>Hardeek</i>
52.	PRAVEEN A	<i>Praaveen</i>
53.	PUNEET S	<i>Puneet S</i>
54.	RAKESH KP	<i>Rakesh</i>
55.	SHYLESH	<i>Shylesh</i>
56.	MADHU CHANDRA	<i>Madhus</i>
57.	ANIL KUMAR	<i>Anil</i>
58.	KUSHAN RAJ	<i>Kushan</i>
59.	MAHESH KUMAR	<i>Mahesh K</i>
60.	UMME HABIBA	<i>Umme</i>
61.	BINDU K	<i>Bindu</i>
62.	ANKITHA NIDHI REDDY	<i>Ankitha</i>
63.	SANJAY	<i>Sanjay</i>
64.	MAHANTESH GOUDA	<i>Mahanta</i>
65.	HAMSA	<i>Hamsa</i>
66.	MOHAMMAD YASEEN	<i>Yaseen</i>
67.	MANOHAR	<i>Manohar</i>



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### OUTCOME

The outcome of the seminar on Designing Resumes: Overview was resoundingly positive, with the active participation of 67 students. After attending this seminar, students understood the importance of resume for the purpose of getting a job and how they can go about preparing a resume as per the need of the hour. They learnt the significance of having a specific resume for a specific job opening or as per the domain of the organization. The seminar enables the student to have a thorough understanding on how to write a good resume that lands you an interview.

END OF REPORT



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



THE OXFORD COLLEGE OF PHARMACY  
# 6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA,  
BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Anil Kumar of M. Pharm II yr  
has participated in the “**DESIGNING RESUMES: OVERVIEW**” organized by the  
Department of Pharmacology on 27-10-2023.

MRS. AMMAPALLI SRAVANTHI  
GUPTA  
COORDINATOR

DR. PADMAA M PAARAKH  
PRINCIPAL



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BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Shylesh of B. Pharm IV Yr  
has participated in the “DESIGNING RESUMES: OVERVIEW” organized by the  
Department of Pharmacology on 27-10-2023.

MRS. AMMAPALLI SRAVANTHI  
GUPTA  
COORDINATOR

DR. PADMAA M PAARAKH  
PRINCIPAL



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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Tatisha.C of B-pharm IV Yr  
has participated in the “DESIGNING RESUMES: OVERVIEW” organized by the  
Department of Pharmacology on 27-10-2023.

MRS. AMMAPALLI SRAVANTHI  
GUPTA  
COORDINATOR

DR. PADMAA M PAARAKH  
PRINCIPAL



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BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Mansi Ben Mahesh of B.pharm IV Yr  
has participated in the “DESIGNING RESUMES: OVERVIEW” organized by the  
Department of Pharmacology on 27-10-2023.

MRS. AMMAPALLI SRAVANTHI  
GUPTA  
COORDINATOR

DR. PADMAA M PAARAKH  
PRINCIPAL



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BENGALURU-560 068

THE  
*Oxford*  
COLLEGE OF PHARMACY

## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Sanjay of M. Pharm II<sup>nd</sup> Yr  
has participated in the “DESIGNING RESUMES: OVERVIEW” organized by the  
Department of Pharmacology on 27-10-2023.

MRS. AMMAPALLI SRAVANTHI  
GUPTA  
COORDINATOR

DR. PADMAA M PAARAKH  
PRINCIPAL



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DATE: 13/11/2023

### CIRCULAR

All the teaching, non-teaching staff, and students of The Oxford College of Pharmacy are hereby informed that a session on "The Importance of Discipline and Professionalism in Pharmacy" for the Academic Year 2023-24 will be conducted on 18/11/2023. We look forward to active participation in the same. All interested students are requested to submit their names to the event coordinator.

*P Padme*  
PRINCIPAL

PRINCIPAL  
The Oxford College of Pharmacy  
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Cc

1. Office
2. All departments



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CHILDREN'S EDUCATION SOCIETY (REGD.)

**THE OXFORD COLLEGE OF PHARMACY**

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

CORDIALLY INVITE YOU FOR THE GUEST LECTURE ON

**"THE IMPORTANCE OF DISCIPLINE AND PROFESSIONALISM IN PHARMACY"**



**SPEAKER**  
**DR. HIREMATH S P**  
Professor  
KLE College Of Pharmacy, Hubli

Organised by  
Department of Pharmaceutics

On 18/11/2023  
At 12:30PM-1:30 PM



CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU

Chairman

The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH

Principal

The Oxford College of Pharmacy

ORGANISING SECRETARY

Dr. Vikram.T

Assistant Professor

The Oxford College of Pharmacy

**BROCHURE**



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### PREAMBLE

In the dynamic and ever-evolving field of pharmacy, discipline and professionalism are paramount. They are not merely virtues to be upheld but essential attributes that underpin the ethical practice of pharmacy and the delivery of quality healthcare. This seminar aims to underscore the significance of discipline and professionalism in the context of pharmacy education and practice. It will delve into the core values that guide pharmacists, the ethical considerations that shape their decision-making, and the impact of discipline and professionalism on patient safety and satisfaction. By fostering a culture of discipline and professionalism, pharmacy institutions can contribute to the advancement of the profession and ensure that pharmacists are well-equipped to meet the ever-increasing demands of healthcare delivery.

### CONTENT OF THE SESSION

On 18th November 2023, The Oxford College of Pharmacy organized a seminar on "The Importance of Discipline and Professionalism in Pharmacy." The event, conducted in Room 506, had Dr. Hiremath S P, Professor at KLE College of Pharmacy, Hubli, as the distinguished resource person. The session aimed to emphasize the crucial role of discipline and professionalism in the field of pharmacy, particularly in fostering responsible, ethical, and effective practice among future pharmacists. Dr. Hiremath delivered an insightful keynote address, outlining the importance of discipline in ensuring precision and consistency in pharmaceutical tasks such as medication dispensing, patient counseling, and regulatory compliance. The seminar also focused on professionalism, highlighting how it cultivates trust between healthcare providers and patients. A total of 75 students of B. Pharm programs, along with faculty members, actively participated in the seminar, gaining valuable knowledge on the importance of these foundational values in pharmacy practice.

**Dr. Vikram.T**, the event organizer, concluded the program with a vote of thanks, expressing gratitude to **Chairman Dr. S.N.V. L. Narasimha Raju**, The Oxford Group of Institutions, and **Dr. Padmaa M. Paarakh, Principal**, for their continuous encouragement and support in organizing such impactful sessions.



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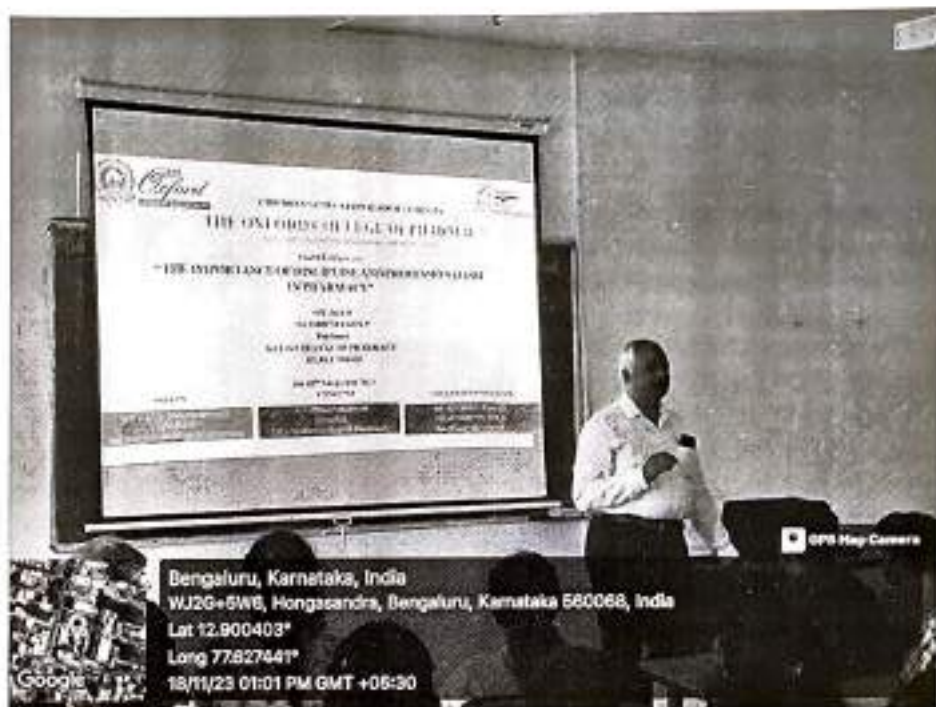
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Speaker Delivering Insights to the Students



Address by the Speaker to the students



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



Speaker Leading the Discussion with the Students



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## LIST OF PARTICIPANTS

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	ABHINAV ANAND	Abhinav
2.	ABHISHEK. H. PATIL	Abhishek H. Patil
3.	ABISHEKA. M	Abisheka
4.	ADITYA	Aditya
5.	AISHWARYA. S. P	Aishwarya
6.	AKASH. R	Akash
7.	AKSHITHA. A	Akshitha A
8.	ALLURI YASWANTH	Alluri Yaswanth
9.	ANBALAGAN. R	Anbalagan
10.	ANUPRIYA. K	Anupriya
11.	ANUSHKA SINGH	Anushka
12.	ARYAN OTTA. P. K	Aryan
13.	ASHWINI. B. S	Ashwin B.S.
14.	BHAGYASHREE. B	Bhagya
15.	BHARATH. B	Bharath
16.	BHOOMIKA. T	Bhoomika
17.	DEEPIKA. V	Deepika
18.	DEVENDRA. D	Devendra
19.	DHANUSH. R. K	Dhanush
20.	DILLIPKUMAR. E	Dilip Kumar
21.	DIPANJANA NAYEK	Dipanjana
22.	GANESH KUMAR	Ganesh
23.	GEETHA. M	Geetha
24.	GOKILAN. N	Gokilan
25.	GOWTHAM. V	Gowtham
26.	GUNASHREE. M	Gunashree
27.	HARIHARAN. M	Hariharan
28.	HARISH. G	Harish
29.	HARSHA. T	Harsha
30.	HEMASHREE. S	Hemashree
31.	JEEVA. B	Jeeva
32.	JOEL JOHN PHILIP	Joel John Philip
33.	JOSHITHA. K	Joshitha
34.	JOSHNI. D	Joshni D.
35.	KALAVATHI. K	Kalavathi
36.	KAVYA. K	Kavya
37.	KRITHIKA. S. K	Krithika
38.	KUSHAL GOWDA. H. C	Kushal
39.	LAVANYA. R	Lavanya
40.	LIKHITH. M	Likhitha



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42.	MEGHANA. R	Meghana R
43.	MOHITH. B. D	Mohith
44.	MONIKA. B. M	Monika
45.	MONISH. S	Monish. S
46.	MONISHA. R	Monisha
47.	MURALI. P	Murali
48.	NANDHA KUMAR. S	Nandha Kumar S
49.	NANDHISH KUMAR. P	Nandhish Kumar P
50.	NIKKI KUMARI	Nikki Kumari
51.	NITHYA. M	Nithya M
52.	NITU KUMARI. P	Nitu Kumari P
53.	PAVANA. M	Pavana M
54.	PAVANI. B	Pavani B
55.	PRAJWAL. L	Prajwal L
56.	PRAVIN KUMAR. M	Pravin Kumar M
57.	RAKSHITHA SHIVRAJ	Rakshitha Shivraj
58.	RAKSHITHA. S	Rakshitha S
59.	RASHMITHA. A. R	Rashmitha A. R
60.	RAVI CHANDRA. V	Ravi Chandra V
61.	RITESH KHEMKA	Ritesh Khemka
62.	ROHITH. V	Rohith V
63.	SANGEETA. N	Sangeeta N
64.	SARA ZAIBA	Sara Zaiba
65.	SARAN. R	Saran R
66.	SHAPTHAGIRI. J. M	Shapthagiri J. M
67.	SHILPA DAKU	Shilpa Daku
68.	SHIVAKUMAR. G	Shivakumar G
69.	SIRISHA. M	Sirisha M
70.	SIRISHA. S	Sirisha S
71.	SNEHA. H	Sneha H
72.	SRIE ARIA. V. R	Srie Aria V. R
73.	SUDHARSHAN. S	Sudharshan S
74.	SUSHMITA RANJAN	Sushmita Ranjan
75.	T. T. LALNUNPUIA	T. T. Lalnunpuia



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## The Oxford College of Pharmacy

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Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

### OUTCOME

The outcome of the seminar on "The Importance of Discipline and Professionalism in Pharmacy" was highly positive, with active participation from 75 students of B. Pharm programs. The session emphasized the significance of cultivating discipline and professionalism in the pharmacy field, which resonated strongly with the participants.

Students gained valuable insights into how maintaining discipline ensures accuracy in pharmaceutical practices, while professionalism fosters trust and ethical behaviour in patient care. The interactive nature of the seminar encouraged meaningful discussions and reflections, allowing students to better understand how these core values impact their future roles as pharmacists. Overall, the program successfully equipped students with the knowledge and motivation to incorporate discipline and professionalism into their educational and professional journeys.

END OF REPORT



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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# 6/9, 1ST MAIN, BEGUR ROAD,  
HONGASANDRA, BENGALURU-560 068

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*Oxford*  
COLLEGE OF PHARMACY

## PARTICIPATION CERTIFICATE

This is to certify that <sup>✓</sup>Mr./Ms. ABHINAV ANAND of I SEM B. PHARM  
has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

*Ve*

DR. VIKRAM T  
COORDINATOR

*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL





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has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

*Vk*

DR. VIKRAM T  
COORDINATOR

*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL



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HONGASANDRA, BENGALURU-560 068

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has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
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*ve*  
DR. VIKRAM T  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. AISHWARYA S.P. of I<sup>ST</sup> SEM B. PHARM  
has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

DR. VIKRAM T  
COORDINATOR

DR. PADMAA M PAARAKH  
PRINCIPAL



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HONGASANDRA, BENGALURU-560 068



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This is to certify that Mr./<sup>Ms.</sup> AKSHITHA · A of I<sup>st</sup> SEM B-pharm  
has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

*ve*

DR. VIKRAM T  
COORDINATOR

*P. Padma*

DR. PADMAA M PAARAKH  
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**The Oxford College of Pharmacy**

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Date: 22/04/24

**CIRCULAR**

This is to inform all the students of The Oxford College of Pharmacy that induction program on "Interview facing skills" for the academic year 2023-24 will be conducted on 27/04/24. We request active participation. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

*P. Padua*  
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy  
No 6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068

Cc

1. Office
2. All Departments



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## THE OXFORD COLLEGE OF PHARMACY

6/9, 1st Main, Begur Road, Hongasandra, Bengaluru-560 068

### SEMINAR ON INTERVIEW FACING SKILLS.

Organized by Department of PHARMACY PRACTICE

27<sup>th</sup> APRIL 2024

Resource person: MISS. ALMAS SAYEED

TIME: 11 AM

VENUE: R.no 501, 5<sup>th</sup> floor, TOCP

SR. TRAINING CONSULTANT

CLINOSOL RESEARCH PVT.LTD

Chief Patron  
Dr. S.N.V.L. Narasimha Raja  
Chairman,  
The Oxford Educational Institutions

Convener  
Dr. Padma M. Peasakh  
Principal,  
The Oxford College of Pharmacy

Organizing Secretary  
Dr. Jeebha K.  
Assistant professor  
The Oxford College of Pharmacy

BROCHURE



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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### PREAMBLE

Interview facing skills- an ability and technique required to effectively prepare for, participate in and follow up after a job interview. These skills enable individuals to showcase their qualifications, personality and fit for the role, increase their chance of success. Communication, confidence, preparations, body language, active listening, problem solving, etc are the major skills to be developed while facing an interview

### CONTENT OF THE SESSION

On 27<sup>th</sup> April 2024, The Oxford College of Pharmacy organized an Induction skill program on interview facing skills at room no 506 which include 40 participants from pharm D and PB. Dr Jenisha, organizing Secretary welcomed guests and participants to the program. Our beloved speaker initiated with introduction about enhancing interview facing skills and the main objective of the program is to equip participants with effective interview facing skills, boosting confidence and increasing chance of success. Mainly the session had a focus on pre-interview preparations, research on a company and the role, review of resume and the cover letter and to prepare the answers to common interview questions, interview techniques- confidence and body language, active listening and engagement, STAR method for behavioural questions. The session was ended with giving an brief explanation about the mock interviews and the verbal and non-verbal communication skills and examples on common interview questions.

Finally, Dr Jenisha concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.



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Speaker delivers the speech about interview facing skills



Speaker delivers the speech about interview facing skills



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### LIST OF PARTICIPANTS

SL.NO	NAME OF PARTICIPANT	SIGNATURE
1	MOLUNGZANG AIER	<i>Molungzang Aier</i>
2	HARSHDEEP SARVA	<i>Harshdeep Sarva</i>
3	KATHIRMANI RAJA S	<i>Kathirmani Raja S</i>
4	ZOMBARKAR MUSKAN	<i>Zombarkar Muskan</i>
5	ABIGAIL N MOZHUI	<i>ABIGAIL N</i>
6	ANIRBAN DEBNATH	<i>Anirban Debnath</i>
7	ASHISH ABHRAHAM	<i>Ashish Abraham</i>
8	DEBJIT BHAKAT	<i>DEBJIT</i>
9	DEEPTI CHOUDHARY	<i>Deepti Choudhary</i>
10	DIMPLE G	<i>Dimple G</i>
11	GANANESWAR RAO S	<i>Gananeshwar Rao S</i>
12	HEMA NS	<i>Hema NS</i>
13	KEERTHANA C	<i>Keethana C</i>
14	PADMASHREE M	<i>Padmashree M</i>
15	RANJITHA REDDY S	<i>Ranjitha Reddy S</i>
16	SHASHIKALA D M	<i>SHASHIKALA D M</i>
17	SHERLIN HEPZIBAH S	<i>Sherlin Hepzibah S</i>
18	SHUBHASHINI N	<i>Shubhashini N</i>
19	SYED ALSABA HUSSAINI	<i>Syed Alsaba Hussaini</i>
20	TINA LALLY	<i>Tina Lally</i>
21	VINISHA R	<i>Vinisha R</i>
22	DARPANA R	<i>Darpana R</i>
23	MHONLUMI T OVUNG	<i>Mhonlumi T Ovung</i>
24	EHTESHAM QURESHI	<i>Ehtesham Qureshi</i>
25	MANJUNATH T	<i>Manjunath T</i>
26	CHAITHRA SHREE N	<i>Chitra</i>
27	CHEZHAN G K	<i>Chethan G K</i>
28	DEEPAK DATTA B R	<i>Deepak Datta B R</i>
29	MATHUMITHA	<i>Mathumitha</i>
30	PREMRAJ T	<i>Premraj T</i>
31	RAGAVI V	<i>Ragavi V</i>
32	RAHUL V	<i>Rahul V</i>
33	SAHANA K	<i>Sahana K</i>
34	SHIVAKUMAR G	<i>Shivakumar G</i>
35	SINCHANA D P	<i>Sinchana D P</i>
36	SUPRAJA R	<i>Supraja R</i>
37	SURAKSHA R RAI	<i>Suraksha R Rai</i>
38	THARANISHREE K	<i>Tharanishree K</i>
39	VISHAL SASI KANNAN	<i>Vishal Sasi Kannan</i>
40	PRATHIBA V	<i>Prathiba V</i>



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### OUTCOME

The outcome of interview facing skill program made the students understand the different key skills that is necessary to improve their vision towards facing interview. 40 participants from pharm D learnt the techniques and skills to develop their knowledge about the impact that will create when they face an interview. In the current seminar, the speaker highlighted about the intersections of enhancing interview performance and got an insight about the practical skills, Improved confidence in interviewing skills, Enhanced understanding of common interview questions and formats. Developed ability to articulate strengths, weaknesses, and career goals, Familiarity with company culture and values, networking opportunities with peers and industry professionals.

END OF REPORT



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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### PARTICIPATION CERTIFICATE

*This is to certify that Mr./Ms. CHEZHANGK of VI PHARM D has participated in **The Interview Facing Skills** organised by the Department of Pharmacy Practice on 27/04/24*

  
Dr. PADMAA M PAARAKH

PRINCIPAL

  
Dr. JENISHA K

COORDINATOR



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### PARTICIPATION CERTIFICATE

*This is to certify that Mr./Ms. ASHISH ABRAHAM of IV PHARM D has participated in **The Interview Facing Skills** organised by the Department of Pharmacy Practice on 27/04/24*

Dr. PADMAA M PAARAKH

PRINCIPAL

Dr. JENISHA K

COORDINATOR



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### PARTICIPATION CERTIFICATE

*This is to certify that Mr./Ms. DARPANA of T PB PHARM.D has participated in **The Interview Facing Skills** organised by the Department of Pharmacy Practice on 27/04/24*

Dr. PADMAA M PAARAKH

PRINCIPAL

Dr. JENISHA K

COORDINATOR



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### PARTICIPATION CERTIFICATE

*This is to certify that Mr./Ms. RAGAVI of VI PHARM.D has participated in **The Interview Facing Skills** organised by the Department of Pharmacy Practice on 27/04/24*

*P. Padma*

Dr. PADMAA M PAARAKH

PRINCIPAL

*J.P.*

Dr. JENISHA K

COORDINATOR



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### PARTICIPATION CERTIFICATE

*This is to certify that Mr./Ms. SAHANA of VI PHARM D has participated in **The Interview Facing Skills** organised by the Department of Pharmacy Practice on 27/04/24*

  
Dr. PADMAA M PAARAKH

PRINCIPAL

  
Dr. JENISHA K

COORDINATOR



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DATE: 30/05/2024

### CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a seminar on "USAGE OF ANIMALS IN RESEARCH WORK" for the Academic Year 2023-24 will be conducted on 01/06/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068

Cc

1. Office
2. All departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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**THE OXFORD**  
COLLEGE OF PHARMACY  
BENGALURU, KSA

CHILDREN'S EDUCATION SOCIETY  
**THE OXFORD COLLEGE OF PHARMACY**

BENGALURU  
**ORGANIZES**  
A SEMINAR ON

**"USAGE OF ANIMALS IN RESEARCH WORK"**

TIME: 02 P.M - 3 P.M

DATE: 01/06/2024

Venue: 101,1st Floor, TOCP

**Resource Person**

**Dr. SALEEM AHMED**  
FAROOQIA COLLEGE OF PHARMACY, MYSORE.

**Chief Patron**  
Dr. S.N.V.L. M. Subhan Raja  
Chairman  
The Oxford Educational Institutions

**Convenor**  
Dr. Padmasri M. Basaksh  
Principal  
The Oxford College of Pharmacy

**Organizing Secretary**  
Dr. Vikram T Choudhary  
Asst professor, Dept of  
Pharmaceutics  
The Oxford College of Pharmacy

Organized by Department of Pharmaceutics, TOCP

Brochure



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Ph: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu  
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### PREAMBLE

A seminar on usage of animals for research work was organized to emphasize on the use of animals in research as it plays a crucial role in advancing medical and scientific knowledge. It enables researchers to study complex biological processes, test new therapies, and ensure the safety of products for human use.

### CONTENT OF THE SESSION

On 01/06/2024, The Oxford College of Pharmacy organized a seminar on Usage of animals for research work at room number 101 which involved 29 participants from M Pharm students along with staffs. Our beloved speaker Mr. Saleem Ahmed, Faruqia college of Pharmacy, delivered the speak on Usage of animals for research work which included the comprehensive overview of best practices and ethical guidelines. Emphasizing the importance of humane treatment, the speaker outlined proper techniques for handling various species, highlighting the need for minimizing stress and discomfort. Participants were shown how to create suitable environments for the animals, ensuring their well-being throughout the research process. Additionally, the speaker discussed the necessity of obtaining appropriate approvals and following regulations governing animal research. The speaker demonstrated proper techniques for animal handling and the ethical use of animals for research purposes. By integrating humane practices into experimental design, researchers can enhance the validity of their results while upholding ethical standards, ultimately contributing to a more responsible approach to scientific discovery. Dr. Vikram T, the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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Bengaluru, Karnataka, India

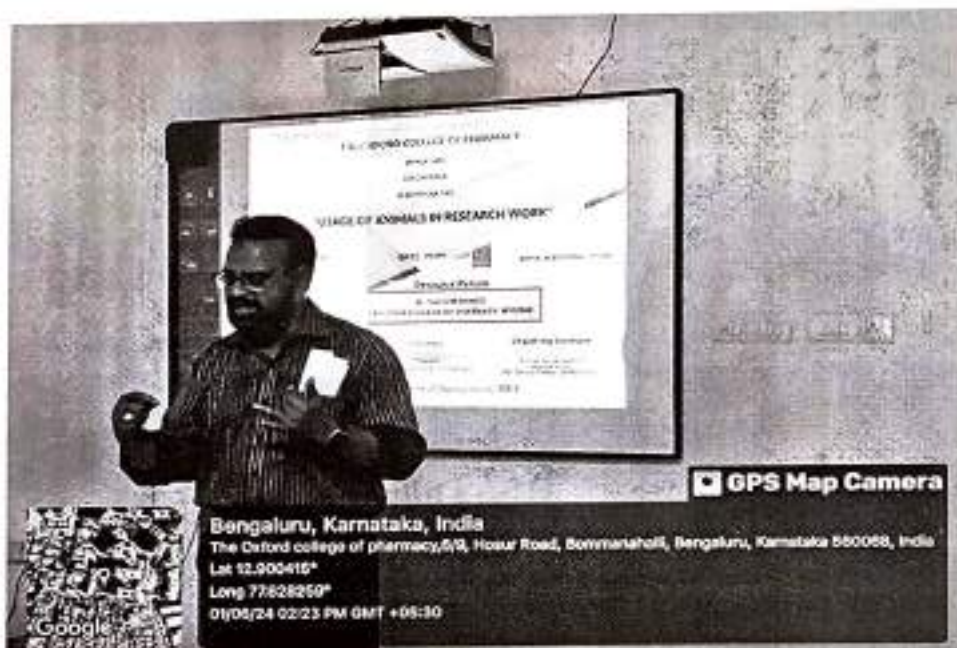
The Oxford college of pharmacy, 6/9, Hosur Road, Bommanahalli, Bengaluru, Karnataka 560068, India

Lat 12.900416°

Long 77.628259°

01/05/24 02:32 PM GMT +05:30

Organizer introducing our Esteemed Speaker



Bengaluru, Karnataka, India

The Oxford college of pharmacy, 6/9, Hosur Road, Bommanahalli, Bengaluru, Karnataka 560068, India

Lat 12.900416°

Long 77.628259°

01/05/24 02:23 PM GMT +05:30

Speaker addressing the students



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Ph: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu

e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;

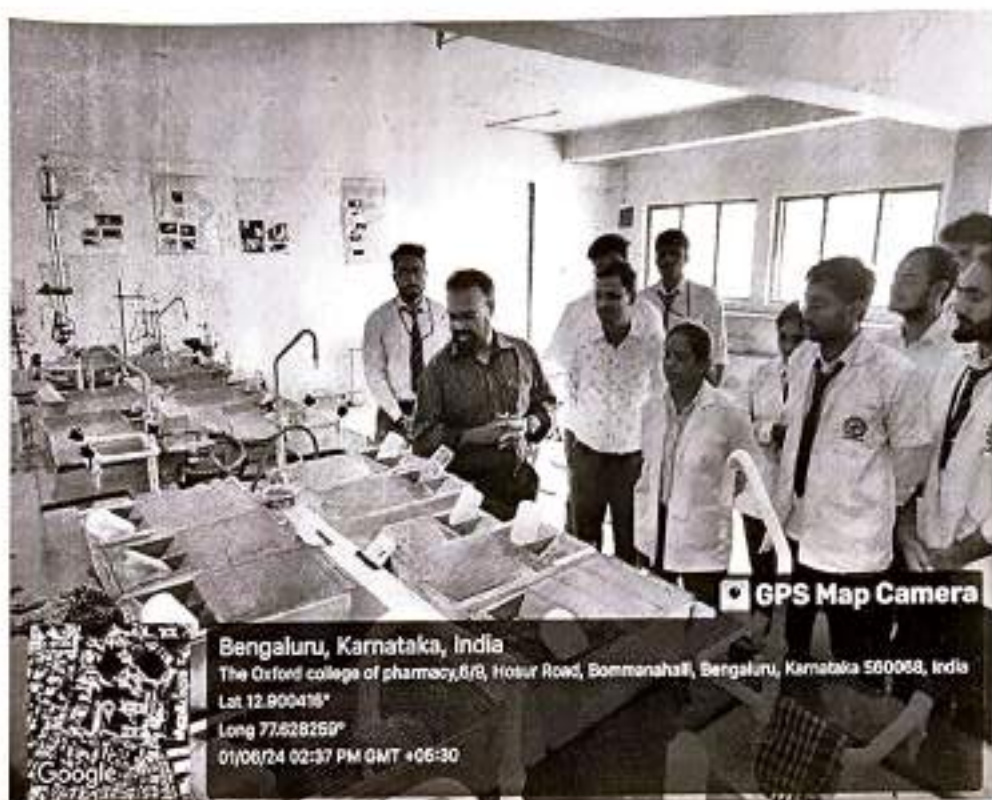


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Speaker demonstrating the usage of animals



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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### LIST OF PARTICIPANTS

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	ANIKET BIPIN BELLAD	Aniket
2.	BALRAJ.M	BALRAJ.M
3.	DEEPAK.S	Deepak.S
4.	DHUSHYANTH.G	Dhushyanth.G
5.	HARISH KUMAR K	Harish kumar k
6.	KARTHIK M	Karthik M
7.	PRIYA RAJKUMAR	Priya
8.	RAKESH A M	Rakesh A M
9.	REESHITA JHANAK	Reeshita
10.	SANTHALA CHAITHANYA PRASAD	Prasad
11.	SHIVA CHAVAN H R	Shiva
12.	SNEHA SURESH SALUNKHE	Sneha
13.	SOURAV CHARAN	Sourav
14.	THEJASWINI.B	Thejaswini
15.	AMITH SINGH	Amith
16.	BADEPALLI REDDAIAH REDDY	Reddy
17.	B R TEJASWINI	Tejaswini
18.	HARSHA KM	Harsha
19.	JAWAHAR M S	Jawahar MS
20.	MANOJ AN	Manoj
21.	MOHAMMAD AMIN YATOO	Amin
22.	MULLA UJMA RIYAZ	Ujma
23.	N SUNANDHA	Sunandha
24.	R NAVYASREE	Navyasree
25.	RANJITHA RAMESH SHETTY	Ranjitha
26.	SNEHA M	Sneha
27.	SONALI MILAN	Sonali
28.	SWETHA YOGANANDAN	Swetha
29.	VIJAYKUMAR R	Vijay



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### OUTCOME

The seminar on the usage of animals for research at The Oxford College of Pharmacy successfully equipped 29 participants with essential knowledge on ethical guidelines and best practices in animal handling. Attendees gained insights into minimizing animal stress and creating optimal research environments, enhancing both animal welfare and research integrity. The interactive demonstration fostered a deeper understanding of humane treatment and regulatory compliance. Overall, the session reinforced the importance of responsible practices in advancing scientific research while prioritizing animal welfare.

### END OF REPORT



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e-mail: pbarmacyprincipal@theoxford.edu; info@theoxford.edu;



THE  
*Oxford*  
COLLEGE OF PHARMACY

## PARTICIPATION CERTIFICATE

This is to certify that Mr/Ms/Dr/Mrs. *ANIKET BIPIN BELLAD* has attended a Workshop on *Usage of animals in research work* held at the Department of Pharmaceutics, The Oxford College of Pharmacy, Bangalore held on 1<sup>st</sup> June 2024.

*ve*  
Organising Secretary

Dr. Vikram.T  
Dept. of Pharmaceutics  
The Oxford College of Pharmacy

*P Padma*  
Convenor

Dr. Padmaa M Paarakh  
Principal  
The Oxford College of Pharmacy



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## PARTICIPATION CERTIFICATE

This is to certify that Mr/Ms/Dr/Mrs. *BALRAJ.M.* has attended a Workshop on *Usage of animals in research work* held at the Department of Pharmaceutics, The Oxford College of Pharmacy, Bangalore held on 1<sup>st</sup> June 2024.

Organising Secretary

Dr. Vikram.T  
Dept. of Pharmaceutics  
The Oxford College of Pharmacy

Convenor

Dr. Padmaa M Paarakh  
Principal  
The Oxford College of Pharmacy





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## PARTICIPATION CERTIFICATE

This is to certify that Mr/Ms/Dr/Mrs. *DEEPAK. S.* has attended a Workshop on *Usage of animals in research work* held at the Department of Pharmaceutics, The Oxford College of Pharmacy, Bangalore held on 1<sup>st</sup> June 2024.

*De*  
Organising Secretary

Dr. Vikram.T  
Dept. of Pharmaceutics  
The Oxford College of Pharmacy

*P. Padma*  
Convenor

Dr. Padmaa M Paarakh  
Principal  
The Oxford College of Pharmacy



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## PARTICIPATION CERTIFICATE

This is to certify that Mr/Ms/Dr/Mrs. *DHUSHYANTH. G.* has attended a Workshop on *Usage of animals in research work* held at the Department of Pharmaceutics, The Oxford College of Pharmacy, Bangalore held on 1<sup>st</sup> June 2024.

*De*  
Organising Secretary

Dr. Vikram.T  
Dept. of Pharmaceutics  
The Oxford College of Pharmacy

*P. Padma*  
Convenor

Dr. Padmaa M Paarakh  
Principal  
The Oxford College of Pharmacy



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## PARTICIPATION CERTIFICATE

This is to certify that Mr/Ms/Dr/Mrs. *HARISH KUMAR .K.* has attended a Workshop on *Usage of animals in research work* held at the Department of Pharmaceutics, The Oxford College of Pharmacy, Bangalore held on 1<sup>st</sup> June 2024.

Organising Secretary

Dr. Vikram.T

Dept. of Pharmaceutics  
The Oxford College of Pharmacy

Convenor

Dr. Padma M Paarakh  
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Date: 15/06/2024

CIRCULAR

This is to inform all the students and the teaching staff of The Oxford College of Pharmacy that a Seminar titled "Overview of Literature Survey and Writing a Research Paper" for the academic year 2023-24 will be organized by the Department of Pharmaceutical Chemistry on 18/06/2024. We request active participation for the same.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Ph: +91-80-61754694; Fax: +91-80-61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)

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2. All Departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Ph: +91-80-61754694; Fax: +91-80-61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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CHILDREN'S EDUCATION SOCIETY (REGD)

## THE OXFORD COLLEGE OF PHARMACY

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Resource Person

Dr. N Raghavendra Babu  
Associate Professor,  
G Pullareddy College of Pharmacy  
Mehdipatnam, Hyderabad,  
Telangana-500028

### SEMINAR

ON

## "OVERVIEW OF LITERATURE SURVEY AND WRITING A RESEARCH PAPER"

Organized by

Department of Pharmaceutical Chemistry,

18<sup>th</sup> June 2024 at 03:00 PM

Venue: 506, 3<sup>rd</sup> Floor, TOCP

#### Chief Patron

Shri S N V L Narasimha Raja  
Chairman  
The Oxford Group of Institutions

#### Convener

Prof. Padma M Pasankh  
Principal  
The Oxford College of Pharmacy

#### Organizing Secretary

Dr. Mahesh AR  
HOD, Dept. of Pharm Chemistry  
The Oxford College of Pharmacy

#### Committee Members

Dr Nagalakshmi G  
Mrs Vishnugriya  
Mrs Chande Ranjan  
Mr. Akshay  
Mrs Suvama  
Mrs Pradeepa S

BROCHURE



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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### PREAMBLE

The literature survey and subsequent research paper writing plays a crucial role in the aspect of the research journey. A thorough literature survey serves as the foundation for any prior studies to be done by scholars & laying the groundwork for their research. By systematic study of existing research, we gain a comprehensive understanding of the field, identify relevant contributions, and establish a platform for our own unique research question. Following this, we'll investigate into the art of drafting and compelling research paper, equipping the students with the skills to effectively organize and present your findings in a clear, concise, and impactful manner.

### CONTENT OF THE SESSION

The Department of Pharmaceutical Chemistry at The Oxford College of Pharmacy organized a seminar titled "Overview of Literature Survey and Writing a Research Paper" for its PG students on June 18<sup>th</sup>, 2024. Dr. N. Raghavendra Babu, Associate Professor from G Pullareddy College of Pharmacy, Hyderabad, delivered the informative session to an audience of 25 students.

Dr. Babu stressed the importance of a thorough literature survey as the foundation of any successful research project. He explained that a comprehensive survey equips researchers with a deep understanding of their chosen field, allowing them to build upon existing knowledge and identify gaps that their research can address.

The lecture explored various aspects of conducting a literature survey, including the different sources of information available, from academic journals to online databases. Dr. Babu emphasized the importance of being cautious and critical while evaluating existing research. He also introduced valuable search strategies for efficiently locating relevant information.

The session transitioned into the art of drafting and compelling research paper. Dr. Babu discussed the importance of proper citation management tools, such as reference managers, to ensure accurate and organized referencing while writing a thesis or research paper. This informative session provided PG students with valuable insights and practical tools for conducting effective literature surveys and crafting impactful research papers. The interactive lecture equipped them with the necessary skills to navigate the world of academic research with greater confidence.



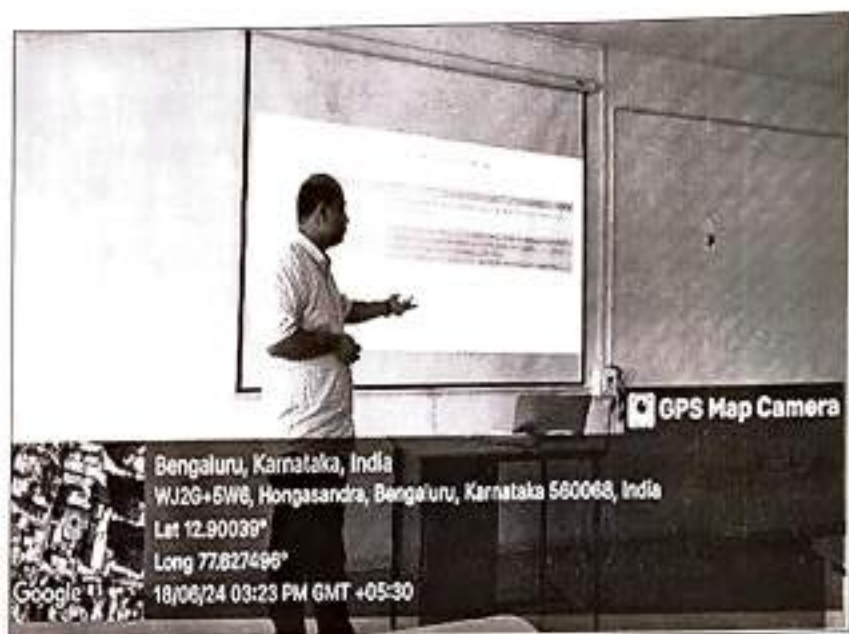
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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Bengaluru, Karnataka, India  
WJ2G+5W6, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.90039°  
Long 77.627496°  
18/06/24 03:23 PM GMT +05:30

Speaker Delivering a Talk on "Overview of Literature Survey and Writing a Research Paper"



616, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.900391°  
Long 77.627142°  
18/06/24 03:32 PM GMT +05:30

Group photo with M. Pharm Students and the Speaker



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmscypincipal@theoxford.edu](mailto:pharmscypincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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### LIST OF PARTICIPANTS

SL.NO	NAME OF PARTICIPANT	SIGNATURE
1	PRIYANKA G K	Priyanka
2	SURYA G	Surya G
3	ANIKET BIPIN BELLAD	Aniket
4	BALRAJ M	Balraj
5	DEEPAK S	Deepak
6	DHUSHYANTH G	Dhushyanth
7	HARISH KUMAR K	Harish
8	KARTHIK M	Karthik
9	PRIYA RAJKUMAR	Priya
10	RAKESH A M	Rakesh
11	REESHITA JHANAK	Reeshita
12	SANTHALA CHAITHANYA PRASAD	Chaithanya
13	SHIVA CHAVAN H R	Shiva
14	SNEHA SURESH SALUNKHE	Sneha
15	SOURAV CHARAN	Sourav
16	THEJASWINI B	Thejaswini B
17	ANANYA B K	Ananya
18	ARROJU HRITHIK	Arroju
19	B G SHRAVANYA	B G Shrivanya
20	CHETHAN SHESHADRI	Chethan
21	KAVYA M	Kavya M.
22	PALLAVI A	Pallavi
23	SANJAY B	Sanjay
24	SHAIK BAJI	Shaik
25	SOUNDARYA T S	Soundarya





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### OUTCOME

The seminar on "Overview of Literature Survey and Writing a Research Paper" emphasized the importance of a thorough literature survey as the foundation for research. The lecture covered various information sources, critical evaluation techniques, and search strategies. It then transitioned to crafting research papers, highlighting the use of reference management tools. This session equipped students with valuable skills for conducting effective literature surveys and writing impactful research papers, boosting their confidence in navigating academic research. All the 25 PG students who attended were session were enlightened with the research process and were overwhelmed to use the knowledge gained in their respective research works.

END OF THE REPORT



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)

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# CERTIFICATE OF PARTICIPATION

THIS IS TO CERTIFY THAT

PRIYANKA G.K.

has participated in *OVERVIEW OF LITERATURE SURVEY AND WRITING A RESEARCH PAPER*, Organized by the Department of Pharmaceutical Chemistry on 18/06/2024

  
DR MAHESH A R

ORGANIZING SECRETARY



  
DR PADMAA M PAARAKH

PRINCIPAL



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THE  
*Oxford*  
COLLEGE OF PHARMACY

# CERTIFICATE OF PARTICIPATION

THIS IS TO CERTIFY THAT

DEEPAK . S .

has participated " *OVERVIEW OF LITERATURE SURVEY AND WRITING A RESEARCH  
PAPER*", Organized by the Department of Pharmaceutical Chemistry on 18/06/2024

  
**DR MAHESH A R**  
ORGANIZING SECRETARY



  
**DR PADMAA M PAARAKH**  
PRINCIPAL

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# CERTIFICATE OF PARTICIPATION

THIS IS TO CERTIFY THAT

PALLAVI A.

has participated " *OVERVIEW OF LITERATURE SURVEY AND WRITING A RESEARCH PAPER*", Organized by the Department of Pharmaceutical Chemistry on 18/06/2024

  
DR MAHESH A R

ORGANIZING SECRETARY



  
DR PADMAA M PAARAKH

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# CERTIFICATE OF PARTICIPATION


THIS IS TO CERTIFY THAT

SANTAY.B.

has participated " *OVERVIEW OF LITERATURE SURVEY AND WRITING A RESEARCH  
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**DR MAHESH A R**  
ORGANIZING SECRETARY



  
**DR PADMAA M PAARAKH**  
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# CERTIFICATE OF PARTICIPATION

THIS IS TO CERTIFY THAT

RAKESH A.M

has participated " *OVERVIEW OF LITERATURE SURVEY AND WRITING A RESEARCH  
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DR MAHESH A R

ORGANIZING SECRETARY



  
DR PADMAA M PAARAKH

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Date: 27/06/2024

**CIRCULAR**

All the students of The Oxford College of Pharmacy are hereby informed that Department of Pharmacology is organizing a workshop on "Empirical Learning on Handling and Sampling Using Research Animal Techniques" from 03/07/2024 to 04/07/2024. We look forward for the active participation for the same.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068  
Bangalore - 560 068

Cc

1. Office
2. All departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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### INVITES YOU TO WORKSHOP ON

### Empirical learning on handling and sampling using research animal techniques (RAT)

Date: 3<sup>rd</sup> July 2024 - 04<sup>th</sup> July 2024

Time: 10:00 A:M-12:30 P:M

Room No: 507 The Oxford College of Pharmacy

**Good Animal Care and Good Science Go Hand In  
Hand**

CHIEF GUEST

Dr S.M.V.L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr PADMA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

Dr NOOPUR SRIVASTAVA

DEPARTMENT OF PHARMACOLOGY

THE OXFORD COLLEGE OF PHARMACY

BROCHURE



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
☎: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);





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### PREAMBLE

Pre-clinical pharmacology plays a vital role in the drug discovery and development process. Experimental pharmacology helps in lead identification, lead validation and also to assess pharmacokinetics and toxicological profiles of potential drug candidates. It is therefore important for the scientists who are involved in pre-clinical research to have good skills in experimental pharmacology. The Oxford College of Pharmacy, Bengaluru, organized workshop on "Empirical Learning on handling and sampling using Research animal Techniques " with an aim towards providing hands- on training to students & researchers in handling animals, ethics, basics of animal house management, different research methodologies towards animal research & future perspectives of inter-disciplinary & multi- disciplinary research opportunities. In addition, the workshop also aims to put forward an effort in minimizing the gap between inter disciplinary & multi-disciplinary research opportunities for the wellbeing of human kind. Participation will enhance knowledge of science and contribute in developing multi-dimensional research ideas and opportunities. The program was conducted on July, 3<sup>rd</sup> & 4<sup>th</sup> 2024. The current workshop aims at providing hands on training to young researchers who are working in the field of experimental pharmacology. The workshop covers basic experimental techniques such as handling of laboratory animals, routes of drug administration, blood collection techniques, surgical techniques, isolated tissue experiments, design of pre-clinical experiments, etc.

### CONTENT OF THE SESSION

The program was started with a welcome note by Dr. Noopur Srivastava, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy. Convener Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy started the event with addressing the students. She congratulated all the participants for taking part in workshop. Dr. A. Muthu Kumar, Associate Professor, Department of Pharmacology briefed about the Procedure for Animal Handling as well as Preclinical Procedure for In-vivo study and discussed about the importance of Animal Handling and In-vivo methods in Pharmacology. In workshop following events has been covered such as-

1. Procedure for giving Anesthesia and methods of Euthanasia
2. Animal handling (Rats and Mice), various route of drug administration
3. Procedure for isolation of organs (Brain, Kidney, Intestine, Heart, Liver)



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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Demonstration and practical handling of animals for conducting experiment procedure, was explained and all participants were given experimental animals i.e. Rats, and mouse to handle and keep ready for procedure. The students from B. Pharm, Pharm D were participated in the Programme.

Mrs. Bhavani, Assistant Professor concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, theoxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology, and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

**No of participants:** 50 participants

**Schedule:** On 3<sup>rd</sup> and 4<sup>th</sup> July, 2024

Time Schedule	Programme
9:00 -10:00 A.M	Module: I Laboratory Animal Handling, Different route of Administration
10:15 -12:00 P.M	Module: II Anesthesia, Euthanasia, Dissection, Isolation of Organs



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☎: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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Demonstration on various Anesthetics methods



Demonstration on various Anesthetics methods



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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Demonstration on animal handling to students



Demonstration on animal handling to students



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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**LIST OF PARTICIPANTS:**

SL NO	NAME OF THE STUDENT	SIGNATURE
1.	ANANYA	Ananya
2.	AROJU HRITHIK	Aroju
3.	B G SHRAVANYA	B G Shrivanya
4.	CHETHAN SHESHADRI	Chethan
5.	PALLAVI	Pallavi
6.	KAVYA	Kavya
7.	SANJAY	Sanjay
8.	SHEIK BAJI	Sheik Baji
9.	SOUNDARYA	Soundarya
10.	MADHUSHREE	Madhushree
11.	MANOHAR K	Manohar
12.	MANOJ KUMAR M	Manoj
13.	MANSI BEN OZA	Mansi
14.	MEGHANA S	Meghana
15.	MEGHANA NADGIR	Meghana
16.	MITHUN N	Mithun
17.	MONIKA S REDDY	Monika
18.	MONIKA N	Monika
19.	NASIBA N K	Nasiba
20.	NIDHISHREE S	Nidhishree
21.	NIKSHEP N S	Nikshep
22.	P.JEEVITHA	P.Jeevitha
23.	PALLAVI S	Pallavi
24.	PREETHU K	Preethu
25.	DIVYA C K	Divya
26.	GAGAN SAGAR M	Gagan
27.	GAYATHRI. N. BIRADAR	Gayathri
28.	GOWTHAM S	Gowtham
29.	HARISH TK	Harish
30.	HARSHITHA. P	Harshitha
31.	R.HARSHITHA	Harshitha
32.	M.HEMANTH	Hemant
33.	IQRA	Iqra
34.	PRAVIN J	Pravin
35.	JEEVAN.R	Jeevan
36.	JEEVITHA S	Jeevitha
37.	K LAKSHMI	Lakshmi
38.	KUMARI MUSKAN	Muskan
39.	MADHURA R	Madhura



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40.	ARYA KRISHNA	<i>Krishna</i>
41.	BANU PRIYA D	<i>Banu</i>
42.	BHUVANESHWARI C	<i>Bhuvan</i>
43.	C POVINDHAR	<i>Povindhara</i>
44.	CHAITHRA K	<i>Chitra</i>
45.	CHANDANA N	<i>Chandana</i>
46.	DEEPTHI R	<i>Deepthi</i>
47.	DHRUVA R NADIG	<i>Dhruva</i>
48.	GAGANA.K	<i>Gagana</i>
49.	GIRESHA NAIDU M	<i>Giresha</i>
50.	GOWTHAM GOWDA M R	<i>Gowtham</i>



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
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### OUTCOME

The workshop was highly successful in achieving its objectives. Such initiatives play crucial role in gaining valuable practical experience and a deeper understanding of the responsibilities involved in working with animals. Total 50 students participated in the workshop. The hands-on experience was fully appreciated, as it allowed participants to apply theoretical knowledge in a controlled environment. Workshop helped in enhancing our overall knowledge in each and every aspect and equipping student with the skills necessary for safe and ethical animal handling in research. Apart from the above, in the workshop made aware of the Regulatory authorities on Animal Experiments.

- END OF REPORT



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This is to certify that Mr./<sup>✓</sup>Ms. Kavya of M Pharm (1<sup>st</sup> year)  
has participated in the “EMPIRICAL LEARNING ON HANDLING AND SAMPLING  
USING RESEARCH ANIMAL TECHNIQUES” organized by the Department of  
Pharmacology on 03-07-2024 – 04/07/2024.

*Noopur*  
DR. NOOPUR SRIVASTAVA  
COORDINATOR

*P. Padma*  
DR. PADMA M PAARAKH  
PRINCIPAL





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This is to certify that <sup>✓</sup>Mr./Ms. Gagan Sagar M of BPharm (2<sup>nd</sup> Year)  
has participated in the “EMPIRICAL LEARNING ON HANDLING AND SAMPLING  
USING RESEARCH ANIMAL TECHNIQUES” organized by the Department of  
Pharmacology on 03-07-2024 – 04/07/2024.

*Noopur Srivastava*  
DR. NOOPUR SRIVASTAVA  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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has participated in the “EMPIRICAL LEARNING ON HANDLING AND SAMPLING  
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*Dr. Noopur Srivastava*  
DR. NOOPUR SRIVASTAVA  
COORDINATOR

*Dr. Padmaa M Paarakh*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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has participated in the “EMPIRICAL LEARNING ON HANDLING AND SAMPLING  
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Pharmacology on 03-07-2024 – 04/07/2024.

*Dr. Noopur Srivastava*  
**DR. NOOPUR SRIVASTAVA**  
COORDINATOR

*P. Padma M Paarakh*  
**DR. PADMA M PAARAKH**  
PRINCIPAL



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*Noopur*

DR. NOOPUR SRIVASTAVA  
COORDINATOR

*P Padma*

DR. PADMAA M PAARAKH  
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Date: 18.09.2024

**Circular**

This is to inform you that all the students and teaching staff of the Oxford College of Pharmacy, the Department of Pharmacology, are organizing a seminar on "ADR Monitoring Report" on 21.09.2024 for the academic year 2023-2024. We request your active participation to make this event a success.

*P. Padua*  
Principal

**PRINCIPAL**  
The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068

Cc

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2. All Departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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**Bengaluru**

Organize  
Seminar  
on  
**"ADR Monitoring"**

11:00 am to 12.30 pm

21.09.2024

Venue: TOCP Campus

Eminent Speakers

**Dr. Bindu**

Assistant Professor

The Oxford College of Pharmacy, Bengaluru

**Dr. Paratharathy G**

Vice Principal

The Oxford College of Pharmacy, Bengaluru

Chief Patron

**Dr. S.N.V.L.Narasimha Raju**

Chairman

The Oxford Educational Institutions

Convenor

**Dr. Padmaa M Paarakh**

Principal

The Oxford college of Pharmacy

Organizing Secretary

**Dr. A.Muthukumar**

Dean R&D

The Oxford college of Pharmacy

Organized by Department of Pharmacology, TOCP

Brochure



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## PREAMBLE

Adverse Drug Reaction (ADR) monitoring is a crucial tool in ensuring the safety and effectiveness of pharmaceutical products. By actively collecting and analyzing data on potential risks associated with medications, ADR monitoring not only safeguards public health and improves patient care but also empowers healthcare professionals, regulatory authorities, and pharmaceutical companies to make informed decisions and implement strategies to minimize risks. This practical value of ADR monitoring ultimately contributes to the overall well-being of patients. Join us in advocating for ADR monitoring to ensure safer and more effective healthcare practices for all.

### No of participants – 31 Schedule:

Time schedule	Program
11:00 – 11:10	Introduction / Welcome address
11:15 – 12:00	Importance of ADR monitoring and reporting
12:00 – 12:25	Interactive session
12.25-12.30	Vote of thanks

## THE CONTENT DELIVERED IN THE SEMINAR IS AS FOLLOWS.

The event began with a warm welcome address from Dr. A Muthukumar, Dean of R&D and the organizing secretary, setting the stage for a productive and engaging program. Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy, delivered the inaugural address, emphasizing the significance of the program and outlining its objectives, highlighting the expertise of the seminar's speakers.

Following this, Dr. Noopur Srivastava, Associate Professor & Head of the Department of Pharmacology, TOCP, extended a formal welcome to the distinguished speakers: Dr. Parathasarthy G, Vice Principal, and Dr. Bindu, Assistant Professor from the Department of Pharmacy Practice at The Oxford College of Pharmacy, Bengaluru. Their unparalleled expertise in ADR drug monitoring added immense value to the seminar. The seminar attracted a diverse audience, including 06 staff and 25 students from various departments, who actively participated in thought-provoking discussions.





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Dr. Parathasarthy G, Vice Principal, delivered an insightful presentation on the introduction and importance of adverse drug reaction (ADR) monitoring and reporting. He elaborated on the scientific methodologies and tools employed in ADR monitoring, emphasizing the crucial role of pharmacovigilance in ensuring drug safety and effectiveness. Dr. Parathasarthy also provided a comprehensive overview of the latest advancements in ADR monitoring, shedding light on the significance of robust reporting systems and data analysis techniques. His scientifically enriched presentation captivated the audience and sparked engaging discussions on the practical implementation of ADR monitoring in clinical and research settings.

Dr. Bindu captivated the audience with her compelling insights into the application of Adverse Drug Reaction (ADR) monitoring in clinical research. She passionately emphasized pharmacists' pivotal role in ADR reporting and underscored the critical need for accurate drug information dissemination through the Drug Information Centre. Her discussion on the indispensable nature of pharmacovigilance in clinical settings and the urgency for robust reporting systems left the audience with a deep sense of the significance of their role in ADR monitoring.



The speaker interacts with participants and informs them about the importance of ADR reporting.



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**The speaker interacts with the participants**

The student's active participation in raising awareness about the importance of reporting Adverse Drug Reactions (ADR) was commendable. Their work in this area is significant, and they can benefit from accessing professional resources such as academic journals, guidelines from regulatory agencies, and educational materials provided by pharmacovigilance organizations. Additionally, engaging in workshops or seminars focused on ADR monitoring and reporting can provide valuable insights and practical knowledge in this crucial aspect of clinical research and pharmaceutical care.



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**LIST OF PARTICIPANTS**

S.No	Name of the Participants	Signature
1.	Dr Padmaa M Paarakh	P. Paarakh
2.	Dr. Parthasarathy G	Parthasarathy
3.	Dr Noopur Srivastava	Noopur Srivastava
4.	Dr. Bindu	Bindu
5.	Dr. A Muthukumar	A. Muthukumar
6.	Ms Keserla Bhavani	K. Bhavani
7.	Nidhishree S	S. Nidhishree
8.	Nikshep N S	N. Nikshep
9.	P.Jeevitha	Jeevitha
10.	Pallavi S	Pallavi
11.	Preethu K	Preethu
12.	Rakshitha S	Rakshitha
13.	Sadaf Farooq	Sadaf
14.	Arindamdey	Arindam
15.	Babisha R	Babisha
16.	Bhavyashree N	Bhavyashree
17.	Dharunbala L	Dharunbala
18.	Farhana Aa	Farhana
19.	Ananya	Ananya
20.	Arroju Hrithik	Arroju
21.	B G Shrivanya	B. Shrivanya
22.	Chethan Seshadri	Chethan
23.	Kavya	Kavya
24.	Pallavi	Pallavi
25.	Sanjay	Sanjay
26.	Shaik Baji	Shaik Baji
27.	Soundarya	Soundarya
28.	Aniket Bipin Bellad	Bipin
29.	Balraj.M	Balraj
30.	Deepak.S	Deepak
31.	Dhushyanth. G	Dhushyanth



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## OUTCOME

The outcome of effective Adverse Drug Reaction (ADR) monitoring is a significant enhancement in patient safety and healthcare quality, as it enables the early detection of harmful drug effects, thereby reducing the incidence of adverse reactions. 25 students and staff are actively involved in ADR initiatives, gaining essential knowledge and skills in pharmacovigilance. Their participation fosters a collaborative environment that promotes best practices. This systematic approach allows healthcare providers to make informed prescribing decisions, ensuring the medications used prioritize patient well-being. Regulatory authorities benefit from strengthened oversight, allowing for timely intervention and improved safety standards for drugs on the market. Furthermore, pharmaceutical companies are encouraged to maintain accountability and continuously evaluate their products based on real-world data. Ultimately, advocating for ADR monitoring leads to a healthcare system that fosters better patient care, improved treatment outcomes, and a more substantial commitment to public health and safety.

**END OF REPORT**



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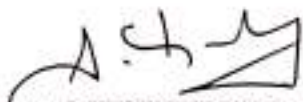


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This is to certify that Mr./Ms. Chetan Sheshadai of M. Pharm 2 Yr  
has participated in the “ADR MONITORING REPORT” organized by the  
Department of Pharmacology on 21-09-2024.

  
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COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL

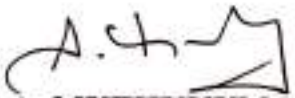


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has participated in the "ADR MONITORING REPORT" organized by the  
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DR. A. MUTHUKUMAR  
COORDINATOR

  
DR. PADMAA M PAARAKH  
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This is to certify that Mr./Ms. Balraj M of M. Pharm I yr.  
has participated in the "ADR MONITORING REPORT" organized by the  
Department of Pharmacology on 21-09-2024.

  
DR. A. MUTHUKUMAR  
COORDINATOR

  
DR. PADMAA M PAARAKH  
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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Nidhi shree S of B. pharma IV yr  
has participated in the "ADR MONITORING REPORT" organized by the  
Department of Pharmacology on 21-09-2024.

  
DR. A. MUTHUKUMAR  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL



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This is to certify that Mr./Ms. Shank Baji of M-pharm 1<sup>st</sup> yr  
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COORDINATOR

  
DR. PADMAA M PAARAKH  
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DATE: 13/11/2023

**CIRCULAR**

All the teaching, non-teaching staff, and students of The Oxford College of Pharmacy are hereby informed that a session on "The Importance of Discipline and Professionalism in Pharmacy" for the Academic Year 2023-24 will be conducted on 18/11/2023. We look forward to active participation in the same. All interested students are requested to submit their names to the event coordinator.

*P Padwe*  
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No. 6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068

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#### "THE IMPORTANCE OF DISCIPLINE AND PROFESSIONALISM IN PHARMACY"



**SPEAKER**  
**DR. HIREMATH S P**  
Professor  
KLE College Of Pharmacy, Hubli



Organised by  
Department of Pharmaceutics  
On 18/11/2023  
At 12:30PM-1:30 PM

CHIEF PATRON

Dr. S.N.V.L. NARASIMHA RAJU

Chairman

The Oxford Educational Institutions

CONVENER

Dr. PADMAAM PAARAKH

Principal

The Oxford College of Pharmacy

ORGANISING SECRETARY

Dr. Vikram.T

Assistant Professor

The Oxford College of Pharmacy

**BROCHURE**



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068

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### PREAMBLE

In the dynamic and ever-evolving field of pharmacy, discipline and professionalism are paramount. They are not merely virtues to be upheld but essential attributes that underpin the ethical practice of pharmacy and the delivery of quality healthcare. This seminar aims to underscore the significance of discipline and professionalism in the context of pharmacy education and practice. It will delve into the core values that guide pharmacists, the ethical considerations that shape their decision-making, and the impact of discipline and professionalism on patient safety and satisfaction. By fostering a culture of discipline and professionalism, pharmacy institutions can contribute to the advancement of the profession and ensure that pharmacists are well-equipped to meet the ever-increasing demands of healthcare delivery.

### CONTENT OF THE SESSION

On 18th November 2023, The Oxford College of Pharmacy organized a seminar on "The Importance of Discipline and Professionalism in Pharmacy." The event, conducted in Room 506, had Dr. Hiremath S P, Professor at KLE College of Pharmacy, Hubli, as the distinguished resource person. The session aimed to emphasize the crucial role of discipline and professionalism in the field of pharmacy, particularly in fostering responsible, ethical, and effective practice among future pharmacists. Dr. Hiremath delivered an insightful keynote address, outlining the importance of discipline in ensuring precision and consistency in pharmaceutical tasks such as medication dispensing, patient counseling, and regulatory compliance. The seminar also focused on professionalism, highlighting how it cultivates trust between healthcare providers and patients. A total of 75 students of B. Pharm programs, along with faculty members, actively participated in the seminar, gaining valuable knowledge on the importance of these foundational values in pharmacy practice.

Dr. Vikram.T, the event organizer, concluded the program with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their continuous encouragement and support in organizing such impactful sessions.



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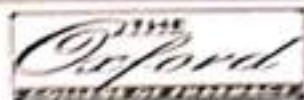
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Long 77.627447°  
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Speaker Delivering Insights to the Students



Bengaluru, Karnataka, India  
W/20-SWS, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.900287°  
Long 77.627958°  
18/11/23 12:59 PM GMT +05:30

Address by the Speaker to the students



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu).



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Long 77.627294°  
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Speaker Leading the Discussion with the Students



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### LIST OF PARTICIPANTS

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	ABHINAV ANAND	Abhinav
2.	ABHISHEK. H. PATIL	Abhishek H. Patil
3.	ABISHEKA. M	Abhisheka
4.	ADITYA	Aditya
5.	AISHWARYA. S. P	Aishwarya
6.	AKASH. R	Akash
7.	AKSHITHA. A	Akshitha A
8.	ALLURI YASWANTH	Allurivanth
9.	ANBALAGAN. R	Anbalagan
10.	ANUPRIYA. K	Anupriya
11.	ANUSHKA SINGH	Anushka
12.	ARYAN OTTA. P. K	Aryan
13.	ASHWINI. B. S	Ashwini
14.	BHAGYASHREE. B	Bhagyasree
15.	BHARATH. B	Bharath
16.	BHOOMIKA. T	Bhoomika
17.	DEEPIKA. V	Deepika
18.	DEVENDRA. D	Devendra
19.	DHANUSH. R. K	Dhanush
20.	DILLIPKUMAR. E	Dilip Kumar
21.	DIPANJANA NAYEK	Dipanjana
22.	GANESH KUMAR	Ganesh
23.	GEETHA. M	Geetha
24.	GOKILAN. N	Gokilani
25.	GOWTHAM. V	Gowtham
26.	GUNASHREE. M	Gunashree
27.	HARIHARAN. M	Hariharan
28.	HARISH. G	Harish
29.	HARSHA. T	Harsha
30.	HEMASHREE. S	Hemashree
31.	JEEVA. B	Jeeva
32.	JOEL JOHN PHILIP	Joel John Philip
33.	JOSHITHA. K	Joshitha
34.	JOSHNI. D	Joshni D
35.	KALAVATHI. K	Kalavathi
36.	KAVYA. K	Kavya
37.	KRITHIKA. S. K	Krithika
38.	KUSHAL GOWDA. H. C	Kushal
39.	LAVANYA. R	Lavanya
40.	LIKHITH. M	Likhitha



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41.	MEGALA. S	Megala S
42.	MEGHANA. R	Meghana R
43.	MOHITH. B. D	Mohith
44.	MONIKA. B. M	Monika
45.	MONISH. S	Monish. S
46.	MONISHA. R	Monisha
47.	MURALI. P	Murali
48.	NANDHA KUMAR. S	Nandha
49.	NANDHISH KUMAR. P	Nandhish Kumar
50.	NIKKI KUMARI	Nikki
51.	NITHYA. M	Nithya. M
52.	NITU KUMARI. P	Nitu
53.	PAVANA. M	Pavana
54.	PAVANI. B	Pavani
55.	PRAJWAL. L	Prajwal
56.	PRAVIN KUMAR. M	Pravin
57.	RAKSHITHA SHIVRAJ	Rakshitha
58.	RAKSHITHA. S	Rakshitha
59.	RASHMITHA. A. R	Rashmitha
60.	RAVI CHANDRA. V	Ravi
61.	RITESH KHEMKA	Ritesh
62.	ROHITH. V	Rohith
63.	SANGEETA. N	Sangeeta
64.	SARA ZAIBA	Sara
65.	SARAN. R	Saran
66.	SHAPTHAGIRI. J. M	Shapthagiri
67.	SHILPA DAKU	Shilpa
68.	SHIVAKUMAR. G	Shivakumar
69.	SIRISHA. M	Sirisha
70.	SIRISHA. S	Sirisha S
71.	SNEHA. H	Sneha
72.	SRIE ARIA. V. R	Srie Aria
73.	SUDHARSHAN. S	Sudharshan
74.	SUSHMITA RANJAN	Sushmita
75.	T. T. LALNUNPUIA	T. T. Lalnunpuia



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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### OUTCOME

The outcome of the seminar on "The Importance of Discipline and Professionalism in Pharmacy" was highly positive, with active participation from 75 students of B. Pharm programs. The session emphasized the significance of cultivating discipline and professionalism in the pharmacy field, which resonated strongly with the participants.

Students gained valuable insights into how maintaining discipline ensures accuracy in pharmaceutical practices, while professionalism fosters trust and ethical behaviour in patient care. The interactive nature of the seminar encouraged meaningful discussions and reflections, allowing students to better understand how these core values impact their future roles as pharmacists. Overall, the program successfully equipped students with the knowledge and motivation to incorporate discipline and professionalism into their educational and professional journeys.

**END OF REPORT**



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);





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### PARTICIPATION CERTIFICATE

This is to certify that <sup>✓</sup>Mr./Ms. ABHINAV ANAND of I SEM B.Pharm  
has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

*Ve*  
DR. VIKRAM T  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

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has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

*Ve*

**DR. VIKRAM T**  
COORDINATOR

*P. Padma*

**DR. PADMAA M PAARAKH**  
PRINCIPAL



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# 6/9, 1ST MAIN, BEGUR ROAD,  
HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. ABITYA of I<sup>st</sup> sem B.PHARM  
has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

*ve*  
DR. VIKRAM T  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. AKSHITHA A of I<sup>st</sup> SEM B-PHARM  
has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

*Vt*  
**DR. VIKRAM T**  
COORDINATOR

*P. Padma*  
**DR. PADMAA M PAARAKH**  
PRINCIPAL



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HONGASANDRA, BENGALURU-560 068



### **PARTICIPATION CERTIFICATE**

This is to certify that Mr./Ms. AISHWARYA. S.P. of I<sup>ST</sup> SEM B. PHARM  
has participated in "THE IMPORTANCE OF DISCIPLINE IN PROFESSIONALISM"  
organized by Department of Pharmaceutics on 18/11/2023.

*Vt*

**DR. VIKRAM T**  
COORDINATOR

*P. Padma*

**DR. PADMAA M PAARAKH**  
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Date- 27.12.2023

Circular

This is to inform you that all the students and teaching staff of the Oxford College of Pharmacy, the Department of Pharmacology, are organizing a seminar on **"BEST PROFESSIONAL PRACTICES TO BE ADOPTED FOR INTER-DISCIPLINARY RESEARCH"** on 30.12.2023 for the academic year 2023-24. We request active participation.

*P. Padua*  
Principal

**PRINCIPAL**  
The Oxford College of Pharmacy  
No.69, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068  
Udupi - 560 068

Cc

1. Office
2. All Departments



No.69, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
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CHILDREN'S EDUCATION SOCIETY (REGD.)  
**THE OXFORD COLLEGE OF PHARMACY**

1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

CORDIALLY INVITES YOU FOR  
Seminar on  
**BEST PROFESSIONAL PRACTICES TO BE ADOPTED FOR  
INTERDISCIPLINARY RESEARCH**

09:30 am to 01:00 pm

30.12.2023

Venue: 506, 5th Floor, TOCP

**Eminent Speakers**



**Dr. Arunkumar S**  
Managing Partner  
Poornayu Research Labs,  
Bangalore



**Dr. A. Ramu Mahesh**  
Assistant Professor  
Department of Pharmaceutical Chemistry  
M.S. Ramaiah College of Pharmacy, Bangalore

**Chief Patron**  
**Dr. S.N.V.L.Narasimha Raju**  
Chairman  
The Oxford Educational Institutions

**Convenor**  
**Dr. Padmaa M Paarakh**  
Principal  
The Oxford college of Pharmacy

**Organizing Secretary**  
**Dr. Noopur Srivastava**  
Head Dept of Pharmacology  
The Oxford college of Pharmacy

Organized by Department of Pharmacology, TOCP

**BROCHURE**



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Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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## PREAMBLE

In today's interconnected global environment, interdisciplinary studies have become essential to addressing complex issues and advancing knowledge in various fields. By incorporating diverse perspectives, systematic approaches, and specialized expertise, we can foster creativity and generate meaningful solutions.

As we explore the most influential research methods for multidisciplinary studies, upholding high standards of rigour, transparency, and ethical conduct is crucial. The role of open dialogue in our research was equally important. We can embrace diversity and promote collaboration through open and respectful discussion. We aim to cultivate a culture of excellence that transcends academic boundaries and propels multidisciplinary research toward new frontiers. This introduction reflects our commitment to pushing knowledge boundaries through rigorous and innovative research methodology.

## CONTENT OF THE SESSION

The program commenced with a warm welcome note by Dr. Noopur Srivastava, Organizing the Secretary. Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy, delivered the inaugural address and set the tone for the event.

Dr. A Muthukumar, Dean of Research, extended a formal welcome to esteemed guest speakers: Dr. Arunkumar S, Managing Partner of Poornayu Research Labs, Bangalore, and Dr. A. Ramu Mahesh, Assistant Professor of Pharmaceutical Chemistry at M.S. Ramaiah College of Pharmacy, Bangalore. Their expertise and insights were invaluable to our seminars.

A "Best Professional Practices To Be Adopted For Inter-Disciplinary Research" seminar organized by the Department of Pharmacology at the Oxford College of Pharmacy attracted diverse students. The attendees included 47 M. Pharm students, who actively engaged with esteemed speakers Dr. Arunkumar S and Dr. A. Ramu Mahesh and gained valuable insights into best practices in research methodology and pharmaceutical sciences.







### SESSION I

**Speaker: I: Dr. Arunkumar S, Managing Partner of Poornayu Research Labs, Bangalore**

Dr. Arunkumar S covers critical research design, study protocol development, data collection and analysis, statistical tools, ethical considerations, and research publication. The presentation incorporated real-world examples and case studies, promoting active participation and clarifying doubts. The practical application of these concepts will prepare you for future research endeavours, instilling confidence and readiness.

The seminar aimed to cultivate a research-oriented mindset, develop research skills, encourage innovative thinking, and prepare students for pharmaceutical research. By achieving these objectives, Dr. Arunkumar significantly contributed to students' academic and professional growth, empowering them to excel in pharmaceutical research and contribute meaningfully. His expert guidance has had a lasting impact on future endeavours.



**The Speaker highlights the research gap and innovation.**



## SESSION II

### Speaker: II

Dr. A. Ramu Mahesh delivered an insightful presentation, articulating the objectives, highlights, and benefits of adopting rigorous research methods in pharmaceutical sciences. He emphasized the importance of a well-structured research design, robust data analysis, and ethical compliance to ensure high-quality research outcomes. Key highlights include enhancing research credibility, minimizing bias, and promoting reproducibility.



The Speaker interacts with students and describes the research methodology.

The Speaker also underscored the benefits of best practices, which include improved research quality, enhanced collaboration, and increased publication success. By providing a comprehensive overview, Dr Mahesh equipped 48 PG students with essential knowledge and skills to excel in pharmaceutical research, fostering a solid foundation for their future endeavours.

Mrs. Bhavani, Assistant Professor, delivered the heartfelt vote of thanks, expressing gratitude to the esteemed chief patron Dr. S.N.V.L. Narasimha Raju, Chairman of The Oxford Educational Institutions, and Dr Padmaa M Paarakh, Principal of The Oxford College of Pharmacy. She also acknowledged the tireless efforts of the organizing team and enthusiastic participation of the students, whose presence had made the event a resounding success.



**LIST OF PARTICIPANTS**

S.No	Name of the Students	Signature
1	Ananya	Ananya
2	Arroju Hrithik	Arroju
3	B G Shrivanya	Shrivanya
4	Chethan Seshadri	Chethan
5	Kavya	Kavya
6	Pallavi	Pallavi
7	Sanjay	Sanjay
8	Shaik Baji	Sanjay
9	Soundarya	Soundarya
10	Aniket Bipin Bellad	Aniket.B.S.
11	Balraj.M	Balraj.M
12	Deepak.S	Deepak.S
13	Dhushyanth. G	Dhushyanth.G
14	Harish Kumar K	Harish.K.K
15	Reeshita Jhanak	Reeshita.J
16	Santhala Chaithanya Prasad	Santhala.C.P
17	Sneha Suresh Salunkhe	Sneha.SS
18	Sourav Charan	Sourav.C
19	Thejaswini. B	Thejaswini.B
20	Priya Raj Kumar	Priya Raj.K
21	Karthik M	Karthik.M
22	Rakesh A M	Rakesh
23	Shivachavan HR	Shivachavan
24	Anil Kumar R	Anikumar
25	Ankitha Nidhi Reddy	Ankitha
26	Bindu. K	Bindu.K
27	C. Mohammed Yaseen	Yaseen
28	Gowda Mahantesh	Gowda Mahantesh..



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29	Hamsa C A	Hamsa
30	Kushan Raj. P	Kushan
31	Amit Singh	Singh
32	Badepalli Reddaiah Reddy	Reddaiah
33	Benguluri Ramesh Tejaswini	Tejaswini
34	Harsha K M	Harsha
35	Jawahar Maniya Rasan S	Jawahar
36	Manoj	Manoj
37	Mohammad Amin Yattoo	Amin
38	Mulla Uzma Riyaz	Riyaz
39	Nallagatla Sunanda	Sunanda
40	R Navyasree	Navyasree
41	Ranjitha Ramesh Shetty	Ranjitha
42	Sneha M	Sneha
43	Sonali Milan Nalawade	Sonali Milan
44	Swetha Yoganandan	Swetha Yoganandan
45	Vijay Kumar R	Vijay Kumar
46	Surya G	Surya
47	Priyanka G K	Priyanka



## OUTCOME

The seminar provided impactful outcomes, including enhanced knowledge of research design, statistical tools, ethical considerations, and publication strategies. The participants developed critical thinking, problem-solving, and data analysis skills, fostering a research-oriented mindset and collaborative spirit. The seminar also prepared students for research careers, advanced degrees, and leadership roles, empowering them to contribute meaningfully to pharmaceutical research and address healthcare challenges.

This seminar prepared 47 PG students for research careers, advanced degrees, and leadership roles, empowering them to contribute meaningfully to pharmaceutical research and address healthcare challenges. The immediate benefits included increased confidence, improved research proposal writing, and enhanced presentation skills. At the same time, long-term outcomes promise innovative solutions, research leadership, and mentorship, ultimately advancing the pharmaceutical sciences and improving healthcare outcomes.

**END OF REPORT**



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M Pharm has participated in the "BEST PROFESSIONAL  
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by the Department of Pharmacology on 30-12-2023.

*Dr. Noopur Srivastava*

DR. NOOPUR SRIVASTAVA  
COORDINATOR

*Dr. Padmaa M Paarakh*

DR. PADMAA M PAARAKH  
PRINCIPAL



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BENGALURU-560 068



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This is to certify that Mr./Ms. Deepak S of  
M. Pharm has participated in the "BEST PROFESSIONAL  
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by the Department of Pharmacology on 30-12-2023.

*N. Srivastava*

DR. NOOPUR SRIVASTAVA  
COORDINATOR

*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL



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BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Thyjanvini B of  
M. Pharm has participated in the "BEST PROFESSIONAL  
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by the Department of Pharmacology on 30-12-2023.

*Dr. Noopur Srivastava*  
DR. NOOPUR SRIVASTAVA  
COORDINATOR

*P. Padma*  
DR. PADMA M PAARAKH  
PRINCIPAL





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This is to certify that Mr./Ms. Sraba H of  
M. Pharm has participated in the "BEST PROFESSIONAL  
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by the Department of Pharmacology on 30-12-2023.

*Srivastava*  
DR. NOOPUR SRIVASTAVA  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. R Nanyashree of  
Pharm has participated in the "BEST PROFESSIONAL  
PRACTICES TO BE ADOPTED FOR INTER-DISCIPLINARY RESEARCH" organized  
by the Department of Pharmacology on 30-12-2023.

*N. Srivastava*

DR. NOOPUR SRIVASTAVA  
COORDINATOR

*P. Padma*

DR. PADMAA M PAARAKH  
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DATE: 02/01/2024

CIRCULAR

All the teaching, non -teaching and students of The Oxford College of Pharmacy are hereby informed that "AWARENESS SESSION ON STRESS MANAGEMENT" for the Academic Year 2023-24 will be conducted on 04/01/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

*P. Padwa*  
PRINCIPAL

PRINCIPAL  
The Oxford College Of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068

Cc

1. Office
2. All Departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Ph: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu  
e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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STRESS MANAGEMENT IN YOUR LIFE



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"AWARENESS SESSION ON STRESS MANAGEMENT"

Organized by  
Department of Pharmaceutics

SPEAKER

Mr. ThangaPandi J  
Project Technical Support -II  
St. John's Research Institute  
TIME:12.00-1.00PM

On  
04/01/2024 AT



CHIEF PATRON

Dr. S.N.V.L NARASIMHA RAJU  
Chairman  
The Oxford Educational Institutions

CONVENER

Dr. PADMAAM PAARAKH  
Principal,  
The Oxford College of Pharmacy

CO-ORDINATOR

Ms. Adithi P  
Assistant Professor  
Department of Pharmaceutics  
The Oxford College of Pharmacy

Brochure



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Ph: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu  
e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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## PREAMBLE

Stress management is an essential skill in today's fast-paced world. This session on stress management emphasized on the tools and techniques to recognize, understand, and manage stress effectively. It also explored the causes of stress, its impact on mental and physical well-being, and practical strategies to reduce and cope with stress in day-to-day life.

## CONTENT OF THE SESSION

On 4/1/2024, The Oxford College of Pharmacy organized an Awareness session on Stress management at room number 506 which involved 44 participants from III Sem B Pharm along with staffs. Our beloved speaker Mr. Tangapandi, Alumini of The Oxford College of pharmacy we delivered the speak on Stress management which included the nature of stress, exploring its various triggers and the physiological and psychological effects it can have on our bodies and minds. The session also covered the practical techniques for managing stress, including relaxation exercises, time management strategies, and cognitive-behavioral approaches to reframe negative thoughts. Additionally, the speaker discussed the importance of self-care, healthy lifestyle choices, and building a strong support system. Through interactive discussions and exercises, participants gained actionable insights to better handle stress and improve their overall well-being. Mrs. Adithi, the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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Speaker Addressing the students



Organizer introducing the speaker



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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Speaker delivering the speak



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Ph: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



**LIST OF PARTICIPANTS**

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	KISHAN KRUPAKAR	Krupakar
2.	M B TEJASWINI	Tejaswini
3.	SADIK AHMED	Sadik
4.	TAHIR AZAD ZARGAR	T.A. Zargar
5.	A AKHIL REDDY	Akhil Reddy
6.	A D NANDINI	Nandini
7.	ABDUL AZEEZ A	Abdul Azeez A
8.	ABHISHEK B K	Abhishek B K
9.	ABRAR MAJEED MALIK	A.M. Maliki
10.	AJAZ MUHAMMAD BHAT	A.M.B
11.	AMAR	Amar
12.	AMULYA R	Amulya
13.	ANAND N	Anand
14.	ANIRUDDHA CHAKRABORTY	Aniruddha
15.	APOORVA N	Apoorva
16.	ARCHANA S	Archana
17.	CHETHAN M	Chethan
18.	CHETHAN KUMAR B G	Chethan
19.	CHETHAN N	Chethan
20.	CHIDANANDA G	Chidananda
21.	DEBASISH PARIDA	Debasish
22.	DEEPAK KUMAR MAHTO	Deepeek
23.	DHARSHINI J	Dharshini
24.	DIVYA C K	Divya
25.	GAGAN SAGAR M	Gagan
26.	GAYATHRI N BIRADAR	Gayathri
27.	GOWTHAM S	Gowtham
28.	HARISH T K	Harish
29.	HARSHITHA P	Harshitha
30.	HARSHITHA R	Harshitha
31.	HEMANTH M	Hemant
32.	IQRA	Iqra
33.	J PRAVIN	Pravin
34.	JEEVAN R	Jeevan
35.	JEEVITHA S	Jeevitha
36.	K LAKSHMI	Lakshmi
37.	KUMARI MUSKAN	Muskan
38.	MADHURA R	Madhura
39.	MANASA S	Manasa
40.	MANIKYAM LIKHITH	Manikyam
41.	MONISHA M	Monisha





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42.	NOOR AYESHA L	Noor
43.	PALASH MAITY	Maity
44.	PRADEEP M	P



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Ph: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu  
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### OUTCOME

The outcome of the stress management program enhanced the awareness and understanding of stress, its triggers, and its impact on mental and physical health. 44 Participants from III Sem B Pharm learned effective techniques to manage and reduce stress, such as mindfulness, relaxation exercises, and time management strategies. They gained skills to identify early signs of stress and implement coping mechanisms to maintain well-being. The program fostered resilience, improved productivity, and promoted a healthier work-life balance. Ultimately, participants were empowered to manage stress more effectively, leading to a more balanced and fulfilling life.

END OF REPORT



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Ph: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu  
e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. <sup>✓</sup> Iqna of III Sem B.Pharm  
has participated in "AWARENESS SESSION ON STRESS MANAGEMENT"  
organized by the Department Pharmaceutics on 04/01/2024.



*Adithi*  
MRS. ADITHI P  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Manasa S of III Sem B.Pharm  
has participated in “AWARENESS SESSION ON STRESS MANAGEMENT”  
organized by the Department Pharmaceutics on 04/01/2024.



*Adithi*  
MRS. ADITHI P  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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## PARTICIPATION CERTIFICATE

This is to certify that <sup>✓</sup>Mr./Ms. Gowtham G of T.Sim B.Pharm  
has participated in "AWARENESS SESSION ON STRESS MANAGEMENT"  
organized by the Department Pharmaceutics on 04/01/2024.



*Adithi*  
MRS. ADITHI P  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL





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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Monisha M of III Sem B.Pharm  
has participated in "AWARENESS SESSION ON STRESS MANAGEMENT"  
organized by the Department Pharmaceutics on 04/01/2024.



  
MRS. ADITHI P  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL





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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. J. Pravin of III Sem. B.Pharm  
has participated in "AWARENESS SESSION ON STRESS MANAGEMENT"  
organized by the Department Pharmaceutics on 04/01/2024.

  
MRS. ADITHI P  
COORDINATOR

  
DR. PADMAA M PAARAKH  
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DATE: 01/02/2024

CIRCULAR

All faculty, staff, and students of The Oxford College of Pharmacy are hereby informed that an awareness session on "Life Skills Program: Health and Fitness" for the academic year 2023-24 will be held on 05/02/2024. We encourage active participation from everyone. Interested students are requested to submit their names to the event coordinator.

*P. Padma*

PRINCIPAL

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The Oxford College Of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068

Cc

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2. All Departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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CHILDREN'S EDUCATION SOCIETY (REGD.)  
**THE OXFORD COLLEGE OF PHARMACY**

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CORDIALLY INVITES YOU FOR  
"LIFE SKILL PROGRAM ON HEALTH AND FITNESS"

Organized by  
Department of Pharmaceutics  
on  
05/02/2024

SPEAKER: Mr. Sivaraj Kumar B  
Research Assistant  
St. Johns Research Institute  
Time :12.00-1.00PM



CHIEF PATRON

Dr. S.N.V.L NARASIMHA RAJU  
Chairman  
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH  
Principal,  
The Oxford College of Pharmacy

CO-ORDINATOR

Mrs. Adithi P  
Assistant Professor  
Department of Pharmaceutics  
The Oxford College of Pharmacy

Brochure



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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



## PREAMBLE

In today's fast-paced world, prioritizing health and fitness is essential for leading a fulfilling and productive life. This program empowers individuals to take control of their well-being by providing the knowledge and tools necessary to make informed health decisions. By cultivating healthy habits and adopting a proactive approach to self-care, participants will improve their physical health while enhancing their mental and emotional well-being. As we gather to expand our knowledge and skills, let us acknowledge our responsibility to prioritize our overall health and commit to fostering a culture of fitness and self-care, empowering ourselves to lead fulfilling and productive lives.

## CONTENT OF THE SESSION

On 05/02/2024, The Oxford College of Pharmacy organized a "Life Skills Program on Health and Fitness," which aimed to promote the importance of maintaining both physical and mental well-being. The session included various activities, such as expert talks on fitness, interactive discussions on healthy lifestyle choices, and practical demonstrations of exercises and mindfulness techniques were conducted. The speaker provided a brief overview of different types of fitness, as well as the recommended calorie intake for various categories, emphasizing the importance of balancing physical activity and nutrition. He also highlighted how regular physical exercise, a well-balanced diet, and stress management contributed to overall health. There was a lively interaction between the speaker and the students, with participants actively engaging in discussions on their personal health challenges. The event featured a Q&A session, where students and faculty sought expert advice on specific fitness and health issues.

A total of 50 B. Pharm students, along with faculty members, participated in the event. It concluded with a vote of thanks delivered by Mrs. Adithi, the organizer, who expressed sincere gratitude to Chairman Dr. S.N.V. L. Narasimha Raju of The Oxford Group of Institutions and Dr. Padmaa M. Paarakh, Principal, for their continuous encouragement and support. The program effectively raised awareness about health and fitness and motivated participants to adopt healthier lifestyles.



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Inspiring our students with the power of knowledge.



A fruitful interaction between students and our esteemed resource person.



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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**LIST OF PARTICIPANTS**

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	ABHINAV ANAND	Abhinav
2.	ABHISHEK. H. PATIL	Abhishek
3.	ABISHEKA. M	Abhisheka. M.
4.	ADITYA	Aditya
5.	AISHWARYA. S. P	Aishwarya
6.	AKASH. R	Akash
7.	AKSHITHA. A	Akshitha
8.	ALLURI YASWANTHI	Alluri
9.	ANBALAGAN. R	Anbalagan
10.	ANUPRIYA. K	Anupriya. K.
11.	ANUSHKA SINGH	Anushka
12.	ARYAN OTTA. P. K	Aryan
13.	ASHWINI. B. S	Ashwini. B.S
14.	BHAGYASHREE. B	Bhagya
15.	BHARATHI. B	Bharathi. B.
16.	BHOOMIKA. T	Bhoomika.
17.	DEEPIKA. V	Deepika
18.	DEVENDRA. D	Devendra
19.	DIHANUSHI. R. K	Dhanush
20.	DILLIPKUMAR. E	Dhillipkumar
21.	DIPANJANA NAYEK	Dipanjana
22.	GANESH KUMAR	Ganesh
23.	GEETHA. M	Geetha
24.	GOKILAN. N	Gokilan. N
25.	GOWTHAM. V	Gowtham
26.	GUNASHREE. M	Gunashree
27.	HARIHARAN. M	Harisharan
28.	HARISH. G	Harish
29.	HARSHA. T	Harsha
30.	HEMASHREE. S	Hemashree
31.	JAI SURYA. S	Jai Surya
32.	JEEVA. B	Jeeva
33.	JOE LAMBOKLANG	Joe Lamboklang
34.	JOEL JOHN PHILIP	Joel
35.	JOSHITHA. K	Joshitha
36.	JOSHNI. D	Joshni
37.	KALAVATHI. K	Kalavathi. K
38.	KAVYA. K	Kavya
39.	KRITHIKA. S. K	Krithika
40.	KUSHAL GOWDA. H. C	Kushal Gowda



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41.	LAVANYA. R	<i>Lavanya R</i>
42.	LIKHITH. M	<i>Likhith M</i>
43.	MEGALA. S	<i>Megala S</i>
44.	MEGHANA. R	<i>Meghana R</i>
45.	MOHITH. B. D	<i>Mohith B D</i>
46.	MONIKA. B. M	<i>Monika B M</i>
47.	MONISH. S	<i>Monish S</i>
48.	MONISHA. R	<i>Monisha R</i>
49.	MURALI. P	<i>Murali P</i>
50.	NANDHA KUMAR. S	<i>Nandha Kumar S</i>



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### OUTCOME

The Life Skills Program on Health and Fitness was a resounding success, with enthusiastic participation from 50 B. Pharm students. The program effectively emphasized the importance of maintaining physical and mental well-being, equipping students with practical strategies for healthy living. Participants actively engaged in discussions and activities, demonstrating their keen interest in the topic. The program's positive impact is evident in the students' increased awareness of health and fitness, their ability to integrate healthy habits into their daily lives, and their overall well-being.

END OF REPORT



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);




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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Bharath B of T Gen B. Pharm  
has participated in the "Life Skills Program: Health and Fitness" organized by the  
Department Pharmaceutics on 05/02/2024

  
Mrs. ADITHI P  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL



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## PARTICIPATION CERTIFICATE

This is to certify that Mr./<sup>Ms.</sup> Abhisheka M of I Sem B.Pharm  
has participated in the "Life Skills Program: Health and Fitness" organized by the  
Department Pharmaceutics on 05/02/2024

  
Mrs. ADITHI P  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL





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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Deepika V of I Sem B.Pharm  
has participated in the "Life Skills Program: Health and Fitness" organized by the  
Department Pharmaceutics on 05/02/2024

  
Mrs. ADITHI P  
COORDINATOR

  
DR. PADMAA M PAARAKH  
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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Harsha T of I Sem B.Pharm  
has participated in the "Life Skills Program: Health and Fitness" organized by the  
Department Pharmaceutics on 05/02/2024

  
Mrs. ADITHI P  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL




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## PARTICIPATION CERTIFICATE

This is to certify that Mr./<sup>✓</sup>Ms. Kavya K of T Sem B. Pharm  
has participated in the "Life Skills Program: Health and Fitness" organized by the  
Department Pharmaceutics on 05/02/2024

  
Mrs. ADITHI P  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL



Date: 08/04/2024

**CIRCULAR**

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an Induction Skills on "STRESS AND ITS MANAGEMENT" for the academic year 2023-2024 will be conducted on 12/04/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

*P. Padma*  
PRINCIPAL

PRINCIPAL  
The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068

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### **STRESS AND ITS MANAGEMENT**

Department of Pharmacognosy  
Conducted On 12<sup>th</sup> APRIL 2024



**Dr. SWAPNA BONDADE**

*HOD, Dept. of Psychiatry*

*The Oxford Medical College Hospital and research centre*

*Time: 10:00Am*

*Venue: Room No 501, Fifth Floor*

Chief Patron  
Dr. S.N.V.L.Narasimha Raja  
Chairman,  
The Oxford Educational Institutions

Convener  
Dr. Padma M Paorakh  
Principal,  
The Oxford College of Pharmacy

Organizing Team  
Chaithra K  
Pavithra Devi R  
The Oxford College of Pharmacy

**Brochure**



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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## PREAMBLE

In our fast-paced modern world, stress has become a prevalent aspect of daily life for many individuals. Whether it's due to work pressures, personal relationships, financial concerns, or health issues, the experience of stress is nearly universal. However, while stress itself is unavoidable, how we manage and respond to it can significantly impact our well-being and overall quality of life.

Stress, in its simplest definition, is the body's response to any demand or pressure. It triggers a cascade of physiological and psychological reactions, often known as the "fight or flight" response, designed to help us cope with perceived threats or challenges. While this response is essential for survival in certain situations, prolonged or excessive stress can have detrimental effects on both our physical and mental health.

Fortunately, various strategies and techniques can help individuals effectively manage stress and minimize its negative effects. Stress management encompasses a range of approaches aimed at reducing the intensity and frequency of stressors, as well as enhancing resilience to better cope with them when they arise.

## CONTENT OF THE SESSION

On 12<sup>th</sup> April 2024 The Oxford College of Pharmacy, Department of Pharmacognosy conducted "Stress And Its Management" Dr. Swapna Bondade, Speaker delivered the content to reduce stress management, Improve Health and well- being, to increase productivity and performance, foster a positive work environment.

The objective of the organising the Stress and Its Management was achieved and Feedback was taken from the participants which helps to improve the quality of the activities conducted in future. Mrs. Pavithra Devi. R ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh and the speaker Dr. Swapna Bondade for her wonderful talk and fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity. The objective of the organising the Stress and Its Management was achieved and Feedback was taken from the participants which helps to improve the quality of the activities conducted in future.



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Q: +91-80-61754694; Fax: +91-80-61754699, [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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Mrs. Pavithra Devi. R ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh and the speaker Dr. Swapna Bondade for her wonderful talk and fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



Dr. Padmaa M Paarakh introducing Dr. Swapna Bandade to students

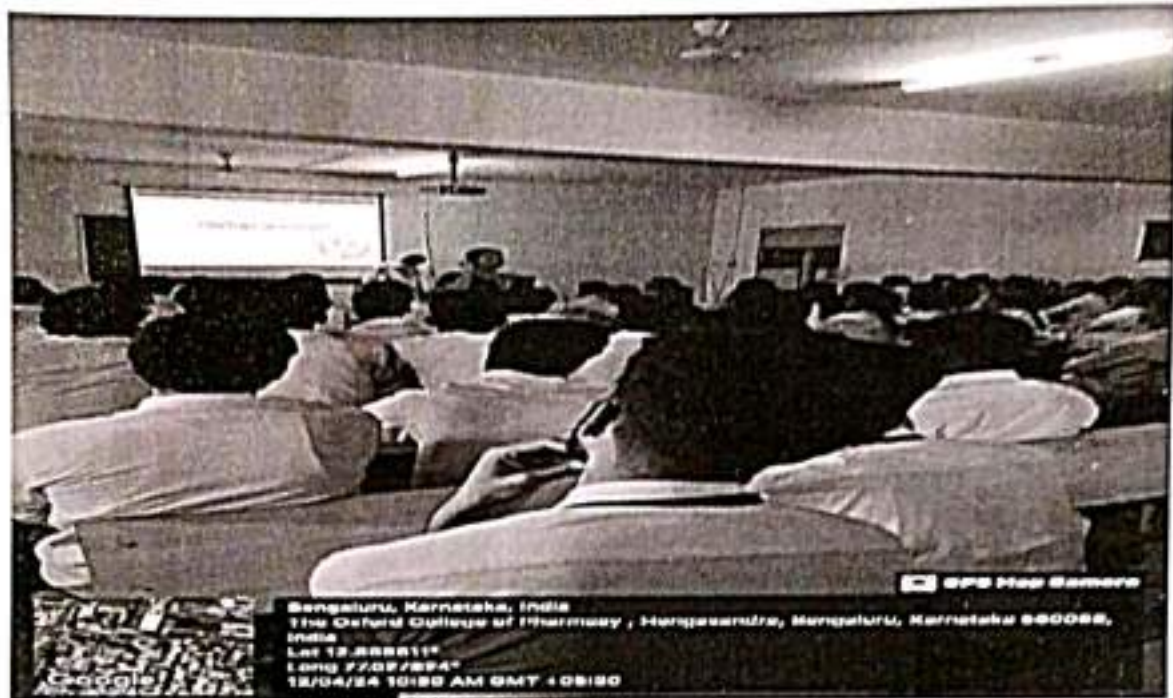


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Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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Dr. Swapna Bandade explaining the students regarding body and mind



Dr. Swapna Bandade explaining students regarding the stress



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);





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## LIST OF PARTICIPANTS

S.NO	NAME OF THE STUDENT	SIGNATURE
1	A YESWANTHA	A Yeswantha
2	ABHINAV ANAND	Abhinav Anand
3.	ABHISHEK H PATIL	A H Patil
4.	ABISHEKA M	Abhisheka M
5.	ADITYA	Aditya
6.	AKASH R	Akash
7.	AKSHITHA A	Akshitha
8.	ALLURI YASWANTH	Alluri Y
9.	AMRIN A	Amrin
10.	ANBALAGAN R	Anbalagan R
11.	ANUPRIYA K	Anupriya
12.	ANUSHKA SINGH	Anushka Singh
13.	ASHWINI BS	Ashwini B S
14.	AYESHA MARYAM	Ayesha Maryam
15.	BM MONIKA	Monika
16.	BHAGYASHREE	Bhagya - B
17.	BHARATH B	Bharath - B
18.	BHASKAR C	Bhaskar C
19.	BHOOMIKA T	Bhoomika - T
20.	DEENA KR	Deena -
21.	DEEPIKA V	Deepika
22.	DEVENDRA D	Devendra
23.	DILLIPKUMAR E	Dillip
24.	DIPANJANA NAYEK	Dipana
25.	GANESH KUMAR	Ganesh
26.	GEETHA M	Geetha - M
27.	GOKILAN N	Gokilan N
28.	GOWTHAM V	Gowtham
29.	GUNASHREE M	Gunashree
30.	HANUMANTARAYA GOUDA	Hanumantraya
31.	HARISH G	Harish - G
32.	HARSHA T	Harsha T
33.	HEMASHREE S	Hemashree S
34.	JEEVA B	Jeeva
35.	JOEL JHON PHILIP	Joel John
36.	JOSHITHA K	Joshitha
37.	JOSHNI D	Joshni D
38.	KALAVATHI K	Kalavathi
39.	KAVYA K	Kavya
40.	KESHAV KUMAR	Keshav
41.	KHASHIMASAB	Khashima
42.	KRITHIKA SK	Kaithika S K



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43	KULSUM	Kulsum
44	KUSHAL GOWDA HC	Kushal Gowda
45	LAVANYA R	Lavanya R
46	LIKHITH M	Likhith M
47	M HARIHARAN	M Hariharan
48	MEGALA S	Meghala S
49	MEGHANA R	Meghana R
50	MOHITH B D	Mohith B D
51	MONISH S	Monish S
52	MONISHA R	Monisha R
53	MURALI P	Murali P
54	NAMANA R	Namana R
55	NANDHA KUMAR S	Nandha Kumar S
56	NANDHISH KUMAR P	Nandhish Kumar P
57	NAYANA NN	Nayana NN
58	NIKKI KUMARI	Nikki Kumari
59	NITHYA M	Nithya M
60	NITU KUMARI P	Nitu Kumari P
61	PAYANA M	Payana M
62	PAVANI B	Pavani B
63	PAVITRA HIREMATH	Pavitra Hiremath
64	PK ARYAN OTTA	PK Aryan Otta
65	PRAJWAL L	Prajwal L
66	PRAKRUTHI J	Prakruthi J
67	PRAVEEN SHANKRI	Praveen Shankri
68	PRAVIN KUMAR M	Pravin Kumar M
69	RK DHANUSH	Rk Dhanush
70	RAKSHITHA S	Rakshitha S
71	RAKSHITHA S.	Rakshitha S.
72	RASHMITHA AR	Rashmitha AR
73	RAVI CHANDRA V	Ravi Chandra V
74	RITESH KHEMKA	Ritesh Khemka
75	ROHITH V	Rohith V
76	S NANDITHA	S Nanditha
77	SANGEETA N	Sangeeta N
78	SARA ZAIBA	Sara Zaiba
79	SARAN R	Saran R
80	SHAPTHAGIRI JM	Shapthagiri JM
81	SHI PA DAKU RATHOD	Shi Pa Daku Rathod
82	SHIVA KUMAR G	Shiva Kumar G
83	SIRISHA M	Sirisha M
84	SIRISHA S	Sirisha S
85	SNEHA H	Sneha H
86	SP AISHWARYA	SP Aishwarya
87	SUDHANSHU MISHRA	Sudhanshu Mishra



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88.	SUDHARSHAN S	Sudharshan - S
89.	SUSHMITA RANJAN	Sushmita
90.	THANUSHREE C	Thanushree - C
91.	TT LALNUNPUTA	Lalnunputa
92.	VR SRIE ARIA	Sree ARIA
93.	YAMUNA R	Yamuna - R
94.	AISHWARYA S K	Aishwarya S K
95.	ARPANA LAL	Arpana Lal
96.	BHAVANI S	Bhavani S
97.	DEEPIKA P	Deepika - P
98.	DEVIKA INDRANI A M	Devika
99.	FAZYNA MOHAMMED	Fazyna Mohammad
100.	GAHANA R	Gahana
101.	JULIA JOSE V	Julia
102.	KASHISH JAIN	Kashish
103.	MONIKA R	Monika R
104.	NARMADHA SREE	Narmadha
105.	NITHYA P	Nithya - P
106.	SANGEETHA B	Sangeetha
107.	SHAIK FARHAN ALI	Shaik Farhan
108.	SUJITHA SHREE R	Sujitha Shree
109.	SYED ARSLAIN	Syed
110.	TANVIKA SADANANDA	Tanvika S
111.	TEJASWINI	Tejasi
112.	VINOTH S	Vinodha
113.	YASHWANTH M	Yashwanth - M



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91.	TT LAL NUNPUJA	Lalnunpuja
92.	VR SRIE ARIA	Vr Sri Aria
93.	YAMUNA R	Yamuna - R
94.	AISHWARYA S K	Aishwarya - S K
95.	ARPANA LAL	Arpana Lal
96.	HIAVANI S	Hiavani - S
97.	DEEPIKA P	Deepika - P
98.	DEVIKA INDRANI A M	Devika
99.	FAZYNA MOHAMMED	Fazyna Mohammed
100.	GAHANA R	Gahana
101.	JULIA JOSE V	Julia
102.	KASHISH JAIN	Kashish
103.	MONIKA R	Monika - R
104.	NARMADHA SREE	Narmadha
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107.	SHAIK FARHAN ALI	Shaik Farhan
108.	SUJITHA SHREE R	Sujitha Shree
109.	SYED ARSLAIN	Syed
110.	TANVIKA SADANANDA	Tanvika - S
111.	TEJASWINI	Teji.
112.	VINOTH S	Vinodh
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*VChitra*  
MRS. CHAITHRA. K  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
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8<sup>th</sup> SEM B.Pharm has participated in the session on "STRESS AND  
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*K. Chaithra*  
MRS. CHAITHRA. K  
COORDINATOR

*P. Padma*  
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*KUK*  
MRS. CHAITHRA. K  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



Date: 22/04/2024

**CIRCULAR**

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an Induction Skills on "STRESS AND ITS MANAGEMENT" for the academic year 2023-2024 will be conducted on 25/04/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

*P. Padua*

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**STRESS AND ITS MANAGEMENT**

Department of Pharmacognosy  
Conducted On 25<sup>th</sup> APRIL 2024



**Dr. SWAPNA BONDADE**

*1103, Dept. of Psychiatry  
The Oxford Medical College Hospital and research centre  
Time: 11:00 Am  
Venue: Room No 501, Fifth Floor*

Chief Patron  
Dr. A. N. V. Narasimha Raju  
Chairman,  
The Oxford Educational Institutions

Convener  
Dr. Padma M Parvath  
Principal,  
The Oxford College of Pharmacy

Organizing Team  
Chaitra K  
Parvitha Desai B  
The Oxford College of Pharmacy

Brochure



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## PREAMBLE

In our fast-paced modern world, stress has become a prevalent aspect of daily life for many individuals. Whether it's due to work pressures, personal relationships, financial concerns, or health issues, the experience of stress is nearly universal. However, while stress itself is unavoidable, how we manage and respond to it can significantly impact our well-being and overall quality of life.

Stress, in its simplest definition, is the body's response to any demand or pressure. It triggers a cascade of physiological and psychological reactions, often known as the "fight or flight" response, designed to help us cope with perceived threats or challenges. While this response is essential for survival in certain situations, prolonged or excessive stress can have detrimental effects on both our physical and mental health.

Fortunately, various strategies and techniques can help individuals effectively manage stress and minimize its negative effects. Stress management encompasses a range of approaches aimed at reducing the intensity and frequency of stressors, as well as enhancing resilience to better cope with them when they arise.

## CONTENT OF THE SESSION

On 25<sup>th</sup> April 2024 The Oxford College of Pharmacy, Department of Pharmacognosy conducted "Stress And Its Management" Dr. Swapa Bondade, Speaker has delivered the content to reduce stress management, Improve Health and well- being, to increase productivity and performance, foster a positive work environment.

The objective of the organising the Stress and Its Management was achieved and Feedback was taken from the participants which helps to improve the quality of the activities conducted in future.

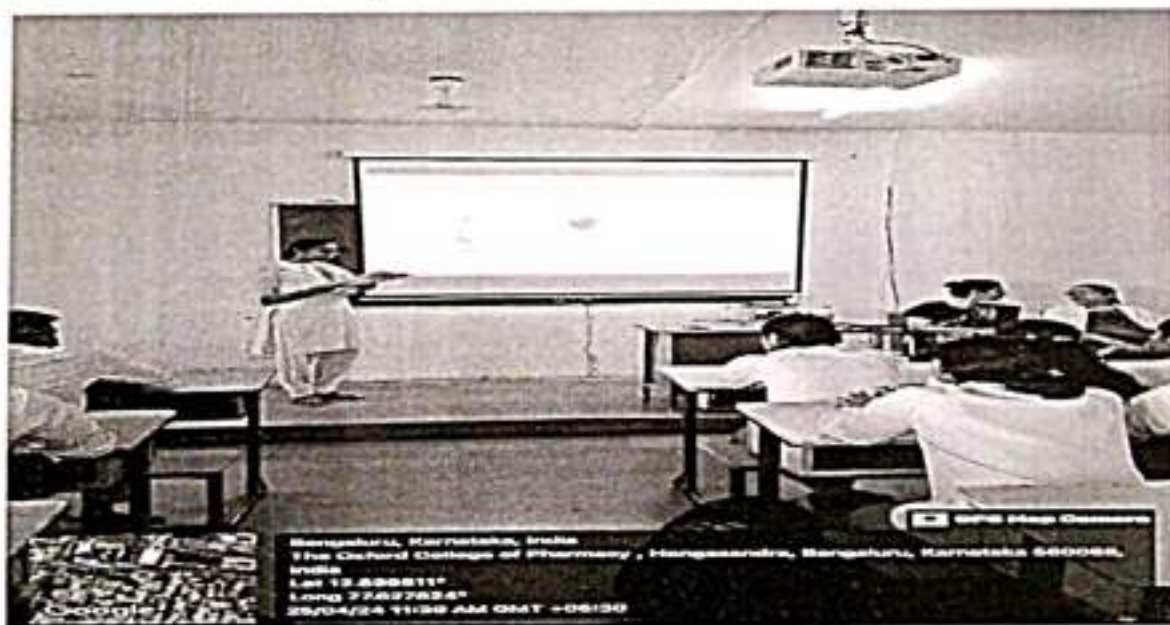
Mrs. Pavithra Devi. R ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh and the speaker Dr. Swapa Bondade for her wonderful talk and fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



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Dr. Swapa Bondade explaining on reducing stress



Vote of Thanks by Pavithra Devi. R



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Dr. Padmaa M Paarakh presenting the gift as a token of gratitude.



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43.	TANAY DEY	Tanay DeY
44.	USHMA GAMANGO	Ushma Gamango
45.	VARRA JHANSI	Varen Jhanssi
46.	VARUN SINGH	Varun Singh
47.	VIKAS D	Vikas D
48.	VINOD G	Vinod G
49.	RAMESH ANDAPPA JAKKALI	Ramesh Andappa Jakkali



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### OUTCOME

The program gave an insight of the importance, of the mind and body are often viewed as being separate, mental and physical health are actually closely related. 49 students participated in this program. Good mental health can positively affect your physical health. In return, poor mental health can negatively affect your physical health. A study found that positive psychological well-being can reduce the risks of heart attacks and strokes. Poor mental health can lead to poor physical health or harmful behaviors they are linked to many chronic illnesses -diabetes, asthma, cancer, cardiovascular disease, and arthritis.

END OF REPORT



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);





**LIST OF PARTICIPANTS**

S.NO	NAME OF THE STUDENT	SIGNATURE
1	ABARNA M	Abarna . M
2	AISHWARYA B K	Aishwarya B K
3.	ALIYA	Aliya
4.	AMRUTHA R	Amrutha . R
5.	ANJUM SABA	Anjum
6.	ARSHITHA L	Arshitha . L
7.	AZRA SULTANA	Azra
8.	CHETHAN	Chethan .
9.	CHHAGAN PATEL M	C. Chhagan M
10.	HAMSA A S	Hamsa AS
11.	HANUMANTHARAYAPPA GARI NEELAVATHI	Hanumantharayappa
12.	KAREENA G	Kareena . G
13.	KEERTHI PANDEY	Keerthi
14.	LALITH R	Lalith . R
15.	MAHESH BABU B R	Mahesh Babu
16.	MANISH J	Manish . J
17.	MANUKUMAR T D	Manukumar TD
18.	MS MONIKA	Monika
19.	NAYANA M E	Nayana .
20.	PAWAN C	Pawan
21.	PHAMLARTIN CHARII MONSANG	Phamlartin
22.	PRAKASH PATEL	Prakash
23.	PRASHANTH N	Prashanth N
24.	PRIYANKAMHIPPARAGI	Priyanka
25.	PRIYANGSHU KASHYAP	Priyankashu
26.	RAJESH PATEL	Rajesh
27.	RAJPUROHIT MAHIPAL VASANT	Raj
28.	RAMESHKUMAR CHOUDRI	Ramankumar
29.	ROIHITH N	Rohith . N
30.	SACHIN KUMAR	Sachin
31.	SANDHIYA V	Sandhya
32.	SAQLANE SHARIFF	Saqulane
33.	SEMINA BEGUM	Semina
34.	SHRAVAN PATEL	Shuvan
35.	SIVAKUMAR K	Siva Kumar
36.	SNEHA	Sneha
37.	SONIYA KUMARI S	Soniya
38.	SONU MANDAL	Sonu
39.	SOUGRAKPAM GUNSON SINGH	Sougrahya
40.	SOUNDHARYA M	Soundharya . M
41.	SUNITHA R	Sunitha . R
42.	SURAJ J	Suraj . J



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*Y.C.K.*  
**MRS. CHAITHRA. K**  
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DATE: 12/06/2024

**CIRCULAR**

All the students, teaching and non-teaching staff of The Oxford College of Pharmacy are hereby informed that program on "INTERNATIONAL YOGA DAY 2024" for the Academic Year 2023-24 will be conducted on 21/06/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

*P. Padur*  
PRINCIPAL

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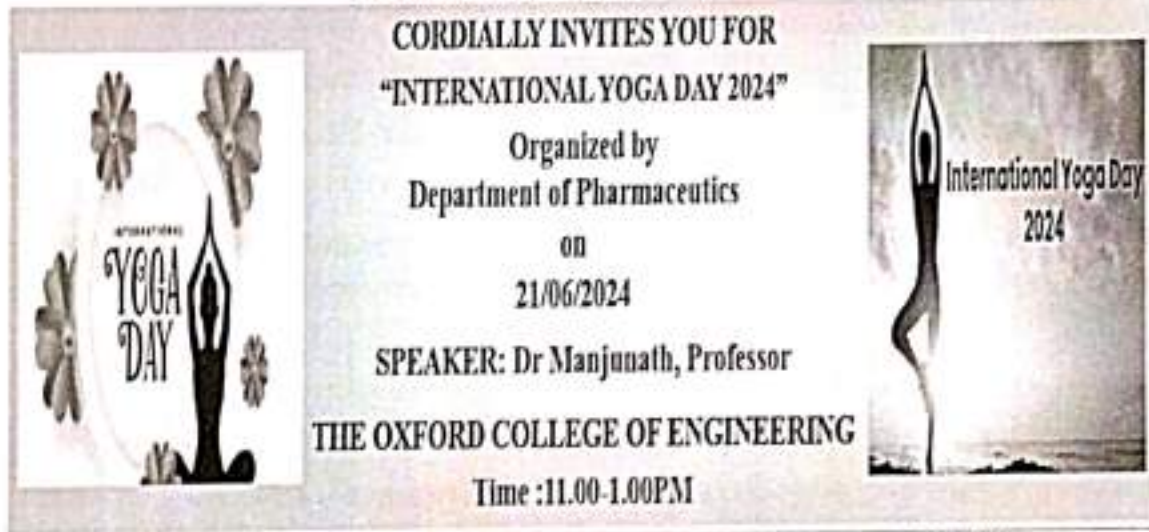


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**CORDIALLY INVITES YOU FOR**  
**"INTERNATIONAL YOGA DAY 2024"**  
Organized by  
Department of Pharmaceutics  
on  
21/06/2024  
SPEAKER: Dr Manjunath, Professor  
**THE OXFORD COLLEGE OF ENGINEERING**  
Time :11.00-1.00PM



CHIEF PATRON

Dr. S.N.V.L NARASIMHA RAJU  
Chairman  
The Oxford Educational Institutions

CONVENER

Dr. PADMAA M PAARAKH  
Principal,  
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CO-ORDINATOR

MRS NAGALAKSHMI R, Asst. Professor  
MRS DIVYA S KUMAR, Asst. Professor  
Department of Pharmaceutics  
The Oxford College of Pharmacy



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### PREAMBLE

The NSS Committee, The Oxford College of Pharmacy, Bangalore observed "International Yoga Day" on 21st June 2024, Mrs R Nagalakshmi, NSS coordinator and Assistant Professor, Department of Pharmaceutics, took initiative for conducting the program. There were around 112 participants in total.

### The content of the Session:

The Oxford College of Pharmacy, NSS Committee, Bangalore conducted the session on "INTERNATIONAL YOGA DAY 2024". The theme for this year was "Yoga for Self and Society". For this program, our college students as well as our sister concern college students also participated the event with full enthusiasm. The session started with the addressing of participants by our beloved Principal Dr Padmaa M Paarakh, who briefed the participants with the importance of practicing yoga every day for better health and mind well-being on this occasion of International Yoga Day and its importance in students' life. The session was then followed by the addressing by Dr Manjunath, Professor, The Oxford College of Engineering, regarding the benefits of Yoga in boosting the mental and physical well-being with different Yogas. He also emphasized how the daily practice of yoga by individuals will foster the societal harmony.

The event continued with the demonstration of few asanas of yoga and its benefits by the student volunteers from The Oxford College of Physiotherapy and Mr Rajamouli M, PT Teacher. The benefits of yoga like reduction of stress, mental clarity, overall physical fitness etc. The participants showed great enthusiasm in performing the different asanas. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. Few charts were also displayed showcasing the benefits of yoga, steps of Surya-namaskar etc.

The program further continued by visiting near residential areas to spread the awareness about Yoga and its benefits to the society by our college students. Few students volunteer briefed the elders regarding the importance of yoga and its benefits for the overall well-being.

No. of participants:112

### Schedule

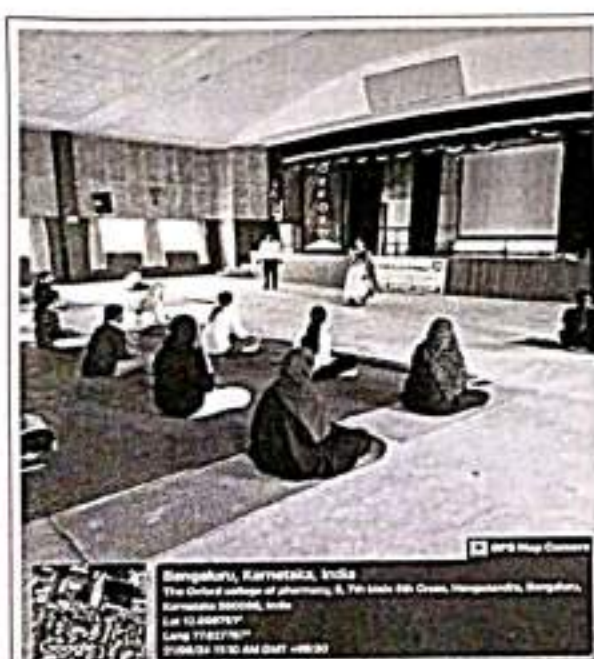
Timings	Event Schedule
11.00 am	International Yoga Day



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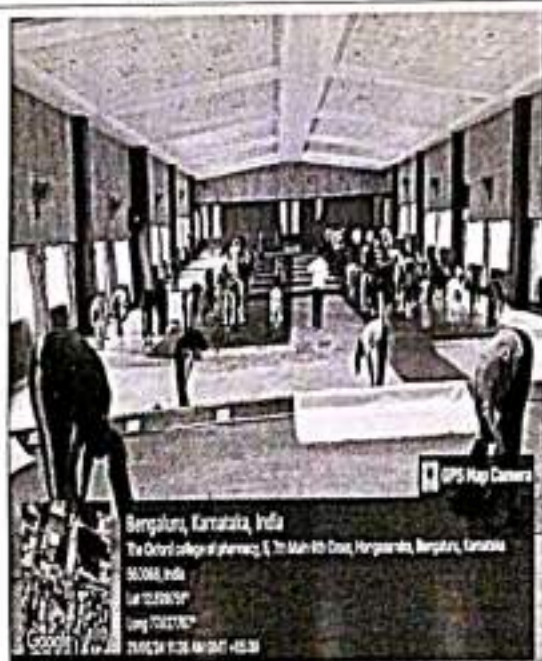
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The Oxford college of pharmacy, 5, The 6th Cross, Hongasandra, Bengaluru,  
Karnataka 560068, India  
Lat 12.684751°  
Long 77.627161°  
PHONES: 08-61754694

Speakers of the Session



Bengaluru, Karnataka, India  
The Oxford College Of Pharmacy 5/5, 6th cross, Begur road road, Hongasandra Bengaluru  
Lat 12.684751°  
Long 77.627161°  
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Volunteers Demonstrating Yoga



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560068, India  
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Participants enthusiastically performing Asanas



Bengaluru, Karnataka, India  
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Lat 12.684751°  
Long 77.627161°  
PHONES: 08-61754694



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)

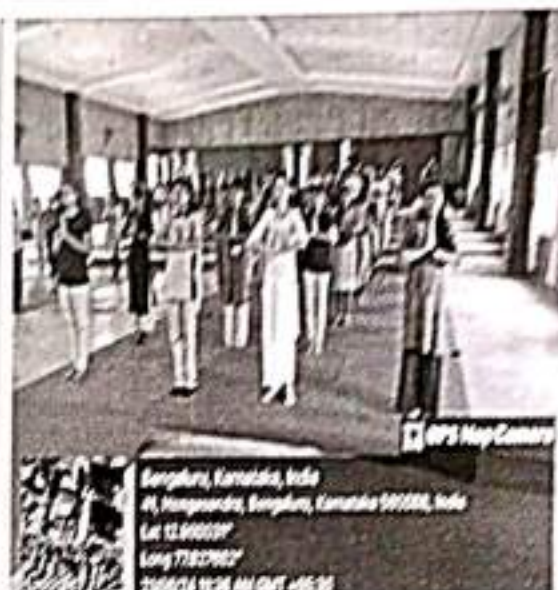


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Bengaluru, Karnataka, 560048  
K. Chitra Reddy, Saravali Swamiji Memorial PE, Hongasandra, Bengaluru, Karnataka  
560048, INDIA  
Lat 12.800047°  
Long 77.622347°  
21/06/24 12:58 PM GMT +05:30



Bengaluru, Karnataka, India  
K, Hongasandra, Bengaluru, Karnataka 560048, India  
Lat 12.800037°  
Long 77.622362°  
21/06/24 11:26 AM GMT +05:30

Participants performing Anas



Bengaluru, Karnataka, India  
The Oxford College Of Pharmacy 6/9 cross, begur main road, Hongasandra Bengaluru  
Lat 12.800037°  
Long 77.622362°  
21/06/24 12:13 PM GMT +05:30



Bengaluru, Karnataka, India  
6/9, Begur Road, Hongasandra, Bengaluru, Karnataka 560048, India  
Lat 12.800037°  
Long 77.622362°  
21/06/24 11:14 AM GMT +05:30

Organizing team and few participants



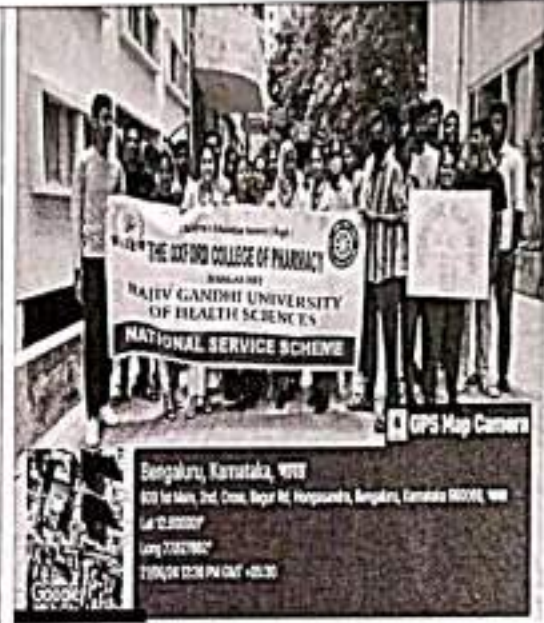
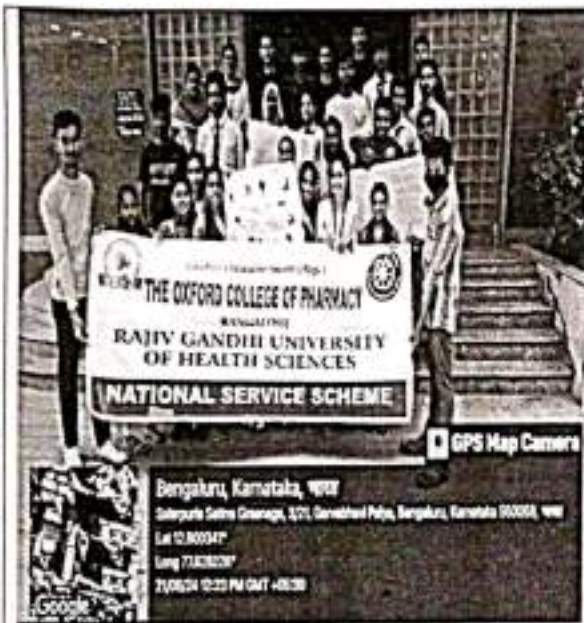
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Students proceeding to outreach the society



Students spreading awareness



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**LIST OF STUDENTS PARTICIPATED**

S.NO.	NAME OF THE CANDIDATE	SIGNATURE
1.	KISHAN KRUPAKAR	Kb
2.	M B TEJASWINI	Tejaswini - M.B.
3.	SADIK AHMED	Sadik Ahmed
4.	TAHIR AZAD ZARGAR	Tahir Azad
5.	A AKHIL REDDY	Akhil Reddy
6.	A D NANDINI	Nandini
7.	ABDUL AZEEZ A	Abdul Azeez
8.	ABHISHEK B K	Abhishek
9.	ABRAR MAJEED MALIK	AbRAR
10.	AIJAZ MUHAMMAD BHAT	Aijaz
11.	AMAR	Amar
12.	AMULYA R	Amulya R
13.	ANAND N	Anand N
14.	ANIRUDDHA CHAKRABORTY	Aniruddha
15.	APOORVA N	Apoorva
16.	ARCHANA S	Archana S
17.	CHETHAN M	Chethan M
18.	CHETHAN KUMAR B G	Chethan Kumar
19.	CHETHAN N	Chethan N
20.	CHIDANANDA G	Chidananda
21.	DEBASISH PARIDA	Debasish
22.	DEEPAK KUMAR MAHTO	Deepak
23.	DHARSHINI J	Dharshini
24.	DIVYA C K	Divya C
25.	GAGAN SAGAR M	Gagan Sagar
26.	GAYATHRI N BIRADAR	Gayathri
27.	GOWTHAM S	Gowtham S
28.	HARISH T K	Harish T K
29.	HARSHITHA P	Harshitha P
30.	HARSHITHA R	Harshitha R
31.	HEMANTH M	Hemant M
32.	IQRA	Iqra
33.	J PRAVIN	J Pravin
34.	JEEVAN R	Jeevan R
35.	JEEVITHA S	Jeevitha S
36.	K LAKSHMI	Lakshmi
37.	KUMARI MUSKAN	Muskan
38.	MADHURA R	Madhura
39.	MANASA S	Manasa S



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40.	MANIKYAM LIKHITH	<i>Manikya M.</i>
41.	MONISHA M	<i>Monisha M.</i>
42.	NOOR AYESHA L	<i>Noor Ayesha.</i>
43.	PALASH MAITY	<i>Palash Maity.</i>
44.	PRADEEP M	<i>Pradeep M.</i>
45.	ABARNA M	<i>Abarna M.</i>
46.	AISHWARYA B K	<i>Aishwarya B.K.</i>
47.	ALIYA	<i>Aliya.</i>
48.	AMRUTHA R	<i>Amrutha R.</i>
49.	ANJUM SABA	<i>Anjum Saba.</i>
50.	ARSHITHA L	<i>Arshitha L.</i>
51.	AZRA SULTANA	<i>Azra Sultana.</i>
52.	CHEZHAN	<i>Chezhan.</i>
53.	CHHAGAN PATEL M	<i>Chhagan Patel.</i>
54.	HAMSA A S	<i>Hamsa A.S.</i>
55.	HANUMANTHARAYAPPA GARI NEELAVATHI	<i>Neelavathi.</i>
56.	KAREENA G	<i>K.G.</i>
57.	KEERTHI PANDEY	<i>KEERTHI PANDEY</i>
58.	LALITH R	<i>L.R.</i>
59.	MAHESH BABU B R	<i>Mahesh Babu B.R.</i>
60.	MANISH J	<i>Manish.</i>
61.	MANUKUMAR T D	<i>Manu Kumar T.D.</i>
62.	MS MONIKA	<i>MS Monika.</i>
63.	NAYANA M E	<i>Nayana M.E.</i>
64.	PAWAN C	<i>Pawan.</i>
65.	PHAMLARTIN CHARII MONSANG	<i>Chhagan Patel.</i>
66.	PRAKASH PATEL	<i>P.P.</i>
67.	PRASHANTH N	<i>Prashanth N.</i>
68.	PRI YANKAMHIPPARAGI	<i>Priyanka.</i>
69.	PRIYANGSHU KASHYAP	<i>Priyankashu Kashyap.</i>
70.	RAJESH PATEL	<i>Rajesh Patel.</i>
71.	RAJPUROHIT MAHIPAL VASANT	<i>Vasanth.</i>
72.	RAMESHKUMAR CHOUDRI	<i>Rameshkumar.</i>
73.	ROHITH N	<i>Rohith.</i>
74.	SACHIN KUMAR	<i>Sachin Kumar.</i>
75.	SANDHYA V	<i>Sandhya V.</i>
76.	SAQLANE SHARIFF	<i>Saqlane Shariff.</i>
77.	SEMINA BEGUM	<i>Semina Begum.</i>
78.	SHRAVAN PATEL	<i>Shravan Patel.</i>
79.	SIVAKUMAR K	<i>Siva Kumar K.</i>
80.	SNEHA	<i>Sneha.</i>



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81.	SONIYA KUMARI S	Soniya Kumari S
82.	SONU MANDAL	Sonu
83.	SOUGRAK PAM GUNSON SINGH	Sougrak P
84.	SOUNDHARYA M	Soundharya M
85.	SUNITHA R	Sunitha R
86.	SURAJ J	Suraj J
87.	TANAY DEY	Tanay Dey
88.	USHMA GAMANGO	Ushma Gamango
89.	VARRA JHANSI	Varra Jhansi
90.	VARUN SINGH	Varun Singh
91.	VIKAS D	Vikas D
92.	VINOD G	Vinod G
93.	RAMESH ANDAPPA JAKKALI	Ramesh A
94.	GEETHA M	Geetha M
95.	GOKILAN N	Gokilan N
96.	GOWTHAM V	Gowtham V
97.	GUNASHREE M	Gunashree M
98.	HARIHARAN M	Harihara M
99.	HARISH G	Harish G
100.	HARSHA T	Harsha T
101.	HEMASHREE S	Hemashree S
102.	JAI SURYA S	Jai Surya S
103.	JEEVA B	Jeeva B
104.	JOE LAMBOKLANG	Joe Lamboklang
105.	JOEL JOHN PHILIP	Joel John Philip
106.	JOSHITHA K	Joshitha K
107.	JOSHNI D	Joshni D
108.	KALAVATHI K	Kalavathi K
109.	AKSHITHA A	Akshitha A
110.	ALLURI YASWANTH	Alluri Yaswanth
111.	ANBALAGAN R	Anbalagan R
112.	ANUPRIYA K	Anupriya K



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### OUTCOME OF THE PROGRAM

The International Yoga Day was observed successfully. All the 112 participants were benefitted by the session organized by the NSS committee, The Oxford College of Pharmacy. The session facilitated awareness regarding the benefits of yoga in the total well-being of individual and creating societal harmony. It also helped in fostering the sense of unity as participants came from different background. The participants knowledge and awareness were raised about the physical, mental and spiritual benefits of yoga. The participants also shown keen interest in taking forward the spreading of awareness to the near neighbourhood so that this holistic approach of balanced life style can reach to every nook and corner for creating an overall societal harmony.

END OF REPORT



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**CERTIFICATE OF PARTICIPATION**

This is to Certify that Mr/Ms/Dr/Mrs HARSHDEEP SARWA  
has attended **International Yoga Day** organized by the  
Department of Pharmaceutics on 21st June 2024



**Dr. PADMAA M PAARAKH**  
Principal  
The Oxford College Of Pharmacy





**Mrs. DIVYA S KUMAR**  
Organising secretary

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**CERTIFICATE OF PARTICIPATION**

This is to Certify that Mr/Ms/Dr/Mrs ASHISH ABRAHAM  
has attended **International Yoga Day** organized by the  
Department of Pharmaceutics on 21st June 2024

*P. Padma*

**Dr. PADMAA M PAARAKH**  
Principal  
The Oxford College Of Pharmacy



*Divya S Kumar*

**Mrs. DIVYA S KUMAR**  
Organising secretary

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**CERTIFICATE OF PARTICIPATION**

This is to Certify that Mr/Ms/Dr/Mrs KEERTHANA C  
has attended **International Yoga Day** organized by the  
Department of Pharmaceutics on 21st June 2024

*P. Padma*

**Dr. PADMAA M PAARAKH**  
Principal  
The Oxford College Of Pharmacy



*Divya*

**Mrs. DIVYA S KUMAR**  
Organising secretary

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**CERTIFICATE OF PARTICIPATION**

This is to Certify that Mr/Ms/Dr/Mrs ARYA KRISHNI  
has attended **International Yoga Day** organized by the  
Department of Pharmaceutics on 21st June 2024

*P. Padma*

**Dr. PADMAA M PAARAKH**  
Principal  
The Oxford College Of Pharmacy



*Divya S Kumar*

**Mrs. DIVYA S KUMAR**  
Organising secretary

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**CERTIFICATE OF PARTICIPATION**

This is to Certify that Mr/Ms/Dr/Mrs POVINDHAR C  
has attended **International Yoga Day** organized by the  
Department of Pharmaceutics on 21st June 2024

*P. Padma*

**Dr. PADMAA M PAARAKH**  
Principal  
The Oxford College Of Pharmacy



*Divya*

**Mrs. DIVYA S KUMAR**  
Organising secretary



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Date: 10/01/2024

## CIRCULAR

This is to inform all B. Pharm and Pharm D I year students of The Oxford College of Pharmacy that "English language class for enhancing language skill" will be conducted from 18/01/2024, weekly three classes will be conducted. We look forward to active participation in the same.

*P. Padua*  
PRINCIPAL

Cc

1. Office
2. All departments

PRINCIPAL  
The Oxford College of Pharmacy  
No 6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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**TRAINING SESSION  
ON  
ENGLISH LANGUAGE CLASS FOR  
ENHANCING LANGUAGE SKILL**

**ORGANISED BY  
DEPARTMENT OF PHARMACY PRACTICE**

**Date. 18.01.2024**

**Time. 11am-12pm**

**Chief Patron**  
Dr. SNVL Narasimha Raju  
Chairman  
The Oxford Educational Institutions

**Convener**  
Dr. Padma MPasrath  
Principal  
The Oxford College of Pharmacy

**Organizing Co-ordinator**  
Dr. Priyadharsini M  
Department of Pharmacy Practice  
The Oxford College of Pharmacy

**BROCHURE**



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### REPORT ON ENGLISH LANGUAGE CLASS FOR ENHANCING LANGUAGE SKILL FOR THE YEAR 2023-2024

#### **Need for language skills development:**

Our language training programs have been essential to helping students who struggle with language barriers in their studies. These programs are designed specifically for those with moderate to weak English skills to improve their language abilities. As a result, students can better understand the course content and become more proficient in their writing. We also support individuals who need help with Basic English sentence construction.

#### **Objective of English language program:**

- To impart adequate speaking, reading, and writing skills to students.
- To use English as a communicating language in curriculum
- To develop and create interest in English as a language of day-to-day life.

#### **Methods developed to improve language skills:**

Weak and moderate students were divided into two groups based on their coping abilities with language learning. The English teacher gave them formal training in English lab word worth software. Intensive training was provided in resolving grammar errors.

#### **Outcome of the program:**

The course has proven to be a remarkable success. According to feedback from the students, they have significantly improved their reading and writing abilities. All 30 students who enrolled in the program showed improvement in English listening and writing skills.

#### **Course coordinator:**

Ms. Jessy Koshy,

Assistant Professor,

The Oxford College of Engineering, Bengaluru.



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## REGISTRATION LIST

sl.no	List of participants	signature
1.	SYED ARSLAIN	<i>Syed Arslain</i>
2.	TANVIKA SADANANDA M	<i>Tanvi</i>
3.	TEJASWINI BHENDAWADE	<i>Tejaswini</i>
4.	VINOTH S	<i>Vinodh S.</i>
5.	YASHWANTH M	<i>Yashwanth</i>
6.	KUSLUM	<i>Kusluma</i>
7.	KUSHAM GOWDA H C	<i>Kusham</i>
8.	LAVANYA R	<i>Lavanya</i>
9.	LIKHITH M	<i>Likhitha</i>
10.	M.HARIHARAN	<i>M. Haritha</i>
11.	S.MEGALA	<i>Mega</i>
12.	MEGHANA R	<i>Meghana</i>
13.	MOHITH B.D	<i>Monish B.D.</i>
14.	MONISH S	<i>Monish S.</i>
15.	MONISHA R	<i>Moni</i>
16.	MURALI P	<i>Murali</i>
17.	NAMANA R	<i>Namana</i>
18.	NANDHA KUMAR.S	<i>Nandha</i>
19.	NANDHISHKUMAR.P	<i>Nandish</i>
20.	NAYANA NN	<i>Nayana</i>
21.	NIKKI KUMARI	<i>Nikki</i>
22.	NITHYA.M	<i>Nithya</i>
23.	NITU KUMARI.P	<i>Nitu</i>
24.	PAVANA M	<i>Pavana M.</i>
25.	PAVANLB	<i>Pavan B.</i>
26.	PAVITRA HIREMATH	<i>Hiremath Pavitra</i>



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27.	PK ARYAN OTTA	PK ARYA
28.	PRAJWAL	Prajwal
29.	PRAKRUTHI J	Prakruthi
30.	PRAVEEN S SHANKRI	Praveen



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**Attendance Statement**

S. No	Name of the student	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	Date of the Class	18/1	19/1	20/1	25/1	28/1	1/2	2/2	3/2	8/2	9/2	10/2	15/2	16/2	17/2	22/2
1	SYED ARSLAIN	1	A	2	3	4	5	6	7	8	9	10	11	12	13	14
2	TANVIKA SADANANDA M	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
3	TEJASWINI BHENDAWADE	1	2	3	4	5	6	7	8	A	9	10	11	12	13	14
4	VINOTH S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
5	YASHWANTH M	1	2	A	3	4	5	6	7	8	9	10	11	12	13	14
6	KUSLUM	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
7	KUSHAM GOWDA H C	1	A	2	3	4	A	5	6	7	8	9	10	11	12	13
8	LAVANYA R	1	2	3	4	5	6	A	7	8	9	10	11	12	13	14
9	LIKHITH M	1	2	3	A	4	5	6	7	8	9	10	11	12	13	14
10	M.HARIHARAN	1	A	2	3	4	5	6	7	8	9	10	11	12	A	13
11	S.MEGALA	1	2	3	A	4	5	6	7	8	9	10	11	12	13	14
12	MEGHANA R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
13	MOHITH B.D	1	A	2	3	4	5	6	7	8	9	10	11	12	13	14
14	MONISH.S	1	A	2	3	4	5	A	6	7	8	9	10	11	12	13
15	MONISHA R	1	2	3	4	A	5	6	7	8	9	10	11	12	13	14
16	MURALI P	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
17	NAMANA R	1	A	2	A	3	4	5	6	7	8	9	10	11	12	13
18	NANDHA KUMAR.S	1	2	3	A	4	5	6	7	8	9	10	11	12	13	14
19	NANDHISHKUM AR.P	1	2	3	A	4	5	6	7	A	8	9	10	11	12	13
20	NAYANA NN	1	2	3	4	A	5	6	7	8	9	10	11	12	13	14
21	NIKKI KUMARI	1	A	2	3	4	5	6	7	8	9	10	11	12	13	14
22	NITHYA.M	1	2	3	4	A	5	6	7	8	9	10	11	A	12	13
23	NITU KUMAR.P	1	2	A	3	4	5	6	7	8	9	10	11	12	13	14
24	PAVANA M	1	2	3	4	5	6	7	8	9	10	11	A	12	13	14





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25	PAVANI.B	1	2	3	4	A	5	6	7	8	9	10	11	12	13	14
26	PAVITRA HIREMATH	1	2	3	A	4	5	6	7	8	9	10	11	12	13	14
27	PK ARYAN OTTA	1	2	3	4	5	A	6	7	8	9	A	10	11	12	13
28	PRAJWAL	1	2	3	4	5	6	A	7	8	9	10	11	A	12	13
29	PRAKRUTHI J	1	2	3	4	A	5	6	7	8	9	10	11	12	13	14
30	PRAVEEN S SHANKRI	1	2	3	4	A	5	6	7	8	9	10	11	12	13	14
	Signature of staff															



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S. No	Name of the student	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	Date of the Class	23/6	24/6	27/6	1/3	2/3	7/3	9/3	14/3	15/3	16/3	21/3	22/3	23/3	28/3	30/3
1	SYED ARSLAIN	15	16	19	18	A	19	20	21	22	23	24	25	26	29	28
2	TANVIKA SADANANDA M	16	A	19	18	19	20	21	22	23	24	A	25	26	A	29
3	TEJASWINI BHENDAWADE	15	16	19	18	A	19	20	21	22	23	24	25	A	26	29
4	VINOTH S	16	19	18	19	20	A	21	22	23	24	25	26	29	28	29
5	YASHWANTH M	15	16	19	18	A	19	20	21	22	23	24	25	26	29	A
6	KUSLUM	16	19	18	19	20	21	22	23	24	25	A	26	29	A	28
7	KUSHAM GOWDA H C	14	15	16	19	18	19	20	21	22	23	24	25	26	29	28
8	LAVANYA R	15	16	19	18	19	20	21	22	23	24	25	26	29	28	29
9	LIKHITH M	15	16	19	18	19	20	21	22	23	A	24	25	26	29	A
10	M.HARIHARAN	14	15	16	19	18	29	20	21	22	A	23	24	25	26	29
11	S.MEGALA	15	16	19	18	19	20	21	22	23	24	25	26	29	28	29
12	MEGHANA R	16	19	18	19	20	21	22	A	23	24	25	26	29	28	A
13	MOHITH B.D	15	16	19	18	19	20	21	22	23	24	25	26	29	28	29
14	MONISH S	14	15	16	19	18	29	20	21	22	23	24	25	26	29	28
15	MONISHA R	15	16	19	18	19	A	20	21	22	23	24	25	26	A	29
16	MURALI P	16	19	18	19	20	21	22	23	24	25	26	29	28	29	30
17	NAMANA R	14	15	16	19	18	19	20	21	22	23	24	25	26	29	28
18	NANDHA KUMAR S	15	16	19	18	19	20	21	22	23	24	25	26	29	28	29
19	NANDHISHKUM ARP	14	15	16	19	18	19	20	21	22	A	23	24	25	26	29
20	NAYANA NN	15	16	19	18	19	20	21	22	A	23	24	25	26	29	28
21	NIKKI KUMARI	15	16	19	18	19	20	21	A	22	23	24	25	26	29	28
22	NITHYA M	14	15	16	19	A	18	29	20	21	22	23	24	25	26	29
23	NITU KUMARI P	15	16	A	19	18	19	20	21	22	23	24	25	26	29	28
24	PAVANA M	15	16	A	19	18	19	20	21	22	23	24	25	26	29	28



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25	PAVANI.B	15	A	16	17	18	19	20	21	22	23	24	25	26	27	28
26	PAVITRA HIREMATH	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
27	PK ARYAN OTTA	14	15	16	A	17	18	19	20	21	22	23	24	25	26	27
28	PRAJWAL	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	PRAKRUTHI J	15	A	16	17	18	19	20	21	22	23	24	25	26	27	28
30	PRAVEEN S SHANKRI	15	16	17	18	19	20	21	22	23	24	A	25	26	27	28
	Signature of staff															



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### OUTCOME

The programme was organized to make students produce words with right pronunciation, develop vocabulary and improve the accuracy in grammar., develop the confidence to speak in public, demonstrate positive group communication exchanges, ability to speak and write clearly in standard, academic English. On completion of the course, 30 students were able to identify common errors in spoken and written communication, get familiarized with English vocabulary and language proficiency, improve nature and style of sensible writing, acquire employment and workplace communication skills.

### END OF THE REPORT



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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# 6/9, 1ST MAIN, BEGUR ROAD,  
HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that <sup>✓</sup>Mr./Ms. MURALI.P of B.PHARM  
has participated in the “ENGLISH LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL” organized by Department of Pharmacy Practice on 30-03-  
2024

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL

*M. Priyadharshini*  
DR PRIYADHARSHINI.M  
COORDINATOR





THE OXFORD COLLEGE OF PHARMACY  
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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. <sup>✓</sup> S. MEGALA of B. PHARM  
has participated in the “ENGLISH LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL” organized by Department of Pharmacy Practice on 30-03-  
2024

*P. Padma*

**DR. PADMAA M PAARAKH**  
PRINCIPAL

*M. Priyadharsini*

**DR PRIYADHARSHINI.M**  
COORDINATOR



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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./<sup>✓</sup>Ms. PAVANI.B of B.PHARM  
has participated in the “ENGLISH LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL” organized by Department of Pharmacy Practice on 30-03-  
2024

*P. Padma*  
**DR. PADMAA M PAARAKH**  
PRINCIPAL

*NP*  
**DR PRIYADHARSHIN.M**  
COORDINATOR



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Date: 5/01/2024

**CIRCULAR**

This is to inform all B. Pharm and Pharm D I year students of The Oxford College of Pharmacy that "ENGLISH LANGUAGE SKILLS FOR STUDENTS FROM RURAL BACKGROUND" will be conducted from 8/01/2024, weekly three classes will be conducted. We look forward to active participation in the same.

Cc

1. Office
2. All departments

*P. Padma*  
PRINCIPAL  
PRINCIPAL  
The Oxford College of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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**REPORT ON**

**ENGLISH LANGUAGE SKILLS FOR STUDENTS FROM RURAL BACKGROUND**  
**FOR THE YEAR 2023-2024**

**Need for language skills development:**

Our language training programs have been essential to help the rural students who struggle with language barriers in their studies. Students from rural backgrounds face several challenges in mastering this language, as they often lack exposure, resources, and support. These programs are designed specifically for those with moderate to weak English skills to improve their language abilities. As a result, students can better understand the course content and become more proficient in their writing. We also support individuals who need help with Basic English sentence construction. Rural schools often struggle with inadequate resources and trained teachers. In many rural areas, schools lack access to modern educational tools, including English-language textbooks, computers, and multimedia devices that make learning more interactive. Many teachers in rural schools may not have strong English proficiency themselves, which hinders the quality of instruction. This, in turn, leads to gaps in the students' understanding of the language and its proper use in communication.

**Objective of English language program:**

- To impart adequate speaking, reading, and writing skills to students.
- To use English as a communicating language in curriculum
- To develop and create interest in English as a language of day-to-day life.

**Methods developed to improve language skills:**

Teachers should adopt interactive and student-centered teaching methods. Activities such as role-playing, group discussions, debates, and language games encourage active participation and create a dynamic learning environment. This also helps students develop their speaking and listening skills, which are often underdeveloped in traditional rural classrooms. Weak and moderate students were divided into two groups based on their coping abilities with language learning. The English teacher gave them formal training in English lab word worth software. Intensive training was provided in resolving grammar errors.

**Course coordinator:**

Ms. Jessy Koshy,

Assistant Professor,

The Oxford College of Engineering, Bengaluru.



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**LIST OF PARTICIPANTS**

sl.no	List of participants	Signature
1.	KIRAN P	Kiran
2.	MONISHA KC	Monisha
3.	MONISHA S	Monisha
4.	NITHIN KUMAR C	Nithin
5.	PURUSHOTHAM M	Purushotham
6.	SHIWANI SINGH	Shiwani
7.	YAKSHITHA V	Yakshitha
8.	YAKSHITHA M	Yakshitha
9.	AHALAYA R	Ahalaya
10.	ASTIK	Astik
11.	CHITRA V	Chitra
12.	DIVYASHREE T	Divyashree
13.	MYTHILI PRIYANKA C	Mythili
14.	MOLUNGZANG AIER	Molungzang
15.	HARSHDEEP SARVA	Harshdeep
16.	KATHIRMANI RAJA S	Kathirmani
17.	ZOMBARKAR MUSKAN	Muskan
18.	ABIGAIL N MOZHUI	Abigail
19.	ANIRBAN DEBNATH	Anirban
20.	ASHISH ABHRAHAM	Ashish
21.	DEBJIT BHAKAT	Debjit
22.	DEEPTI CHOUDHARY	Deepti
23.	DIMPLE G	Dimple
24.	GANANESWAR RAO S	Gananeshwar
25.	HEMA NS	Hema



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## ATTENDANCE STATEMENT

S. No	Name of the student	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	Date of the Class	8/1	9/1	10/1	16/1	17/1	22/1	23/1	24/1	29/1	30/1	5/2	6/2	7/2	12/2	13/2	
1	KIRAN P	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
2	MONISHA KC	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
3	MONISHA S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
4	NITHIN KUMAR C	1	2	3	4	5	6	7	8	9	10	A	11	12	13	14	
5	PURUSHOTHAM M	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
6	SHIWANI SINGH	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
7	YAKSHITHA V	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
8	YAKSHITHA M	1	2	3	4	A	5	6	7	8	9	10	A	11	12	13	14
9	AHALAYA R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
10	ASTIK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
11	CHITRA V	1	2	3	4	5	6	A	7	8	9	10	11	12	13	14	
12	DIVYASHREE T	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
13	MYTHILI PRIYANKA C	1	2	A	3	4	A	5	6	7	8	9	10	11	12	13	
14	MOLUNGZANG AIER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
15	HARSHDEEP SARVA	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
16	KATHIRMANI RAJA S	1	2	3	4	5	6	7	A	8	9	10	11	12	13	14	
17	ZOMBARKAR MUSKAN	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
18	ABIGAIL N MOZHUI	1	2	A	3	A	4	5	6	7	8	9	10	11	12	13	
19	ANIRBAN DEBNATH	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
20	ASHISH ABHRAHAM	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
21	DEBJIT BHAKAT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
22	DEEPTI CHOUDHARY	1	2	3	4	5	6	7	A	8	9	10	11	12	13	14	
23	DIMPLE G	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
24	GANANESWAR RAO S	1	2	3	4	5	6	7	A	8	9	10	11	12	13	14	
25	HEMA NS	1	2	3	4	5	6	7	8	9	10	11	12	A	13	14	
	Signature of staff	DD	DD	DD	DD	DD	DD	DD	DD	DD	DD	DD	DD	DD	DD	DD	



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### OUTCOME

The programme was organized to make the rural students produce words with right pronunciation, develop vocabulary and improve the accuracy in grammar, develop the confidence to speak in public, demonstrate positive group communication exchanges, ability to speak and write clearly in standard, academic English. On completion of the course, 25 students were able to identify common errors in spoken and written communication, get familiarized with English vocabulary and language proficiency, improve nature and style of sensible writing, acquire employment and workplace communication skills. Improving English language skills for students from rural backgrounds is crucial for their personal growth, academic success, and future career opportunities. By contextualizing lessons, incorporating interactive teaching methods, leveraging technology, building confidence, and involving the community, rural students feel motivated and capable of mastering English. This seminar helps to empower rural students to overcome the barriers that limit their potential and open up a world of opportunities for them.

**END OF THE REPORT**



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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# 6/9, 1ST MAIN, BEGUR ROAD,  
HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Kiran of B.PHARM  
has participated in the “ENGLISH LANGUAGE SKILLS FOR STUDENTS  
FROM RURAL BACKGROUND” organized by Department of Pharmacy  
Practice on 19-03-2024

*P. Padma*

DR. PADMA M PAARAKH  
PRINCIPAL

*M. Priyadharshini*

DR PRIYADHARSHINI M  
COORDINATOR





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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Monisha KC of B. PHARM  
has participated in the “ENGLISH LANGUAGE SKILLS FOR STUDENTS  
FROM RURAL BACKGROUND” organized by Department of Pharmacy  
Practice on 19-03-2024

*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL

*M. Priyadharshini*

DR PRIYADHARSHINI M  
COORDINATOR



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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Monisha S of B. PHARM  
has participated in the “ENGLISH LANGUAGE SKILLS FOR STUDENTS  
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*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL

*MPriy*

DR PRIYADHARSHINI M  
COORDINATOR



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# 6/9, 1ST MAIN, BEGUR ROAD,  
HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Nithin Kumar C of B. PHARM  
has participated in the “ENGLISH LANGUAGE SKILLS FOR STUDENTS  
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*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL

*M. Priyadharshini*

DR PRIYADHARSHINI M  
COORDINATOR



THE OXFORD COLLEGE OF PHARMACY  
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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. Purushotham of B PHARM  
has participated in the “ENGLISH LANGUAGE SKILLS FOR STUDENTS  
FROM RURAL BACKGROUND” organized by Department of Pharmacy  
Practice on 19-03-2024

*P. Padma*

DR. PADMA M PAARAKH  
PRINCIPAL

*M. Priya*

DR PRIYADHARSHINI.M  
COORDINATOR



THE OXFORD COLLEGE OF PHARMACY  
# 6/9, 1ST MAIN, BEGUR ROAD,  
HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms.    Astik    of    B-PHARM     
has participated in the “ENGLISH LANGUAGE SKILLS FOR STUDENTS  
FROM RURAL BACKGROUND” organized by Department of Pharmacy  
Practice on 19-03-2024

*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL

*M. Priya*

DR PRIYADHARSHINI.M  
COORDINATOR



Date: 10/01/2024

**CIRCULAR**

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that Kannada Language classes for first year students for the academic year 2023-2024 will be conducted from 18/01/2024, weekly three classes will be conducted. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068

Cc

1. Office
2. All departments





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Children's Education Society (Regd.)

## THE OXFORD COLLEGE OF PHARMACY

6/9, 1st Main, Begur Road, Hongasandra, Bengaluru-560 068

**TRAINING SESSION**

**ON**

**KANNADA LANGUAGE CLASS FOR**

**ENHANCING LANGUAGE SKILL**

**ORGANISED BY**

**DEPARTMENT OF PHARMACY PRACTICE**

**Date: 18-01-2024**

**Time: 11am-12pm**

**Chief Patron**

**Dr. SNV L Narasimha Raju**

**Chairman**

**The Oxford Educational Institutions**

**Convener**

**Dr. Padma M Paarakh**

**Principal**

**The Oxford College of Pharmacy**

**Organizing Co-ordinator**

**Dr. Priyadharshini M**

**Department of Pharmacy Practice**

**The Oxford College of Pharmacy**



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## REPORT ON

### KANNADA LANGUAGE CLASS TO ENHANCE LANGUAGE SKILL DEVELOPMENT FOR THE YEAR 2023-2024

Kannada is a rich and ancient language with a unique culture and history. Kannada language class are organized to create awareness of Kannada language and culture among the youth. These classes are a pioneer for engraving and mobilizing young minds towards compassion and gaining inspiration of our ancestors who brought us freedom. The purpose of this Kannada art forms among Kannadigas and other like-minded people.

#### Objectives:

1. Learning Kannada helps you connect with the local culture and appreciate its nuances, to communicate effectively with locals in Karnataka, making everyday interactions smoother.
2. Kannada has a vast literary and artistic heritage. Learning the language helps you appreciate and enjoy the works of famous Kannada writers, poets, and artists.
3. Speaking Kannada helps you build stronger relationships with locals, fostering a sense of community and belonging.
4. Mastering a new language like Kannada boosts self-confidence and demonstrates your commitment to learning

#### Course Coordinator:

Dr. Raghavendra S Hegde

Professor

BVVS Bagalkot, Bengaluru





REGISTRATION LIST

SL.NO	LIST OF PARTICIPANTS	SIGNATURE
1.	AISHWARYA S K	Aishwarya
2.	ARPANA LAL	Arpana
3.	BHAVANI S	Bhavani S
4.	DEEPIKA P	Deepika
5.	DEVIKA INDRANI A M	Devika Indira
6.	FAZYNA MOHAMMED M	Fazna
7.	GAHANA R	Gahana
8.	JULIA JOSE V	Julia
9.	KASHISHI JAIN	Kashish
10.	A YESWANTHI	Yesuwanthi
11.	ABHINAV ANAND	Abhinav
12.	ABHISHEK H PATIL	Abhishek
13.	ABISHEKA M	Abhisheka
14.	ADITYA	Aditya
15.	AKASHI. R	Akashi
16.	AKSHITHA.A	Akshitha
17.	ALLURI YASWANTH	Alluri
18.	AMRINA	Amrini
19.	RANBALAGAN	Ranbalagan
20.	ANUPRIYA.K	Anupriya
21.	ANUSHIKA SINGH	Anushika
22.	ASHWINI.D.S	Ashwini
23.	AYESHA MARYAM	Ayesha
24.	D M MONIKA	Monika



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25.	BIHAGYASHREE	Bhagyashree
26.	BHARATHI B	Bharathi
27.	MONIKA R	Monika
28.	NARMADHA SREE S	Narmadha Shree
29.	NITHYA P	Nithya
30.	SANGEETHA B	Sangeetha





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S. No	Name of the student	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	Date of the Class	23/2	1/3	2/3	7/3	9/3	14/3	15/3	14/3	20/3	22/3	23/3	29/3	29/3	30/3	4/4
1	AISHWARYA S K	15	16	17	18	19	20	A	21	22	23	24	25	26	27	28
2	ARPANA LAL	16	17	A	18	19	20	21	22	23	24	25	26	27	28	29
3	BHAVANI S	14	A	15	16	17	18	19	20	21	22	23	24	25	26	27
4	DEEPIKA P	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
5	DEVIKA INDRANI	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
6	FAZYNA	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
7	GAHANA R	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
8	JULIA JOSE V	15	16	17	18	A	19	20	21	22	23	24	25	26	27	28
9	KASHISH JAIN	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
10	A YESWANTH	16	16	17	18	19	20	21	22	23	24	25	26	27	28	29
11	ABHINAV ANAND	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
12	ABHISHEK H PATIL	16	A	17	18	19	20	21	22	23	24	25	26	27	28	29
13	ABISHEKA.M	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
14	ADITYA	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
15	AKASH R	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
16	AKSHITHA.A	16	17	18	19	A	20	21	22	23	24	25	26	27	28	29
17	ALLURI YASWANTH	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
18	AMRINA	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
19	RANBALAGAN	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
20	ANUPRIYA.K	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
21	ANUSHKA SINGH	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
22	ASHWINL.B.S	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
23	AYESHA MARYAM	16	A	17	18	19	20	21	22	23	24	25	26	27	28	29
24	B M MONIKA	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
25	BHAGYASHREE	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
26	BHARATH.B	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
27	MONIKA R	15	16	17	18	19	A	20	21	22	23	24	25	26	27	28
28	NARMADHA SREE S	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
29	NITHYA P	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
30	SANGEETHA B	15	16	17	18	19	20	21	22	23	24	25	A	26	27	28
Signature of Teacher		15	16	17	18	19	20	21	22	23	24	25	26	27	28	29



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 ☎: +91-80-61754694; Fax: +91-80-61754699; [www.theoxford.edu](http://www.theoxford.edu)  
 e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



### OUTCOME

The programme was organised to enable the students to develop confidence to speak in public, to enhance job prospects, especially in government, education, and media sectors, to speak and write clearly in Kannada. On completion of the course, students were able to speak confidently in spoken and written communication, get familiarized with Kannada vocabulary and language proficiency, improve nature and style of sensible writing, acquire employment and workplace communication skills. This also helps in preservation and promotion of this valuable language and cultural heritage. Overall, the program was successful in implementing and fostering kannada language learning in students. From the point of student view, they have improved skills in Kannada language. 30 students who have attended the course exhibited improved skills in listening and understanding Kannada language.

**END OF REPORT**





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HONGASANDRA, BENGALURU-560 068

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### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. MONIKA.R of PHARM.D  
has participated in the “KANNADA LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL” organized by Department of Pharmacy Practice on  
04-04-2024

*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL

*DR. Priyadharshini*

DR PRIYADHARSHINI M  
COORDINATOR



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HONGASANDRA, BENGALURU-560 068

THE  
*Oxford*  
COLLEGE OF PHARMACY

### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. <sup>✓</sup> ADITYA of PHARM.D  
has participated in the “KANNADA LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL” organized by Department of Pharmacy Practice on  
04-04-2024

*P. Padma*  
DR. PADMA M PAARAKH  
PRINCIPAL

*Priyadharshini*  
DR PRIYADHARSHINI.M  
COORDINATOR



THE OXFORD COLLEGE OF PHARMACY  
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HONGASANDRA, BENGALURU-560 068

THE  
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COLLEGE OF PHARMACY

### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. <sup>✓</sup> AISHWARYAS.K of PHARM.D  
has participated in the “ENGLISH LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL” organized by Department of Pharmacy Practice on 30-03-  
2024

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL

*Priyadharshini*  
DR PRIYADHARSHINI.M  
COORDINATOR





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COLLEGE OF PHARMACY

### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. NITHYA of B. PHARM  
has participated in the “KANNADA LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL” organized by Department of Pharmacy Practice on  
04-04-2024

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL

*NPriy*  
DR PRIYADHARSHINI M  
COORDINATOR



THE OXFORD COLLEGE OF PHARMACY  
# 6/9, 1ST MAIN, BEGUR ROAD,  
HONGASANDRA, BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./<sup>✓</sup>Ms. DEEPIKA.P of PHARM.D  
has participated in the "ENGLISH LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL" organized by Department of Pharmacy Practice on 30-03-  
2024

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL

*Priyadharshini*  
DR PRIYADHARSHINI M  
COORDINATOR



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Date: 15/06/2024

CIRCULAR

This is to inform all the students and the teaching staff of The Oxford College of Pharmacy that a Seminar titled "DEVELOPING THE ART OF ORAL PROJECT PRESENTATION SKILL" for the academic year 2023-24 will be organised by the Department of Pharmaceutical Chemistry on 18/06/2024. We request active participation for the same.

*P. Padma*  
PRINCIPAL

PRINCIPAL  
The Oxford College of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068

Cc

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2. Office
3. All Departments



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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CHILDREN'S EDUCATION SOCIETY (REGD)  
THE OXFORD COLLEGE OF PHARMACY  
6/9, 1st Main, Begur Road, Hongasandra, Bengaluru-560 068



Resource Person  
Dr. N Raghavendra Babu  
Associate Professor,  
G Pullareddy College of Pharmacy  
Mehdipatnam, Hyderabad,  
Telangana-500028

## Guest Lecture

ON

**"Developing The Art of Oral Project Presentation Skill"**

Organized by  
Department of Pharmaceutical Chemistry,  
18<sup>th</sup> June 2024 at 03:00 PM

### Chief Patron

Dr. S N V L Narasimha Raju  
Chairman  
The Oxford Group of Institutions

### Convener

Prof. Padmaa M Paarakh  
Principal  
The Oxford College of Pharmacy

### Organizing Secretary

Dr. Mahesh AR  
HOD, Dept. of Pharm Chemistry  
The Oxford College of Pharmacy

### Committee Members

Dr Nagalakshmi G  
Mrs Vishnupriya  
Mrs Chanda Ranjan  
Mr. Akshay  
Mrs Suvarna  
Mrs Pradeepa S

**Brochure**



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



## PREAMBLE

In today's fast-paced, interconnected world, the ability to communicate effectively is more important than ever, particularly in the context of professional and academic projects. Oral presentations, whether in a boardroom, classroom, or conference hall, are critical platforms for sharing ideas, convincing audiences, and fostering collaboration. The art of delivering a compelling oral project presentation goes beyond merely conveying information it is about engaging the audience, building credibility, and leaving a lasting impression.

**No of Participants: 28**

## Schedule:

Time Schedule	Program
03:00- 03:05 pm	Introduction /Welcome Address
03:05- 04:00 pm	Developing The Art of Oral Project Presentation Skill
04:00-04:05 pm	Vote of Thanks

## Content of the Session

The Department of Pharmaceutical Chemistry at The Oxford College of Pharmacy organized a seminar titled "Developing The Art of Oral Project Presentation Skill " for its PG students on June 18<sup>th</sup>, 2024. Dr. N. Raghavendra Babu, Associate Professor from G Pullareddy College of Pharmacy, Hyderabad, delivered the informative session to an audience of 25 students and 3 staffs.

Dr. Babu stressed the importance of a art of oral project presentation skill as the foundation of any successful research project. He explained that a comprehensive survey equips researchers with a deep understanding of their chosen field, allowing them to build upon existing knowledge and identify gaps that their research can address.

The speaker shared practical techniques, strategies, and insights to help individuals present their ideas effectively and confidently, while also highlighting common challenges and how to overcome them.





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In this pursuit, we will emphasize practical techniques, provide tips for effective communication, and encourage the development of a presentation style that feels authentic, confident, and impactful. Whether you are a novice presenter or looking to refine your skills, the process of mastering oral project presentation skills is a continuous journey that will serve you well in any professional or academic setting.



Speaker Delivering a Talk on "Developing The Art of Oral Project Presentation Skill"



Group photo with M. Pharm Students and the Speaker



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



**LIST OF PARTICIPANTS**

SL.N O	NAME OF PARTICIPANT	SIGNATURE
1	PRIYANKA G K	<i>Priyanka</i>
2	SURYA G	<i>Surya</i>
3	ANIKET BIPIN BELLAD	<i>Aniket</i>
4	BALRAJ M	<i>Balraj</i>
5	DEEPAK S	<i>Deepak S</i>
6	DHUSHYANTH G	<i>Dhushyanth</i>
7	HARISH KUMAR K	<i>Harish Kumar</i>
8	KARTHIK M	<i>Karthik</i>
9	PRIYA RAJKUMAR	<i>Priya</i>
10	RAKESH A M	<i>Rakesh</i>
11	REESHITA JHANAK	<i>Reeshita</i>
12	SANTHALA CHAITHANYA PRASAD	<i>Santhala</i>
13	SHIVA CHAVAN H R	<i>Shiva</i>
14	SNEHA SURESH SALUNKHE	<i>Sneha</i>
15	SOURAV CHARAN	<i>Sourav</i>
16	THEJASWINI B	<i>Thejaswini</i>
17	ANANYA B K	<i>Ananya</i>
18	ARROJU HRITHIK	<i>Arroju</i>
19	B G SHRAVANYA	<i>B G Shravanya</i>
20	CHETHAN SHESHADRI	<i>Chethan</i>
21	KAVYA M	<i>Kavya</i>
22	PALLAVI A	<i>Pallavi A</i>
23	SANJAY B	<i>Sanjay</i>
24	SHAIK BAJI	<i>Shaik Baji</i>
25	SOUNDARYA T S	<i>Soundarya</i>
26	DR. JENISHA	<i>Jenisha</i>
27	DR. VIKRAM	<i>Vikram</i>
28	MS. DIVYA S KUMAR	<i>Divya</i>



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### OUTCOME

The guest talk on "Developing the Art of Oral Project Presentation Skills" was highly successful in achieving its goals. The content was well-received, with participants expressing confidence in their ability to improve their presentation skills. The event provided valuable insights that will help attendees communicate their project ideas more effectively, whether in academic, professional, or business contexts. Future events could further benefit from more interactive components and tailored content to meet diverse participant needs. All the 25 PG students and 3 faculty who attended were session were enlightened with the research process and were overwhelmed to use the knowledge gained in their respective research works.

**END OF REPORT**



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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# CERTIFICATE OF PARTICIPATION



This is to certify that

SURYA G.

has participated "Developing The Art of Oral Project Presentation Skills",  
Organized by the Department of Pharmaceutical Chemistry on  
18/06/2024.

  
DR. A. R. MAHESH  
ORGANIZING SECRETARY



  
DR. PADMAA M. PAARAKH  
PRINCIPAL

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# CERTIFICATE OF PARTICIPATION



This is to certify that

BALARAJ

has participated "Developing The Art of Oral Project Presentation Skills",  
Organized by the Department of Pharmaceutical Chemistry on  
18/06/2024.

DR. A R MAHESH  
ORGANIZING SECRETARY



DR. PADMAA M PAARAKH  
PRINCIPAL

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# CERTIFICATE OF PARTICIPATION



This is to certify that

DEEPAK

has participated "Developing The Art of Oral Project Presentation Skills",  
Organized by the Department of Pharmaceutical Chemistry on  
18/06/2024.

  
D.R. MAHESH  
ORGANIZING SECRETARY



  
DR. PADMA M. PAARAKH  
PRINCIPAL

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**CERTIFICATE**  
OF PARTICIPATION



This is to certify that

KARTHIK

has participated "Developing The Art of Oral Project Presentation Skills",  
Organized by the Department of Pharmaceutical Chemistry on  
18/06/2024.

  
**DR. A. R. MAHESH**  
ORGANIZING SECRETARY



  
**DR. PADMAA M. PAARAKH**  
PRINCIPAL

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# CERTIFICATE OF PARTICIPATION



This is to certify that

SANJAY 'B

has participated "Developing The Art of Oral Project Presentation Skills",  
Organized by the Department of Pharmaceutical Chemistry on  
18/06/2024.

D.R.A R MAHESH

ORGANIZING SECRETARY



DR PADMAA M PAARAKH

PRINCIPAL



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Date: 22/04/24

**CIRCULAR**

This is to inform all the students of The Oxford College of Pharmacy that induction program on "IMPROVING COMMUNICATION SKILLS TO FACE INTERVIEW" for the academic year 2023-24 will be conducted on 27/04/24. We request active participation. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No 6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra,  
Bangalore - 560 068

Cc

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2. All Departments



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6/9, 1st Main, Begur Road, Hongasandra, Bengaluru-560 068

**IMPROVING COMMUNICATION SKILLS TO FACE  
INTERVIEWS**

Organized by Department of PHARMACY PRACTICE  
**27<sup>th</sup> APRIL 2024**

TIME: 11 AM  
VENUE: R.no 501, 5<sup>TH</sup> floor, TOCP

Chief Patron  
Dr. S N V L Narasimha Raju  
Chairman,  
The Oxford Educational Institutions

Convener  
Dr. Padma M Parakh  
Principal,  
The Oxford College of Pharmacy

Organizing Secretary  
Dr. Jenisha K  
Assistant professor  
The Oxford College of Pharmacy

Resource person: MISS. ALMAS SAYEED

SR. TRAINING CONSULTANT

CLINOSOL RESEARCH PVT. LTD

**BROCHURE**



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
☎: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu)



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### PREAMBLE

Improving Communication Skills To Face Interview an ability and technique required to effectively prepare for, participate in and follow up after a job interview. These skills enable individuals to showcase their qualifications, personality and fit for the role, increase their chance of success. Communication, confidence, preparations, body language, active listening, problem solving, etc are the major skills to be developed while facing an interview

### CONTENT OF THE SESSION

On 27<sup>th</sup> April 2024, The Oxford College of Pharmacy organized an Induction skill program on Improving Communication Skills To Face Interview at room no 506 which include 40 participants from pharm D and PB. Dr Jenisha, organizing Secretary welcomed guests and participants to the program. Our beloved speaker initiated with introduction about enhancing interview facing skills and the main objective of the program is to equip participants with effective interview facing skills, boosting confidence and increasing chance of success. Mainly the session had a focus on pre-interview preparations, research on a company and the role, review of resume and the cover letter and to prepare the answers to common interview questions, interview techniques- confidence and body language, active listening and engagement, STAR method for behavioral questions. The session was ended with giving an brief explanation about the mock interviews and the verbal and non-verbal communication skills and examples on common interview questions.

Finally, Dr Jenisha concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.







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Speaker delivers the speech



Speaker discussing on the topic



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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### LIST OF PARTICIPANTS

SL.NO	NAME OF PARTICIPANT	SIGNATURE
1	MOLUNGZANG AIER	Molungzang Aier
2	HARSHDEEP SARVA	Harshdeep Sarva
3	KATHIRMANI RAJA S	Kathirmani Raja S
4	ZOMBARKAR MUSKAN	Zombarkar Muskan
5	ABIGAIL N MOZHUI	Abigail N Mzhui
6	ANIRBAN DEBNATH	Anirban Debnath
7	ASHISH ABHRAHAM	Ashish Abraham
8	DEBJIT BHAKAT	Debjit Bhakat
9	DEEPTI CHOUDHARY	Deepti Choudhary
10	DIMPLE G	Dimple G
11	GANANESWAR RAO S	Gananeshwar Rao S
12	HEMA NS	Hema NS
13	KEERTHANA C	Keerthana C
14	PADMASHREE M	Padmashree M
15	RANJITHA REDDY S	Ranjitha Reddy S
16	SHASHIKALA D M	Shashikala D M
17	SHERLIN HEPZIBAH S	Sherlin Hepzibah S
18	SHUBHASHINI N	Shubhashini N
19	SYED ALSABA HUSSAINI	Syed Alsaba Hussaini
20	TINA LALLY	Tina Lally
21	VINISHA R	Vinisha R
22	DARPANA R	Darpana R
23	MHONLUMI T OVUNG	Mhonlumi T Ovung
24	EHTESHAM QURESHI	Ehtesham Qureshi
25	MANJUNATH T	Manjunath T
26	CHAITHRA SHREE N	Chaithra Shree N
27	CHETHAN G K	Chethan G K
28	DEEPAK DATTA B R	Deepak Datta B R
29	MATHUMITHA	Mathumitha
30	PREMRAJ T	Premraj T
31	RAGAVI V	Ragavi V
32	RAHUL V	Rahul V
33	SAHANA K	Sahana K
34	SHIVAKUMAR G	Shivakumar G
35	SINCHANA D P	Sinchana D P
36	SUPRAJA R	Supraja R
37	SURAKSHA R RAI	Suraksha R Rai
38	THARANISHREE K	Tharanishree K
39	VISHAL SASI KANNAN	Vishal Sasi Kannan
40	PRATHIBA V	Prathiba V



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### OUTCOME

The outcome of Improving Communication Skills To Face Interview skill program made the students understand the different key skills that is necessary to improve their vision towards facing interview. 40 participants from pharm D learnt the techniques and skills to develop their knowledge about the impact that will create when they face an interview. In the current seminar, the speaker highlighted about the intersections of enhancing interview performance and got an insight about the practical skills, Improved confidence in interviewing skills, Enhanced understanding of common interview questions and formats. Developed ability to articulate strengths, weaknesses, and career goals, Familiarity with company culture and values, networking opportunities with peers and industry professionals.

END OF REPORT



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Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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## THE OXFORD COLLEGE OF PHARMACY

6/9, 1st Main, Begur Road, Hongasandra, Bengaluru-560 068

# IMPROVING COMMUNICATION SKILLS TO FACE INTERVIEWS

Organized by Department of PHARMACY PRACTICE

27<sup>th</sup> APRIL 2024

TIME: 11 AM

VENUE: R.no 501,5<sup>TH</sup> floor, TOCP

Chief Patron  
Dr. S N V L Narasimha Raju  
Chairman,

The Oxford Educational Institutions

Resource person: MISS. ALMAS SAYEED

SR. TRAININGCONSULTANT

CLINOSOL RESEARCH PVT.LTD

Convener  
Dr. Padmaa M Paarakh  
Principal,

The Oxford College of Pharmacy

Organizing Secretary  
Dr. Jenisha K

Assistant professor

The Oxford College of Pharmacy



**THE OXFORD COLLEGE OF PHARMACY**

# 6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA, BENGALURU-560 068

**PARTICIPATION CERTIFICATE**

*This is to certify that Mr./Ms. PREM RAI of VI<sup>th</sup> PHARM D has participated in Improving communication skill to face interviews held at the Department of Pharmacy Practice, on 27<sup>th</sup> April 2024.*

*P. Padma*  
PRINCIPAL

Dr. PADMAA M PAARAKH  
The Oxford College of  
Pharmacy

*JH*  
ORGANIZING SECRETARY

Dr. JENISHA K  
Dept of Pharmacy practice  
The Oxford College of Pharmacy



## THE OXFORD COLLEGE OF PHARMACY

# 6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA, BENGALURU-560 068

### PARTICIPATION CERTIFICATE

*This is to certify that Mr./Ms. TINA TALLY of IV<sup>th</sup> PHARM D has participated in Improving communication skill to face interviews held at the Department of Pharmacy Practice, on 27<sup>th</sup> April 2024.*

  
PRINCIPAL

Dr. PADMAA M PAARAKH  
The Oxford College of  
Pharmacy

  
ORGANIZING SECRETARY

Dr. JENISHA K  
Dept of Pharmacy practice  
The Oxford College of Pharmacy



**THE OXFORD COLLEGE OF PHARMACY**

# 6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA, BENGALURU-560 068

**PARTICIPATION CERTIFICATE**

*This is to certify that Mr./Ms. DIMPLE G. of IV<sup>th</sup> PHARM.D. has participated in Improving communication skill to face interviews held at the Department of Pharmacy Practice, on 27<sup>th</sup> April 2024.*

*P. Padma*  
PRINCIPAL

Dr. PADMAA M PAARAKH  
The Oxford College of  
Pharmacy

*J*  
ORGANIZING SECRETARY

Dr. JENISHA K  
Dept of Pharmacy practice  
The Oxford College of Pharmacy



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**PARTICIPATION CERTIFICATE**

*This is to certify that Mr./Ms. DEETHIRA of V<sup>th</sup> PHARM.D. has participated in Improving communication skill to face interviews held at the Department of Pharmacy Practice, on 27<sup>th</sup> April 2024.*

*P Padma*  
PRINCIPAL

Dr. PADMAA M PAARAKH  
The Oxford College of  
Pharmacy

*J*  
ORGANIZING SECRETARY

Dr. JENISHA K  
Dept of Pharmacy practice  
The Oxford College of Pharmacy





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**PARTICIPATION CERTIFICATE**

*This is to certify that Mr./Ms. RAHUL V. of V<sup>th</sup> PHARM.D has participated in Improving communication skill to face interviews held at the Department of Pharmacy Practice, on 27<sup>th</sup> April 2024.*

*P. Padma*  
PRINCIPAL

Dr. PADMAA M PAARAKH  
The Oxford College of  
Pharmacy

*Jenisha K*  
ORGANIZING SECRETARY

Dr. JENISHA K  
Dept of Pharmacy practice  
The Oxford College of Pharmacy



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DATE: 06/12/2023

**CIRCULAR**

All the students of The Oxford College of Pharmacy are hereby informed that "ORIENTATION PROGRAM ON EX PHARM SERIES" for the Academic Year 2023-24 will be conducted on 13/12/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

*P. Padma*  
PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bengaluru - 560 068

CC

1. Office
2. All Departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068

Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu

e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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DEPARTMENT OF PHARMACOLOGY



# ORIENTATION PROGRAM ON EX PHARMA SERIES

**DECEMBER 13<sup>th</sup> 2023, 2:00PM-04:00PM**

**CHIEF PATRON**

Dr. S N V L Narasimha Raju,  
Chairman,  
The Oxford Educational  
Institutions

**CONVENER**

Dr. Padmaa M. Paarakh,  
Principal,  
The Oxford College of  
Pharmacy

**ORGANIZING SECRETARY**

Dr. Bindu B N,  
Assistant Professor,  
Department of Pharmacology,  
The Oxford college of Pharmacy

**Brochure**



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Q: +91-80-61754694; Fax: +91-80-61754699; [www.theoxford.edu](http://www.theoxford.edu)

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### PREAMBLE

The Ex-Pharma series is a comprehensive suite of software solutions designed to streamline pharmaceutical development, clinical trials, and regulatory compliance developed by industry experts. Ex-Pharma provides a unified platform for Pharmaceutical Companies, Research Institutions, and Regulatory agencies to manage complex processes, ensure compliance, and drive innovation.

### THE CONTENT OF THE SESSION

The Oxford College of Pharmacy, Department of Pharmacology has organized the workshop on Ex-Pharma series III Pharm D students on 13/12/2023. The software is aimed for Medical, Pharmacy, Ayurveda, Veterinary, and Dental Science students. This is a computer assisted learning package containing various programs which simulate animal experiments in Pharmacology and can be used to demonstrate drug on different animals systems. The package is user friendly, highly interactive and full of animated sequences which make simulation appear realistic.

Dr. Bindu B N has explained about the Ex pharma software to the students where she has shared the benefits of the software and explained about the various activities performed by using Ex-Pharm Software. She showed many experiments in the software and discussed about the procedure and techniques to perform it in the software. After the session Students performed various activities in the software and learned the concept of performing animal experiments. The session ended with the discussion session where students have clarified their doubts.

Dr. Bindu B N, the organizer, concluded the event with a vote of thanks, expressing gratitude to Chairman Dr. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, and Dr. Padmaa M. Paarakh, Principal, for their encouragement and support.



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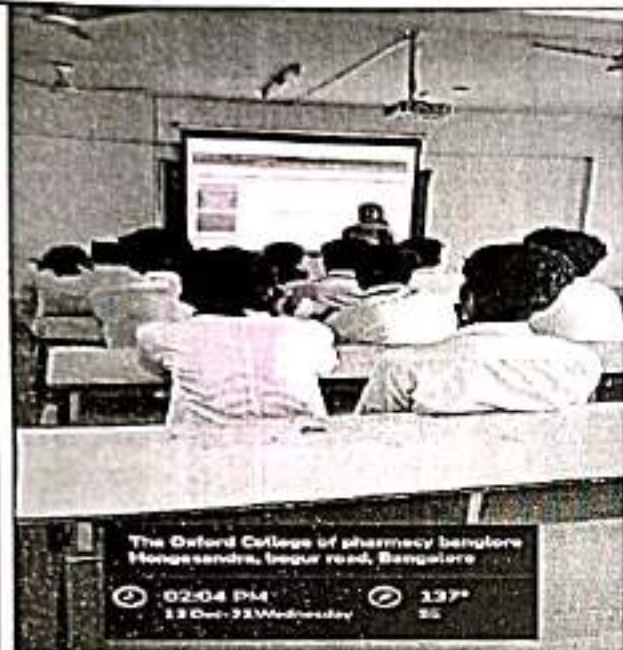
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The Oxford College of pharmacy banglore  
Hongasandra, begur road, Bangalore

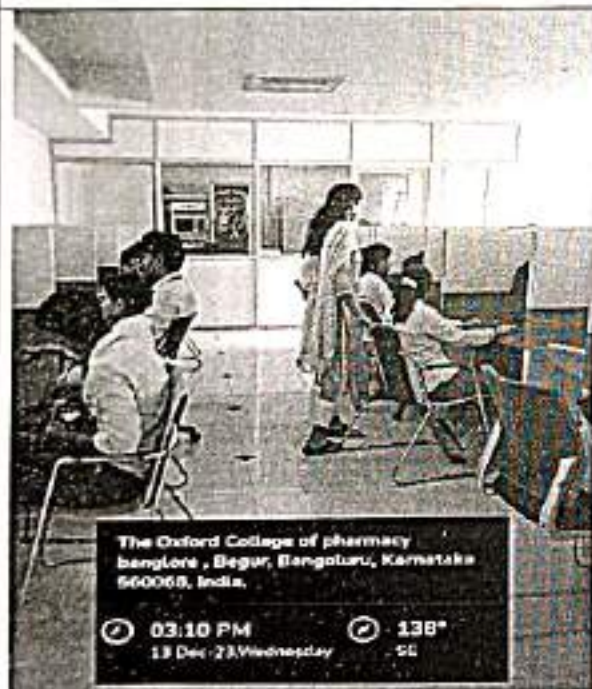
02:04 PM 137°  
13 Dec -23 Wednesday SC



The Oxford College of pharmacy banglore  
Hongasandra, begur road, Bangalore

02:04 PM 137°  
13 Dec -23 Wednesday SC

Speaker explaining the Ex Pharm Software to students



The Oxford College of pharmacy  
banglore , Begur, Bangalore, Karnataka  
560068, India.

03:10 PM 138°  
13 Dec -23 Wednesday SC



The Oxford College of pharmacy  
banglore , Begur, Bangalore, Karnataka  
560068, India.

03:10 PM 138°  
13 Dec -23 Wednesday SC

Students implementing and learning the working of Ex Pharma in Computer lab



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Approved by Pharmacy Council of India, New Delhi)

### LIST OF PARTICIPANTS

S.NO	Name of the Students	Signature
1	VARSHA M	Varsha M
2	SOURASHISH BAIDYA	Sourashish
3	ABHIRAMI P PILLAI	Abhirami
4	AFRAH FATHIMA	Afrah
5	AJINGHUN UMSONG	Ajinhun
6	AMIT KUMAR JENA	Amit Kumar Jena
7	ARUSHI NAIR	Arushi Nair
8	BHAVANA M REDDY	Bhavana
9	HARSHITHA G S	Harshitha
10	HASHUBA N	Hashuba
11	HEENA K	Heena
12	KEERTHI REDDY M	Keerthi
13	KIRUBA EVANJALIN M	Kiruba
14	MOHAMMED SHADAAB	Shadaab
15	MONISH T	Monish
16	RAHIB S	Rahib
17	RAKSHITHA K C	Rakshitha
18	SRI NILASH KUMAR	Sri Nilash
19	UTTARA S	Uttara
20	VEDHA SHREE K S	Vedha
21	VENCY V	Vency
22	VISHWATHEJA B	Vishwatheja
23	SWARUPAM SARKAR	Swarupam



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### OUTCOME

The Outcome of the orientation programme on Ex pharma series is that students understood the working of Ex pharm and how to conduct Pharmacological experiments in it. 23 students in all took part in the orientation program. Students engaged fully in the Ex-Pharma Series Orientation event with great enthusiasm. By the end of the session, students could comprehend how to conduct experiments in the Ex-Pharm series. They could also calculate animal doses and participate in various activities that furthered their understanding of pharmacology.

**END OF REPORT**



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. VENGY V of III PHARM D  
has participated in the "ORIENTATION PROGRAM ON EX PHARM SERIES" organized by the  
Department of Pharmacology on 13-12-2023.

*Bindu*

DR. BINDU B N  
COORDINATOR

*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL





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### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. MONISH - T of III PHARM D  
has participated in the **“ORIENTATION PROGRAM ON EX PHARM SERIES”** organized by the  
Department of Pharmacology on 13-12-2023.

*Bindu*  
DR. BINDU B N  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. HEENA . K of III PHARM D  
has participated in the "ORIENTATION PROGRAM ON EX PHARM SERIES" organized by the  
Department of Pharmacology on 13-12-2023.

*Bindu*  
DR. BINDU B N  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. VARSHA - M of III PHARM.D  
has participated in the **"ORIENTATION PROGRAM ON EX PHARM SERIES"** organized by the  
Department of Pharmacology on 13-12-2023.

*Bindu*  
DR. BINDU B N  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL



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BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. SWARUPAM SARKAR of III PHARM.D  
has participated in the **“ORIENTATION PROGRAM ON EX PHARM SERIES”** organized by the  
Department of Pharmacology on 13-12-2023.

*Bindu*  
DR. BINDU B N  
COORDINATOR

*P. Padma*  
DR. PADMAA M PAARAKI  
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DATE: 05/03/2024

**CIRCULAR**

All the students and teaching staff of The Oxford College of Pharmacy are hereby informed that "The Design of Experiment (DOE) Orientation Program" will be conducted on 11-03-2024. We look forward for the active participation for the same. All interested M Pharm students and faculties are requested to give your name to the event coordinator.

*P. Padma*

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068  
Ph: +91-80-61754694; Fax: +91-80-61754699; www.theoxford.edu  
E-mail: info@theoxford.edu

Cc

1. Office

2. All Departments



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068  
Ph: +91-80-61754694; Fax: +91-80-61754699; www.theoxford.edu  
e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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THE OXFORD COLLEGE OF PHARMACY  
69, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560168  
DEPARTMENT OF PHARMACEUTICS



## ORIENTATION PROGRAM ON DESIGN OF EXPERIMENTS

**MARCH 11<sup>TH</sup> 2024, 2:00PM-3:00PM**

**CHIEF PATRON**

Dr. S.N.V.L. Narasimha Raju,  
Chairman,  
The Oxford Educational  
Institutions

**CONVENER**

Dr. Padma M. Paarakh,  
Principal,  
The Oxford College of  
Pharmacy

**ORGANIZING SECRETARY**

Mrs. R. Uma Prabha  
Assistant Professor,  
Department of Pharmaceutics,  
The Oxford college of Pharmacy

**BROCHURE**



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068  
Q: +91- 80 - 61754694; Fax: +91 - 80 -61754699; www.theoxford.edu  
e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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### PREAMBLE

The Design of Experiment (DOE) Orientation Program is an essential initiative aimed at equipping participants with the fundamental principles and practical applications of experimental design. This program is designed to foster a thorough understanding of how to plan, conduct, and analyse controlled tests to evaluate factors affecting a particular process or product. By participating in this program, attendees will gain the skills necessary to design experiments that lead to optimized processes, reduced variability, and enhanced product quality.

### CONTENT OF THE SESSION

This Orientation Program has been organised by The Oxford College of Pharmacy, Department of Pharmaceutics on Design of Experiment for II Sem M Pharm student's on 11/03/2024. The programme was organized by Mrs. R. Uma Prabha. The session was started with the warm welcome of Mrs. Divya S Kumar assistant Professor, Department of pharmaceutics. Mrs. Divya S Kumar started the session and explained Introduction to the concept and importance of DOE. She Explained the Basic principles of experimental design and Different types of experimental designs (e.g., factorial, fractional factorial, response surface methodology)

After the session Students performed various activities in the software and learned the concept of DOE The session ended with the discussion session where students have clarified their doubts.

No of participants: 14 Students

Schedule:

Time Schedule	Programme
2:00 -3:00 PM	Orientation Program on Design of Experiment



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Students Practicing the software tool with the Speaker





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## LIST OF PARTICIPANTS

S.NO	NAME OF THE CANDIDATE	SIGNATURE
1.	ANIKET BIPIN BELLAD	
2.	BALRAJ.M	
3.	DEEPAK.S	
4.	DIHUSHYANTH.G	
5.	HARISH KUMAR K	
6.	KARTHIK. M	
7.	PRIYA RAJKUMAR	
8.	RAKESH A.M.	
9.	REESHITA JHANAK	
10.	SANTHALA CHAITHANYA PRASAD	
11.	SHIVA CHAVAN. H.R.	
12.	SNEHA SURESH SALUNKHE	
13.	SOURAV CHARAN	
14.	THEJASWINI.B	



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### OUTCOME

This event was arranged on 11<sup>th</sup> March 2024 in 106 Lab of The Oxford College of Pharmacy, Bangalore in between 2:00 P.M to 3:00 P.M. The orientation program was organized for II Sem M Pharm students. 14 students in all took part in the orientation program. Students engaged fully in the Orientation event with great enthusiasm. Participants gained a solid foundation in the principles of DOE. By the end of the session, students could comprehend how to use software to conduct experiments.

At the end of program, Mrs. R. Uma Prabha, Assistant Professor, Department of Pharmaceutics thanked to every participant who actively participated in this event and encouraged to take the part in such events.

**END OF REPORT**



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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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# 6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA,  
BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. BALRAJ.M of TISEH M DHARM  
has participated in "THE DESIGN OF EXPERIMENTS (DOE)  
ORIENTATION PROGRAM" organized by the Department Pharmaceutics on  
11/03/2024.



  
MRS. R UMA PRABHA  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL



THE OXFORD COLLEGE OF PHARMACY  
# 6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA,  
BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. DEEPAK.S of TJ SEN H PHARM  
has participated in "THE DESIGN OF EXPERIMENTS (DOE)  
ORIENTATION PROGRAM" organized by the Department Pharmaceutics on  
11/03/2024.



  
MRS. R UMA PRABHA  
COORDINATOR

  
DR. PADMAA M PAARAKHI  
PRINCIPAL



THE OXFORD COLLEGE OF PHARMACY  
# 6/9, 1ST MAIN, BEGUR ROAD, HONGASANDRA,  
BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. KARTHIK. R of TISEH H PHARM  
has participated in "THE DESIGN OF EXPERIMENTS (DOE)  
ORIENTATION PROGRAM" organized by the Department Pharmaceutics on  
11/03/2024.



  
MRS. R UMA PRABHA  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL



THE OXFORD COLLEGE OF PHARMACY  
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BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. PRIVA RATHKUMAR of T. R. CH. M. PHARM  
has participated in "THE DESIGN OF EXPERIMENTS (DOE)  
ORIENTATION PROGRAM" organized by the Department Pharmaceutics on  
11/03/2024.



  
MRS. R UMA PRABHA  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL





THE OXFORD COLLEGE OF PHARMACY  
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BENGALURU-560 068



## PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. RAKESH A-H of I SEM H.B.ARM  
has participated in "THE DESIGN OF EXPERIMENTS (DOE)  
ORIENTATION PROGRAM" organized by the Department Pharmaceutics on  
11/03/2024.



  
MRS. R UMA PRABHA  
COORDINATOR

  
DR. PADMAA M PAARAKH  
PRINCIPAL



## KLE College of Pharmacy, Bengaluru

Rajajinagar II Block, Bengaluru: 560010  
Re-Accredited NAAC A<sup>+</sup>, NBA 6 Yrs with NIRF Ranking

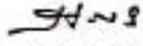


### *Certificate of Participation*

This is to certify that

Dr./Mr./Ms./Mrs: DIVYA . S . KUMAR has participated

in One day hands on workshop on "*Design of Experiments*" held on 23<sup>rd</sup> April 2024  
organized by Department of Pharmaceutics, KLE College of Pharmacy, Bengaluru.

  
Dr. H N Shivakumar  
Convenor

  
Dr. Rajamma A J  
Principal





Date: 01/04/2024

**CIRCULAR**

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a workshop on introduction to RX-EDU and its application in clinical pharmacy practice for the academic year 2023-2024 will be conducted on 3/04/2024 from 10:00AM in 505. We look forward for the active participation for the same.

*P. Padma*  
**PRINCIPAL**

**PRINCIPAL**

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bengaluru - 560 068

Cc

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**WORKSHOP ON**  
**INTRODUCTION TO RX-EDU AND ITS APPLICATION IN CLINICAL**  
**PHARMACY PRACTICE**

Organized by Department of PHARMACY PRACTICE

DATE: 03 April 2024  
TIME: 10.00AM TO 11.30AM  
ROOM NO: 501



Resource person: Mr. Jacob Nicholas  
M pharm, R.ph.  
clin. pharm int-MDCH( USA)  
Director training program

[www.rx-edu.com](http://www.rx-edu.com)

Chief Patron  
Dr. S.N.V.L. Narasimha Raju  
Chairman,  
The Oxford Educational Institutions

Convener  
Dr. Padmaa M Paarakh  
Principal,  
The Oxford College of Pharmacy

Organizing co-ordinator  
Dr. Parthasarathy  
Head of the department  
The Oxford College of Pharmacy

**BROCHURE**



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



## PREAMBLE

The Rx-edu app is typically designed to support pharmacy students and professionals in their learning and practice. It has a variety of uses like Drug Information, A searchable database of medications, including their indications, dosages, interactions, and side effects. It has Educational materials about drug mechanisms, Pharmacokinetics, and pharmacodynamics, Information on formulary medications commonly used in clinical settings. It has features like drug calculators, quizzes, and case studies designed to help students improve their pharmaceutical knowledge and decision-making skills. It is a tool for practicing various pharmacy-related calculations, such as drug dosage calculations, IV flow rates, and concentration formulas. This app covers Scenarios and case studies to help students to apply theoretical knowledge to real-world clinical situations. It helps students to practice diagnostic reasoning and decision-making skills.

## CONTENT OF THE SESSION

On 3/4/24, The Department of Pharmacy practice conducted a workshop on Introduction to RX-EDU and its application in clinical pharmacy practice for students. There were totally 45 participants. Mr Jacob Nicholas CLIN-PHARM INT-MDCH (USA) delivered the lecture.

Dr Parthasarathy G, the organizing Secretary welcomed guests and participants to the program. The seminar started with the introduction about the RX-EDU Application and its use in clinical pharmacy practice. He highlighted that Rx-Edu is a medical app designed to help healthcare professionals to stay up-to-date with the latest pharmaceutical information and earn continuing medical education (CME) credits. It offers a comprehensive database of drugs, including detailed information on indications, dosages, side effects, interactions, and clinical trials. He highlighted the key features of the App, To access detailed information on over 10,000 prescription and over-the-counter drugs. It gives an idea about indications, dosages, side effects, interactions, and clinical trials. This App gives more information informed about the latest pharmaceutical news, updates, and regulatory changes. The Speaker elaborated about the various use of the application like drug interaction checker, clinical calculators. He ended up the session by highlighting that Rx-Edu is a valuable resource for healthcare professionals who want to improve their knowledge of pharmacology and stay up-to-date with the latest developments in the pharmaceutical industry.



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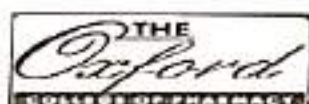
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Finally, Dr Parthasarathy delivered the vote of thanks and he thanked Dr. Padmaa M. Paarakh, Principal, The Oxford College of Pharmacy, Bangalore for giving him an opportunity to organize this program.

Dr Parthasarathy ended the program by a vote of thanks. He thanked the Principal, Dr. Padmaa M Paarakh and the speaker Dr. Jacob Nicholas for his wonderful talk and perfect support given to organise the activity.



Dr Padma M Paarakh Principal welcoming the chief guest.



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**Bengaluru, Karnataka, India**

The Oxford college of pharmacy 6, 9, Begur Rd, Hongasandra, Bengaluru,  
Karnataka 560068, India

Lat 12.899934°

Long 77.627868°

03/04/2024 10:23 AM GMT +05:30

Speaker interacting with students.



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### LIST OF PARTICIPANTS

S.NO	NAME OF THE STUDENT	SIGNATURE
1	BIHUVANESHWARI R,	<i>Bhuvaneshwari R</i>
2	BINDU R	<i>Bindu R</i>
3	RAJDEEP KOUR	<i>Rajdeep Kour</i>
4	MATHUMITHA RAJMOHAN	<i>Mathumitha Rajmohan</i>
5	CHAITHIRA SHREE N	<i>Chaitira Shree N</i>
6	DEEPAK DATTA B R	<i>Deepak Datta B R</i>
7	CHETHAN G K	<i>Chethan G K</i>
8	RAGAVI V	<i>Ragavi V</i>
9	SURAKSHA R RAI	<i>Suraksha R Rai</i>
10	THARANI SHREE K	<i>Tharani Shree K</i>
11	SUPRAJA R	<i>Supraja R</i>
12	SAHANA K	<i>Sahana K</i>
13	CHRISTINA	<i>Christina</i>
14	SUPRAJA R	<i>Supraja R</i>
15	MANJUNATH T	<i>Manjunath T</i>
16	SINCHANA D P	<i>Sinchana D P</i>
17	PREM RAJ T	<i>Prem Raj T</i>
18	RAHUL V	<i>Rahul V</i>
19	PRATHIBHA V	<i>Prathibha V</i>
20	VISHAL SASI KANNAN	<i>Vishal Sasi Kannan</i>
21	SAURABH SINGH	<i>Saurabh Singh</i>
22	GIRISHADITHIYA. A	<i>Girishadithiya A</i>



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23.	ADARSH S KUMAR	Adarsh S
24.	DEEPAK CHOUDERY S	Deepak S
25.	SAREEN T.A	Sareen T.A
26.	ARINDAM DEY	Arindam Dey
27.	BABISHA P	Babisha P
28.	BHAVYASHREE N	Bhavyashree N
29.	DIHARUN BALA L	Diharun Bala L
30.	HARSHITHA A	Harshitha A
31.	LIKITHA CHANDRASHEKAR	Likitha Chandrashekar
32.	NEETHU T.P	Neethu T.P
33.	NISHANTH K.K	Nishanth K.K
34.	NIZAMUDDIN	Nizamuddin
35.	NUNGSHICHILA A JAMIR	Nungshichila A Jamir
36.	PRADEEP S	Pradeep S
37.	RISHIKA GUPTA	Rishika Gupta
38.	RUDRAMBIKA M	Rudrambika M
39.	SARAVANAGIRI A	Saravanageri A
40.	SARAVANAN M	Saravanan M
41.	SEEMA S.L	Seema S.L
42.	SIREYAA DATTA	Sireyaa Datta
43.	AJANO W PATTON	Ajano W Patton
44.	PREMA M	Prema M
45.	SIDHARTH MALLICK	Sidarth Mallik



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### OUTCOME

Around 45 students participated in this program. From this, students understood the importance and use of RX-EDU application. It helped the students to improve skills and understanding of medical concepts, diseases, and treatments. PharmD students feel more prepared to discuss health concerns with their healthcare providers and this app the app could serve as a supplementary learning tool.

Students were so happy about the session. It can provide a convenient way to access medical information, especially in remote areas.

**END OF REPORT**



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### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. SHINCHANA D.P of VI PHARM.D  
has participated in the "Workshop on introduction to Rx-EDU and its  
application in clinical pharmacy practice" organized by on 3/4/24 .

  
DR. PADMA M PAARAKH  
PRINCIPAL

  
Dr PARTHASARATHY  
COORDINATOR



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COLLEGE OF PHARMACY

### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. CHEZHAN.G.K of VL PHARM.D  
has participated in the "Workshop on introduction to Rx-EDU and its  
application in clinical pharmacy practice" organized by on 3/4/24 .

*P. Padma*  
DR. PADMA M PAARAKH  
PRINCIPAL

*P. Parthasarathy*  
Dr PARTHASARATHY  
COORDINATOR



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**PARTICIPATION CERTIFICATE**

This is to certify that Mr./Ms. BINDU R of VI PHARM.D  
has participated in the "Workshop on introduction to Rx-EDU and its  
application in clinical pharmacy practice" organized by on 3/4/24 .

*P. Padma*  
**DR. PADMAA M PAARAKH**  
PRINCIPAL

*Dr Parthasarathy*  
**Dr PARTHASARATHY**  
COORDINATOR



THE OXFORD COLLEGE OF PHARMACY  
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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. SAHANA. K of VI PHARM.D  
has participated in the "Workshop on introduction to Rx-EDU and its  
application in clinical pharmacy practice" organized by on 3/4/24.

*P. Padma*

DR. PADMAA M PAARAKH  
PRINCIPAL

*P*  
Dr PARTHASARATHY  
COORDINATOR



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HONGASANDRA, BENGALURU-560 068



### PARTICIPATION CERTIFICATE

This is to certify that Mr./Ms. MONISH S of B.PHARM  
has participated in the "KANNADA LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL" organized by Department of Pharmacy Practice on  
04-04-2024

P. Padma  
DR. PADMA M PAARAKH  
PRINCIPAL

MP  
DR PRIYADHARSHINI M  
COORDINATOR



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HONGASANDRA, BENGALURU-560 068

THE  
*Oxford*  
COLLEGE OF PHARMACY

### PARTICIPATION CERTIFICATE

This is to certify that <sup>✓</sup>Mr./Ms. MURALI.P of B.PHARM  
has participated in the "KANNADA LANGUAGE CLASS FOR ENHANCING  
LANGUAGE SKILL" organized by Department of Pharmacy Practice on  
04-04-2024

*P. Padma*  
DR. PADMAA M PAARAKH  
PRINCIPAL

*NP*  
DR PRIYADHARSHINI.M  
COORDINATOR



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Date: 29/04/2024

**CIRCULAR**

This is to inform all students and staff that, The Oxford College of Pharmacy is organizing a soft skill training program on "Applications of MS office" which will be held on 02/05/2024 by 10.00 AM. All I. B pharmacy students are requested to attend the program.

*P. Padure*

**PRINCIPAL**

**PRINCIPAL**

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068

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Resource Person  
Mrs. G. Sujama Lakshmi  
Assistant Professor,  
The Oxford College of Pharmacy  
Begur Road, Bengaluru-560068

CHILDREN'S EDUCATION SOCIETY (REGD.)  
THE OXFORD COLLEGE OF PHARMACY  
6/9, 1st Main, Begur Road, Hongasandra, Bengaluru-560 068

soft skill training program

on

“Applications of MS office”

Organized by

Department of Pharmaceutical Chemistry,

2<sup>nd</sup> May 2024 at 10:00 AM

**Chief Patron**

Shri S NVL Narasimha Raju  
Chairman  
The Oxford Group of Institutions

**Convener**

Prof. Padma M Parakkh  
Principal  
The Oxford College of Pharmacy

**Organizing Secretary**

Mrs. Vistnu Priya S  
Assistant Professor,  
Dept of Pharm Chemistry  
The Oxford College of Pharmacy

**Committee Members**

Dr. Nagalakshmi G  
Mrs. Chanda Ranjan  
Mr. Akshay  
Mrs. Pradeepa S

Brochure



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### **PREAMBLE**

In this digital world, each service becomes easier to serve with the help of computers. Today employers also prefer individuals who possess basic computer literacy skills. The purpose of organization workshop is to raise the basic knowledge about MS – Word, MS-Excel, Power Point.

### **CONTENT OF THE SESSION**

On 2<sup>nd</sup> May 2024, The Department of Pharmaceutical Chemistry at The Oxford College of Pharmacy held a soft skill training event on "Applications of MS office". The program started at 10.00 am, Mrs. Vishnupriya, Assistant Professor in the Department of Pharmaceutical Chemistry, served as the organizer for the program and also welcomed all the participants. Mrs. G Suvarnalakshmi G delivered to the students on Microsoft Office which is one of the most used software worldwide. Microsoft Office has many products mainly Microsoft Word, Microsoft PowerPoint & Microsoft Excel. In this program MS office, all three products were covered. Microsoft Word is used for writing books, letters, resumes, applications, or any other documentation work. Microsoft PowerPoint is used to present the data summary in the form of slides. Microsoft Excel is used for calculations, data analyzation & data consolidation.

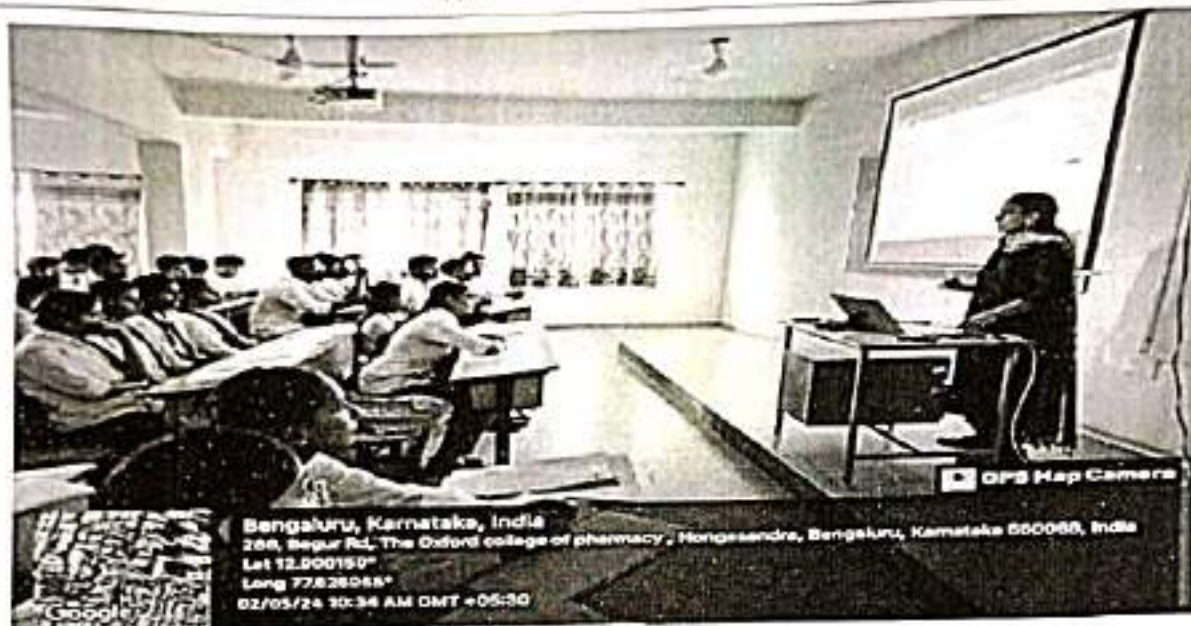
The "Applications of Microsoft Office" program guided to all three abovementioned MS office products. In this program students learnt all the above-mentioned uses of Microsoft Word, Microsoft PowerPoint & Microsoft Excel.



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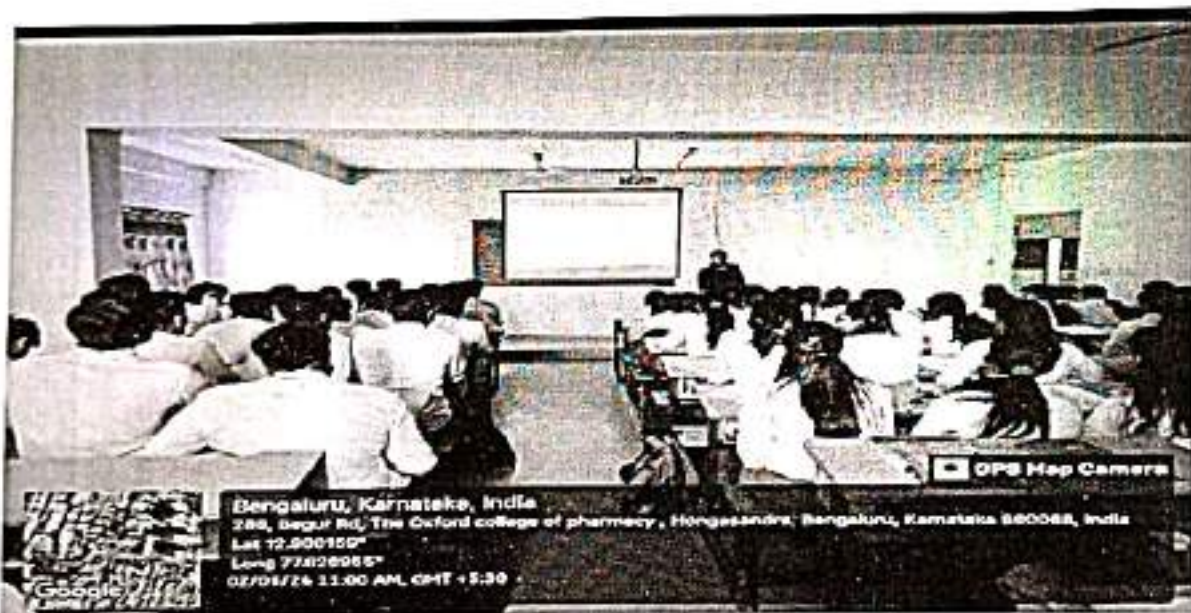
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Bengaluru, Karnataka, India  
288, Begur Rd, The Oxford college of pharmacy, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.900150°  
Long 77.628068°  
02/05/24 10:34 AM GMT +05:30

Interaction with students



Bengaluru, Karnataka, India  
288, Begur Rd, The Oxford college of pharmacy, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.900150°  
Long 77.628068°  
02/05/24 11:00 AM GMT +5:30

Mrs. Suvarnalakshmi explaining MS Office to the participants



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## LIST OF PARTICIPANTS

S. NO	STUDENTS NAME	SIGNATURE
1.	A YESWANTHA	Yes
2.	ABHINAV ANAND	Abin
3.	ABHISHEK H PATIL	Abhishek
4.	ABISHEKA M	Abhishek
5.	ADITYA	Adithyan
6.	AKASH R	Akash
7.	AKSHITHA A	Akshitha
8.	ALLURI YASWANTH	Alluri
9.	AMRIN A	Amrin
10.	ANBALAGAN R	Anbalagan. R
11.	ANUPRIYA K	Anupriya
12.	ANUSHKA SINGH	Anushka Singh
13.	ASHWINI BS	Ashwin
14.	AYESHA MARYAM	Ayesha Maryam
15.	BM MONIKA	Bmonika
16.	BHAGYASHREE	Bhagya
17.	BHARATH B	Bharath
18.	BHASKAR C	Bhaskar
19.	BHOOMIKA T	Bhoomika
20.	DEENA KR	Deena
21.	DEEPIKA V	Deepika
22.	DEVENDRA D	Devendra
23.	DILLIPKUMAR E	Dilip Kumar
24.	DIPANJANA NAYEK	Dipanjana
25.	GANESH KUMAR	Ganesh Kumar
26.	GEETHA M	Geetha
27.	GOKILAN N	Gokilana. N
28.	GOWTHAM V	Gowtham
29.	GUNASHREE M	Gunashree



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30.	HANUMANTARAYA GOUDA	Jana
31.	HARISH G	Harish G
32.	HARSHA T	Harsh
33.	HEMASHREE S	Hemashree
34.	JEEVA B	Jeeva
35.	JOEL JHON PHILIP	Joel Jhon Philip
36.	JOSHITHA K	Joshi
37.	JOSHINI D	Joshini
38.	KALAVATHI K	Kalathi
39.	KAVYA K	Kavya
40.	KHASHIMASAB	Khasa
41.	KRITHIKA SK	Krithika
42.	KULSUM	Kulsum
43.	KUSHAL GOWDA HC	Kushal
44.	LAVANYA R	Lavanya
45.	LIKHITH M	Likith
46.	M HARIHARAN	Har
47.	MEGALA S	Mega
48.	MEGHANA R	Meghana R
49.	MOHITH B D	Mohith
50.	MONISH S	Monish
51.	MONISHA R	Monisha
52.	MURALIP	Murali
53.	NAMANA R	Namana R
54.	NANDHA KUMAR S	Nanda
55.	NANDHISH KUMAR P	Nanda
56.	NAYANA NN	Nayana N N
57.	NIKKI KUMARI	Nikki
58.	NITHYA M	Nithya
59.	NITU KUMARI P	Nitu
60.	PAVANA M	Pavana



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61.	PAVANIB	Pava
62.	PAVITRA HIREMATH	Pavithra
63.	PK ARYAN OTTA	PK
64.	PRAJWAL L	Prajwal
65.	PRAVEEN SHANKRI	Praveen Shankri
66.	PRAVIN KUMAR M	Praveen
67.	RK DHANUSH	Dhanush
68.	RAKSHITHA S	Raksh
69.	RAKSHITHA S	Raksh
70.	RASHMITHA AR	Rash
71.	RAVI CHANDRA V	Ravi Chandra
72.	RITESH KHEMKA	Ritesh
73.	ROHITH V	Rohith
74.	S NANDITHA	Nanditha
75.	SANGEETA N	Sangeetha
76.	SARA ZAIBA	Sara Zaiba
77.	SARAN R	Saran
78.	SHAPTHAGIRI JM	Shibthagini
79.	SHILPA DAKU RATHOD	Shilpa
80.	SHIVA KUMAR G	Shivakar
81.	SIRISHA M	Sirisha
82.	SIRISHA S	Sirisha
83.	SNEHA H	Sneha
84.	SP AISHWARYA	Aishwarya
85.	SUDHANSHU MISHRA	Sudhanshu
86.	SUDHARSHAN S	Sudharshan
87.	SUSHMITA RANJAN	Sushmita Ranjan
88.	THANUSHREE C	Thanushree
89.	TT LALNUNPUIA	TT
90.	VR SRIE ARIA	Srie Aria
91.	YAMUNA R	Yamuna



## OUTCOME

A total 91 participants were attended the training program.

1. Participant understood the basic knowledge about MS Office-MS Word
2. Students got good idea about how & where to use all shortcuts in MS Office-MS Word.
3. Participants understood the preparation of power point sequence the slide, content of the file.
4. In MS excel session students understood the preparation of sheet analysing the data and applying formulas.

**END OF THE REPORT**

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This is to certify that

ADITYA

has participated in "APPLICATIONS OF MS OFFICE", Organized  
by the Department of Pharmaceutical Chemistry on 2/05/2024.

  
MRS. VISHNU PRIYA S  
ORGANIZING SECRETARY



  
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AMRIN A

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AKASH. R.

has participated in "APPLICATIONS OF MS OFFICE", Organized  
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**DR PADMAA M PAARAKH**  
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Anuradha K.

has participated in "APPLICATIONS OF MS OFFICE", Organized  
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P. Padma  
DR PADMAA M PAARAKH  
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This is to certify that

A. YESHWANTHA

has participated in "APPLICATIONS OF MS OFFICE", Organized  
by the Department of Pharmaceutical Chemistry on 2/05/2024.

  
MRS. VISHNU PRIYA S  
ORGANIZING SECRETARY



  
DR PADMAA M PAARAKH  
PRINCIPAL



Date: 02/05/2024

**CIRCULAR**

This is to inform all students and staff that, The Oxford College of Pharmacy is organizing one day soft skill training on Autodock Vina- 'In-Silico Docking Studies and Their Application' for students on May 11<sup>th</sup> 2024. All interested students are requested to attend the program.

*P. Padur*  
PRINCIPAL

PRINCIPAL  
The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bengaluru - 560 068

Cc

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2. All Departments



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# IN SILICO DOCKING STUDIES AND THEIR APPLICATION

ORGANISED BY DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

## RESOURCE PERSON

**Dr. Agasa RM, M.Pharm, Ph.D.,**  
Asst. Prof. FACULTY OF PHARMACY,  
MSRUAS, BENGALURU

📅 11/05/2024

🕒 10:00 AM - 12:30 PM

## CHIEF PATRON

**DR. S. N. V. L. NARASIMHA RAJU**  
CHAIRMAN  
The Oxford Educational Institutions

## CONVENER

**DR. PADMA M. PARAKH**  
PRINCIPAL  
The Oxford College of Pharmacy

## ORGANISING SECRETARY

**Mrs. PRADEEPA PRASAD**  
ASSISTANT PROFESSOR,  
The Oxford College of Pharmacy

**BROCHURE**



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☎: +91- 80 - 61754694; Fax: +91- 80 - 61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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### **PREAMBLE**

On 11<sup>th</sup> May 2024, the Department of Pharmaceutical Chemistry at The Oxford College of Pharmacy held a soft skill training on **"IN SILICO DOCKING STUDIES AND THEIR APPLICATION."** Dr. Agasa R M delivered the lecture to B. Pharm and M. Pharm students. During the session, Dr. Agasa R M introduced students to the concept of in silico docking studies and highlighted their application in drug discovery and development. The lecture concluded at 12:30 PM, and the attending students found Dr. Agasa's informative and engaging presentation to be valuable. The Department of Pharmaceutical Chemistry was pleased to have hosted such an insightful event, which undoubtedly provided students with a better understanding of in silico studies and helped them develop soft skills in using docking software and interpreting results.

### **CONTENT OF THE SESSION**

Dr. Agasa R M, a distinguished expert in the field, delivered an engaging and informative lecture on in silico docking. During the session, Dr. Agasa R M introduced the students to the fundamental concepts of in silico docking studies, a crucial technique in modern drug discovery and development. He explained how these computational methods allow researchers to predict the interaction between small molecules (potential drugs) and their target proteins, thereby accelerating the drug development process. The lecture covered various aspects of docking studies, including target identification, virtual screening, and binding affinity prediction.

Speaker also highlighted the practical applications of docking studies in pharmaceutical research, emphasizing their role in identifying promising drug candidates and optimizing their efficacy and safety profiles. The session was interactive, with students actively participating and asking insightful questions, which Dr. Agasa R M addressed with clarity and depth.

The lecture concluded at 12:30 PM, leaving the students with a comprehensive understanding of in silico docking studies. The feedback from the attendees was overwhelmingly positive, with many appreciating Dr. Agasa R M's ability to simplify complex concepts and make the session engaging. The Department of Pharmaceutical Chemistry was pleased with the success of the event, which not only enhanced the student's technical knowledge but also developed their soft skills in using docking software and interpreting results. This training session undoubtedly contributed to the students' overall professional development, preparing them for future challenges in the field of pharmaceutical research.

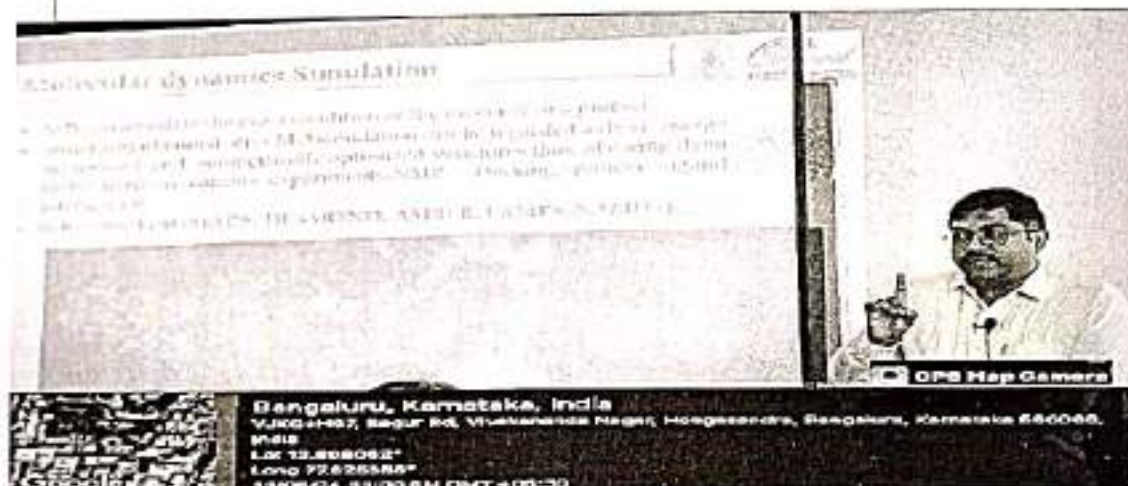


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**Dr. Agasa R M explaining the fundamentals of in silico docking studies to an attentive audience.**



**A snapshot of Dr. Agasa R M highlighting the Molecular dynamics simulation**



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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Students of B.Pharm and M.Pharm actively participating in the interactive session



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### LIST OF PARTICIPANTS

S. NO	STUDENTS NAME	SIGNATURE
1	AMIT SINGH	Amit Singh
2	BADEPALLI REDDAIAH REDDY	Badepalli Reddy
3	BENGULURI RAMESH TEJASWINI	Ramesh
4	HARSHA K M	Harsha KM
5	JAWAHAR MANIYA RASAN S	Jawahar
6	MANOJ	Manoj
7	MOHAMMAD AMIN YATOO	Mohammad
8	MULLA UZMA RIYAZ	Mulla
9	NALLAGATLA SUNANDA	Nallagatla
10	R NAVYASREE	Navyasree
11	RANJITHA RAMESH SHETTY	Ranjitha Shetty
12	SNEHA M	Sneha
13	SONALI MILAN NALAWADE	Sonali
14	SWETHA YOGANANDAN	Swetha
15	VJAY KUMAR R	Vijay
16	ANIKET BIPIN BELLAD	Aniket
17	BALRAJ M	Balraj
18	DEEPAK S	Deepak
19	DHUSHYANTILG	Dhushyantilg
20	HARISH KUMAR K	Harish Kumar
21	REESHITA JHANAK	Reeshita
22	SANTHALA CHAITHANYA PRASAD	Chaitanya
23	SNEHA SURESH SALUNKHE	Sneha
24	SOURAV CHARAN	Sourav Charan
25	THEJASWINI B	Thejaswini
26	PRIYA RAJ KUMAR	Priya
27	KARTHIK M	Karthik
28	RAKESH A M	Rakesh AM
29	SHIVACHAVAN HR	Shivachavan
30	BHAVYA SHREE	Bhavya
31	DHANASEKHAR M K	Dhanasekhar
32	HEMANTI KUMAR E	Hemanti
33	NISHA S	Nisha
34	PRATIK JAIN	Pratik Jain
35	SRI VIGNESH	Sri Vignesh
36	GOKUL RAJ, M	Gokul Raj
37	HALASWAMY.D.B	Halaswamy
38	HARIPRASAD	Hariprasad
39	INDUSHREE.G. L	Indushree



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40	INITIA V	<i>Initia V</i>
41	JEEVANU.H	<i>Jeevanu.H</i>
42	KHALEEL F	<i>Khalil F</i>
43	KISHANK	<i>Kishank</i>
44	LIKITHA GOWDA	<i>Likitha Gowda</i>
45	PAVAN KUMAR B	<i>Pavan Kumar B</i>
46	RAJESHWAR B	<i>Rajeshwar B</i>
47	SARANYA R	<i>Saranya R</i>
48	SOMASHEKAR G	<i>Somashekar G</i>
49	SUJAN KUMAR	<i>Sujan Kumar</i>
50	SWETHA P	<i>Swetha P</i>
51	VIGNESH C	<i>Vignesh C</i>
52	AARTHIS	<i>Aarthis</i>
53	AIMEN BASHIR	<i>Aimen Bashir</i>



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### OUTCOME

The Oxford College of Pharmacy hosted a soft skill training. 53 B Pharm and M. Pharm students took part in the event. The speaker Dr. Agasa's talk covered various *in silico* docking studies, hands-on experience in using docking software and their application. The one-day soft skill training on "*in silico* Docking studies and their application" was a success, with students gaining valuable knowledge and hands-on experience in docking studies. The training will help students in their future research endeavours and applications in drug discovery and development.

END OF THE REPORT



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**CERTIFICATE  
OF PARTICIPATION**



This is to certify that

ANSHU SINGH

has participated "IN SILICO DOCKING STUDIES AND THEIR  
APPLICATION", Organized by the Department of Pharmaceutical  
Chemistry on 11/05/2024.

**MRS. PRADEEPA PRASAD**  
ORGANIZING SECRETARY



**DR PADMAA M PAARAKHI**  
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GOKUL RAJ.M

has participated "IN SILICO DOCKING STUDIES AND THEIR  
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**DR PADMAA M PAARAKHI**  
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VIGNESH . C

has participated "IN SILICO DOCKING STUDIES AND THEIR  
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PRINCIPAL

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DEEPAK.S

has participated "IN SILICO DOCKING STUDIES AND THEIR  
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ORGANIZING SECRETARY



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This is to certify that

HARSHA . K.M

has participated "IN SILICO DOCKING STUDIES AND THEIR  
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Chemistry on 11/05/2024.

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DATE: 02/08/2024

CIRCULAR

All the students of The Oxford College of Pharmacy are hereby informed that "ORIENTATION PROGRAMME ON AUTODOC VINA SOFTWARE" for the Academic Year 2023-24 will be conducted on 10/08/2024. We look forward for the active participation for the same. All interested students are requested to give your name to the event coordinator.

*P. Padma*  
PRINCIPAL

PRINCIPAL  
The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bengaluru - 560 068

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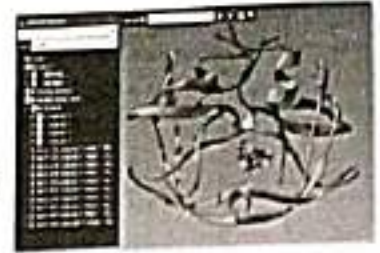
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69, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068  
DEPARTMENT OF PHARMACOLOGY



# ORIENTATION PROGRAM ON AUTODOC VINA SOFTWARE

**AUGUST 10<sup>TH</sup> 2024, 10:00AM-12:00PM**

**CHIEF PATRON**

Dr. S N V L. Narasimha Raju,  
Chairman,  
The Oxford Educational  
Institutions

**CONVENER**

Dr. Padmaa M. Paarakh,  
Principal,  
The Oxford College of  
Pharmacy

**ORGANIZING SECRETARY**

Mrs. Keserla Bhavani,  
Assistant Professor,  
Department of Pharmacology,  
The Oxford college of Pharmacy

**BROCHURE**



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru - 560 068  
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu  
e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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### PREAMBLE

This is a computer assisted learning package containing various programs which helps in molecular docking and these programs can be used to demonstrate molecular modelling and molecular interactions. The package is user friendly, highly interactive which make simulation appear realistic.

### THE CONTENT OF THE SESSION

Orientation Program has been organised by The Oxford College of Pharmacy, Department of Pharmacology on Auto dock Vina for II M Pharm student's on 10/08/ 2024. The programme was organized by Mrs. K Bhavani. The session was started with the warm welcome of DR. A R Mahesh, HOD, Department of pharmaceutical chemistry. He explained in details about the benefits of this software. He explained different types of docking including site-specific, blind docking, and protein-ligand. Besides docking, Auto dock Vina (Auto dock Tools) helps in editing protein and ligands including their structure modifications and It is also used to screen large or small libraries of molecules. He discussed about the GUI of Auto dock Tools that helps to visualize interactions between the receptor and the ligand and to analyse the docking results.

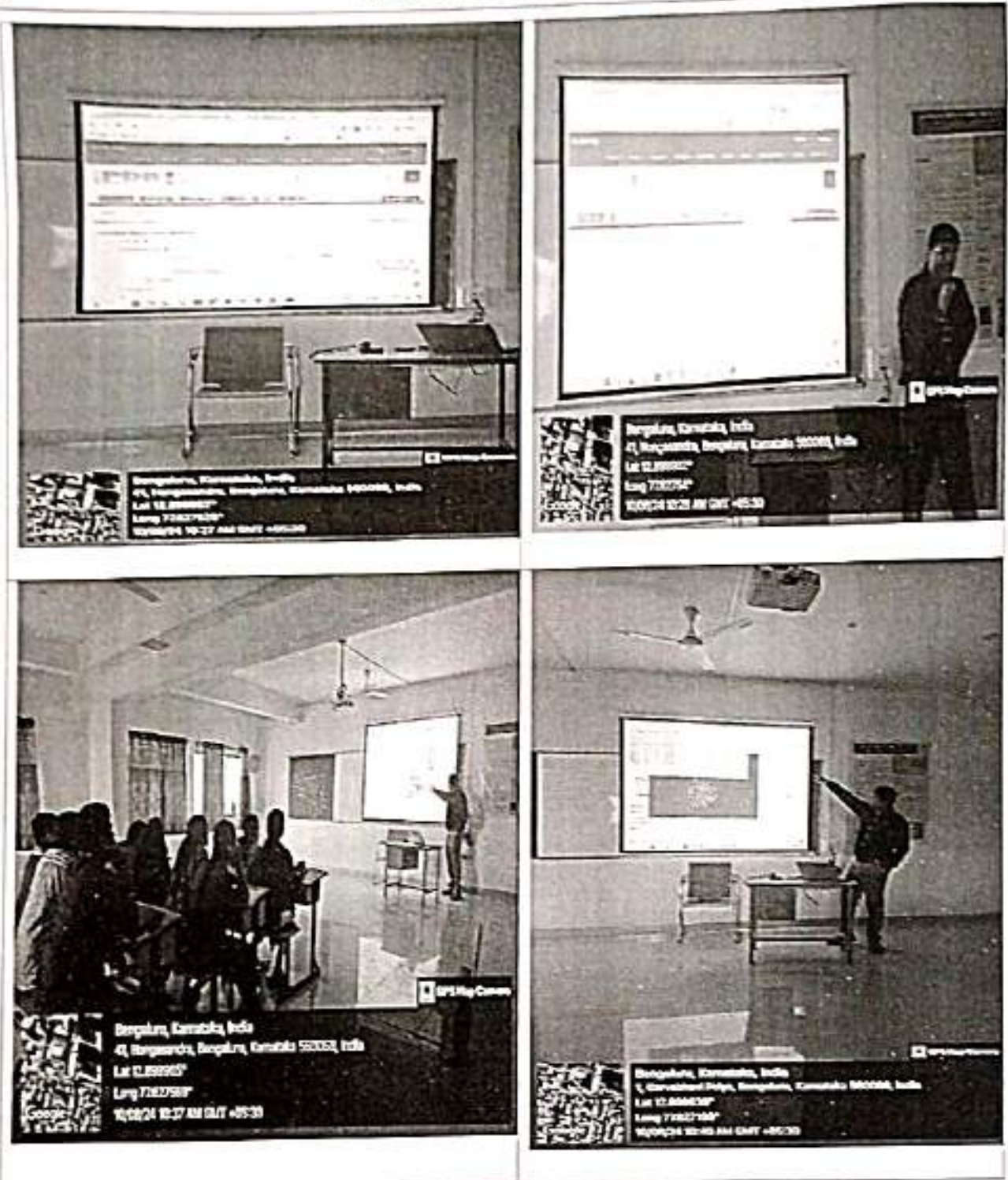
After the session Students performed various activities in the software and learned the concept of Auto dock. The session ended with the discussion session where students have clarified their doubts.





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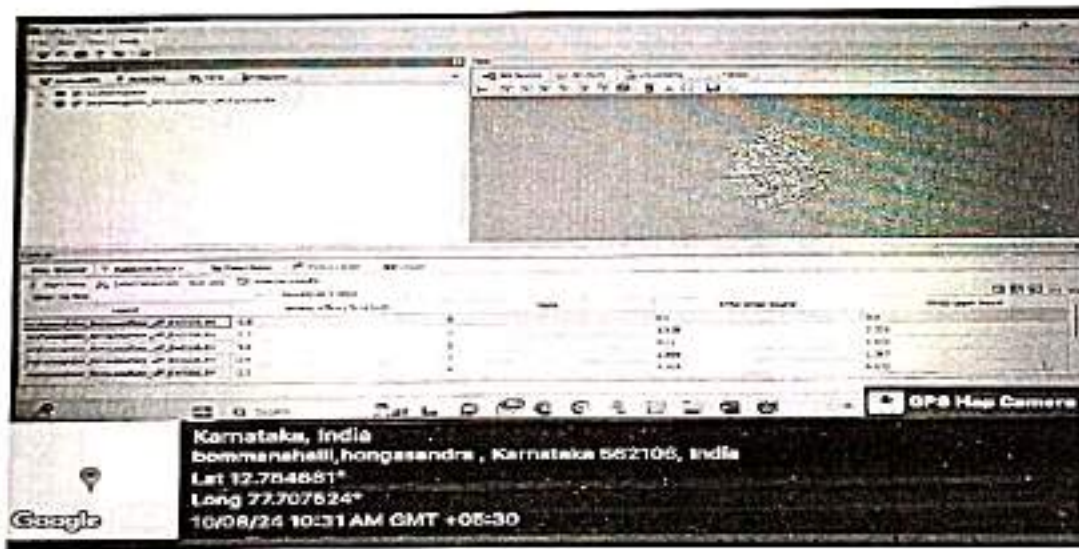
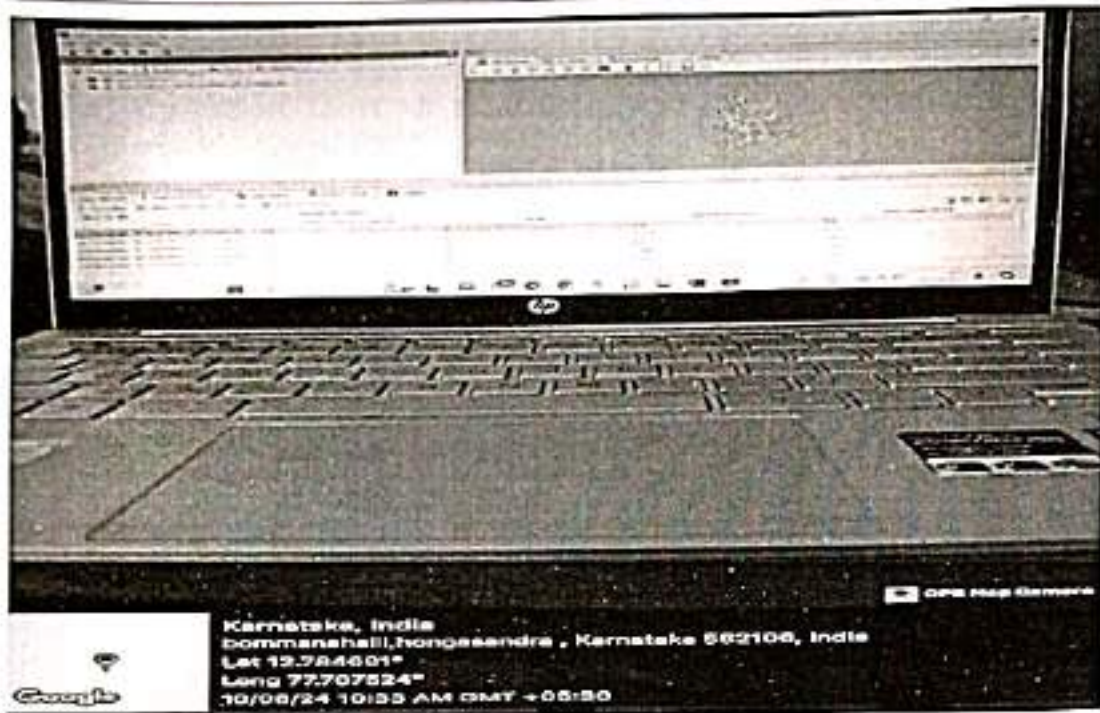
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Speaker explaining about the software



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Test Molecule given to students for Practice



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### LIST OF PARTICIPANTS

S.NO	NAME OF THE CANDIDATE	SIGNATURE
1.	ANANYA B K	Ananya
2.	AROJU HRITHIK A	Aroju
3.	B G SHRAVANYA	B G Shrawanya
4.	CHIETHAN SHESHADRI K	Chethan
5.	KAVYA M	M. Kavya
6.	PALLAVI A	Pallavi
7.	SANJAY B	Sanjay
8.	SHAIK BAJI	Shaik Baji
9.	SOUNDARYA T S	Soundarya



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## OUTCOME

The outcome of the orientation programme on Autodoc is that students understood the key features of Autodoc tool and its functionalities. 09 students in all took part in the orientation program. Students engaged fully in the Orientation event with great enthusiasm. By the end of the session, students understood the basic concept of Docking, Docking Algorithms and its applications. They participated in various activities that furthered their understanding of Docking. The program created more enthusiasm and interest in students and got aware regarding functioning of Autodoc in Vina Software.

At the end of program, Mrs. K Bhavani, Assistant Professor, Department of Pharmacology thanked to every participant who actively participated in this event and encouraged to take the part in such events.

**END OF REPORT**



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**CERTIFICATE  
OF PARTICIPATION**



This is to certify that

ANANYA BK

has participated in "ORIENTATION PROGRAMME ON AUTODOC VINA  
SOFTWARE", Organized by the Department of Pharmacology on  
10/08/2024.

*K. Bhavani*  
**MRS. KESARALA BHAVANI**  
ORGANIZING SECRETARY



*P. Padma*  
**DR. PADMA M. PAARAKI**  
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SOUNDARYA T.S.

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K. Bhavani

**MRS. KESARALA BHAVANI**

ORGANIZING SECRETARY



P. Padma

**DR PADMAA M PAARAKH**

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SHRUTI GHAJI

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K. Bhavani  
**MRS. KESARALA BHAVANI**  
ORGANIZING SECRETARY



P. Padma  
**DR PADMA M PAARAKI**  
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This is to certify that

CHETHAN SHESHADRI K

has participated in "ORIENTATION PROGRAMME ON AUTODOC VINA  
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10/08/2024.

*K. Bhavani*  
**MRS. KESARALA BHAVANI**  
ORGANIZING SECRETARY



*P. Padma*  
**DR PADMA M PAARAKI**  
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KAVYA M

has participated in "ORIENTATION PROGRAMME ON AUTODOC VINA  
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K. Bhavani  
**MRS. KESARALA BHAVANI**  
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P. Padma  
**DR PADMA M PAARAKH**  
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